



**Carstairs
Skating Club**



December 6, 2026

Carstairs Memorial Arena
2100 Highway 581
Carstairs Alberta
T0M0N0

Event Information

Name: Winterfest Competition
Event Date: December 6, 2026
Host Club: Carstairs Skating Club
Competition Contact: Gail Schwartz - cscpreschair@gmail.com
Arena: Carstairs Memorial Arena - 2100 Highway 581
Competition Schedule: <https://carstairsskatingclub.uplifterinc.com/>
Emailed to participants minimum one week prior
Invitation Extended To: Central Region, Calgary Region
Registration: <https://carstairsskatingclub.uplifterinc.com/>
Registration opens October 10, 2026
Registration closes November 15, 2026
Skate Canada Number must be entered at the time of registration

General Information:

Event Options:	Fees (First Event):
CanSkate 5	\$60
CanSkate 6	\$60
STAR 1 Elements	\$65
STAR 2 Elements	\$65
STAR 3 Elements	\$65
STAR 2 FreeSkate	\$65
STAR 3 FreeSkate	\$65
Dutch Waltz STAR 2 Dance	\$65
Canasta Tango STAR 2 Dance	\$65
Baby Blues STAR 3 Dance	\$65
STAR 1-3 Team Elements	\$40 per team

****Each additional event is \$50.00**

Elements Criteria

*Elements will be will be executed on half-ice

*Each STAR skater will perform each element in isolation in the order listed for their level of competition

*CanSkate Elements are performed on the designated Skate Canada CanSkate Events circuits.

CanSkate 5

- Forward inside edges (Balance)
- Forward two-foot side stop (Control)
- Backward push glide sequence (Control)
- Forward power jump (Agility)
- Creative expression - 30 second

CanSkate 6

- Forward outside edges (Balance)
- Forward one-foot side stop (Control)
- Forward/backward and backward/forward c-steps (Agility)
- Backward perimeter skating with crosscuts (Control)
- Creative expression 30 seconds

STAR 1 Elements

- Circle Crosscuts exercise: Stroking (Crosscuts) in same direction on a circle (one round forward, one round backward); skate to choose direction
- Waltz Jump
- Single Salchow
- Single Toe Loop
- Forward Upright Spin
- Backward Upright Spin
- Forward Spiral circles: Two Spirals, one on each foot executed on a circle in the same direction; skater chooses direction
- Creative Expression routine (30 seconds – music provided by the section, selection randomly chosen at competition – each flight to have a different music selection). This is assessed as “completed” or “incomplete” only

STAR 2 Elements

- Loop Jump
- Waltz Jump and Toe Loop Combination
- Backward Upright Spin
- Forward Spiral Sequence
- Forward Turn Sequence

STAR 3 Elements

- Single Flip Jump
- Single Loop / Single Loop Combination

- Combination Spin that has at least one Camel Position and one Sit Position (change of foot optional)
- Forward Spiral Sequence
- Forward Turn Sequence

FreeSkate

*Elements performed within program to music

*Individual elements plus Presentation and Skating Skills assessed to standard as per Skate Canada

STAR 2 Freeskate

- Single Salchow
- Single Toe Loop
- Waltz Jump + single Toe Loop combination or Waltz Jump + single Loop combination
- Single Loop Jump
- Single Flip or Single Lutz
- Backward Upright Spin
- Forward Entry Sit Spin or Camel Spin with no change of foot; no flying entry; no variations of positions; forward Upright Spin is not permitted
- Forward Spiral Sequence: a sequence of two forward Spirals; one Spiral on each foot, unsupported position; on either inside or outside Edge
- Forward Turn Sequence: forward outside Three-Turn + backward Crosscut + backward inside S step (i.e. step-forward); executed four times

STAR 3 Freeskate

- Five Jump Elements
 - All single jumps permitted including single Axel; no double jumps permitted
 - Must include at least one Axel-type Jump (waltz or single Axel)
 - Must include at least five different types of single jumps (note: waltz and Axel are considered the same type)
 - Maximum of two Jump Combinations; maximum of two jumps in a combination
 - No Jump Sequences
 - No jump may be included more than twice
 - A repeated jump must be executed as part of a Jump Combination
- Two Spins
 - Backward Upright Spin
 - Combination Spin that has at least one Camel Position and one Sit Position and starts with a forward entry; no flying entry or variations of positions; change of foot optional

- Forward Spiral Sequence: a sequence of two forward Spirals; one Spiral on each foot, unsupported position; on either inside or outside Edge
- Forward Turn Sequence: forward outside Three-Turn + backward Crosscut + backward inside S step (i.e. step-forward); executed four times

STAR 2-3 Solo Pattern Dance

*Two sequences of the dance will be skated.

*Skate Canada Series 8 music will be played for all skaters.

- Dutch Waltz
- Canasta Tango
- Baby Blues

Team Events

*Each team will consist of two to four members. One parent team representative is to register for the team event and provide names of members.

*One skater can not perform more than 2 elements.

STAR 1 Team Elements

- Salchow
- Waltz Jump + Toe Loop Combination
- Forward Upright spin
- Forward Spiral Circles

STAR 2 Team Elements

- Salchow
- Flip
- Sit spin or Camel spin
- Forward Spiral Sequence

STAR 3 Team Elements

- Flip Jump
- Single Loop + Loop combination
- Combination Spin that has at least one Camel Position and one Sit Position
- Forward Spiral Sequence

Refund For Entry Fees: No refunds unless medical note provided or event is canceled
 If pulled due to medical, a \$10 administration fee will be charged

Music:	Music must not be over two minutes and ten seconds in length Upload music in mp3 format at the time of registration Have USB thumb drive with music as back up on hand
On-Site Check In:	All skaters must check in at least one hour prior to their scheduled event All skaters must report to the Ice Captain one hour prior to their scheduled event
Marking System: STAR	As per The CanSkate Element event Technical Package and Event Standards for Assessment Guide.
Awards:	CanSkate will receive Gold, Silver, Bronze ribbons STAR 1-3 will receive Gold, Silver, Bronze metal
Accidents:	The Association and Committee of the Host Club take no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this event, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.
Pictures:	No flash photography Use of video cameras must be restricted to areas that do not disturb or interrupt the skaters or officials