GLIDE & SHINE

INVITATIONAL

HOSTED BY
FORT MACLEOD SKATING CLUB

CANSKATE 1-6
STAR 1-3
STAR 2/3 PATTERN DANCE
SHOWCASE 1

SATURDAY JANUARY 9, 2027
9:00 AM - 8:00 PM

Fort Macleod & District Sports Centre – 235 21st Street Fort Macleod, AB T0L 0Z0

Registration OPENS (FMSC MEMBERS ONLY): November 9, 2026
Registration OPENS (OUT OF CLUB): November 16, 2026
REGISTRATION DEADLINE: December 6, 2026

Skate Canada: Alberta NWT/Nunavut Sanction # 4531

FORT MACLEOD SKATING CLUB

AB | NT | NU

FORT MACLEOD SKATING CLUB

GLIDE & SHINE INVITATIONAL COMPETITION

CANSKATE 1–6 • STAR 1–3

EVENT INFORMATION

Event Name	Glide & Shine Invitational
Event Date	January 9, 2027
Host Club Name	Fort Macleod Skating Club
Event Contact	Candice Vanee & Cassidy Cox info.fmskatingclub@gmail.com
Arena Details	Fort Macleod & District Sports Centre 235 21st Street Fort Macleod, AB T0L 0Z0

REGISTRATION INFORMATION

Fort Macleod Skating Club

Email: info.fmskatingclub@gmail.com

Phone: 403-634-9134

Online registration: https://fmskateclub.uplifterinc.com

All registrations and payments will be completed online

MUSIC

Program music is to be uploaded into Uplifter at the time of registration and must be in MP3 format.

Please save file in the following format before uploading

Last Name, First Name – Category (i.e. Doe, Jane - STAR 2 Freeskate)

Also be sure to bring a back up USB to hand in at time of registration, labelled with skater's name

COACHES

Coaches attending the competition must meet the applicable Skate Canada coaching requirements and be appropriately registered for the season.

We look forward to welcoming skaters, coaches and families to Fort Macleod!

GENERAL INFORMATION

1. **CATEGORIES & ENTRY FEES**

CanSkate 1-6	$45
STAR 1 Elements	$60
STAR 2 and 3 Freeskate	$65
STAR 2 and 3 Team Events	$60
STAR 2/3 Dance Events	$50
Showcase 1 Event	$50

2. **EVENT SCHEDULE**: The detailed schedule will be sent to all participants once finalized.

3. **ENTRIES:** Skaters must be registered with Skate Canada and be in good standing. Skaters must meet the eligibility requirements for the event entered.

4. **CLOSING DATE OF ENTRIES:** Entries will be accepted until registration is full or Midnight on November 30, 2026, whichever comes first. It is the responsibility of the skater to ensure their entry is received by the Host Committee by the closing date. Spaces may be limited, so early registration is encouraged.

5. **LATE ENTRIES:** Late entries may be accepted at the discretion of the Host Committee and if space permits.

6. **REFUND OF ENTRY FEES**: NO Refunds will be given unless the event is cancelled.

7. **ON-SITE REGISTRATION**: Skaters must register at least one hour prior to their scheduled category and report to the Ice Captain 30 minutes prior to their scheduled category.

8. **SCHEDULE AND CANCELLATION OF EVENTS**: The Host Club reserves the right to cancel events or limit entries due to time constraints, ice availability, or other circumstances affecting the event.

9. **WARM-UP TIMES:** Warm-up times will follow the applicable Skate Canada requirements for each event.

10. **AWARDS:** Medals and/or assessment sheets will be presented on-site at the event.

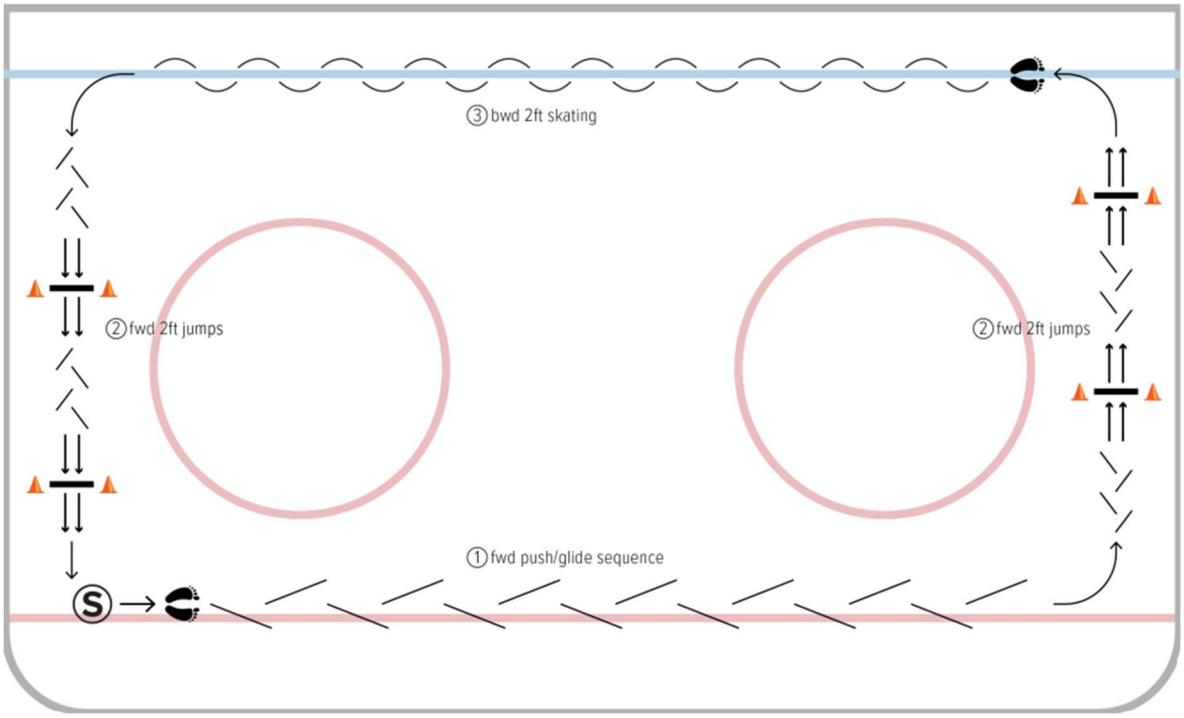
11. **ACCIDENTS / LIABILITY**: The Association and Committee of the Host Club undertake no responsibility for damage or injuries suffered by a skater. As a condition of entry, competitors and their parents/guardians agree to assume the risks associated with participation and to release the officials, Skate Canada, the Host Club, and their officers, volunteers and representatives from claims arising from participation to the extent permitted by applicable rules and law.

CANSKATE EVENTS – LEVELS 1– 4 (1/3 ICE), LEVELS 5-6 (1/2 ICE)

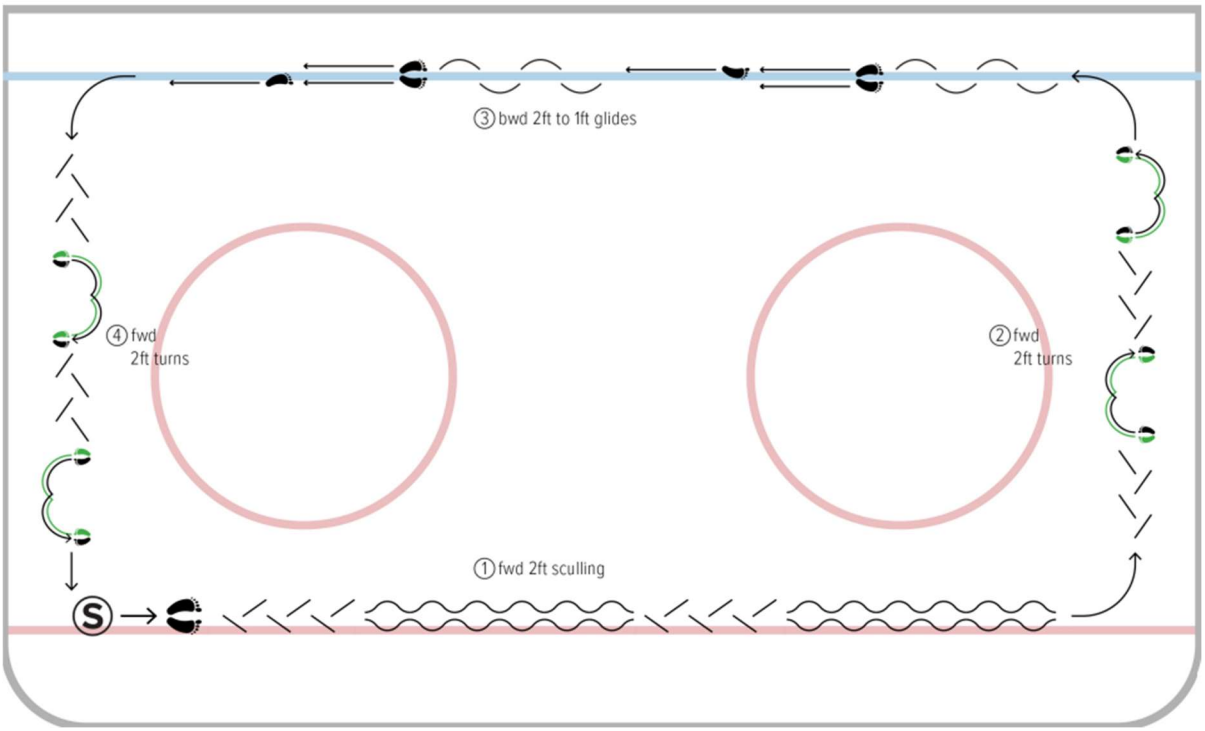
CanSkate 1–6 events will provide skaters with an encouraging event experience appropriate to their skating level. Event structure and assessment will follow the applicable Skate Canada CanSkate competition requirements in effect for the season.

All CanSkate stages will end with a 30 second Creative Improv – Music provided by the Host Club.

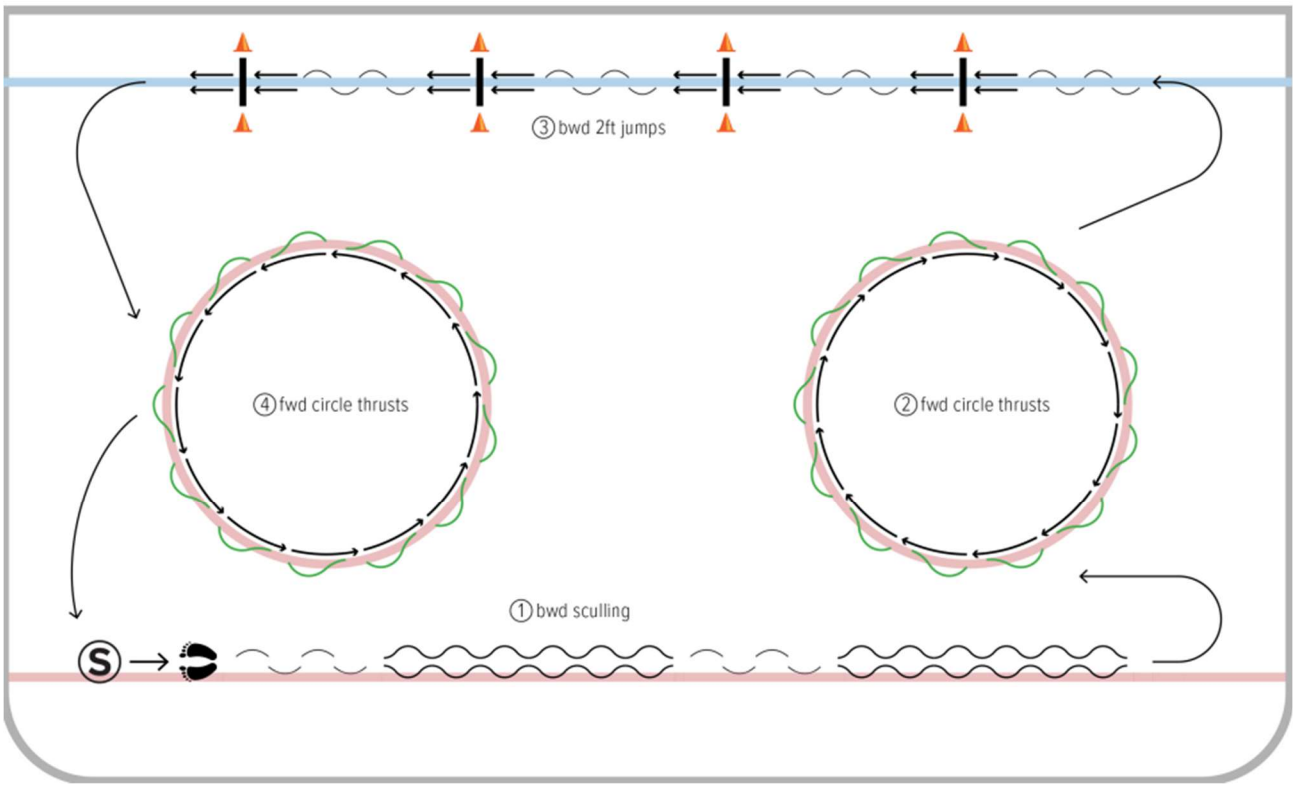
CHALLENGE: STAGE 1 ASSESSMENT



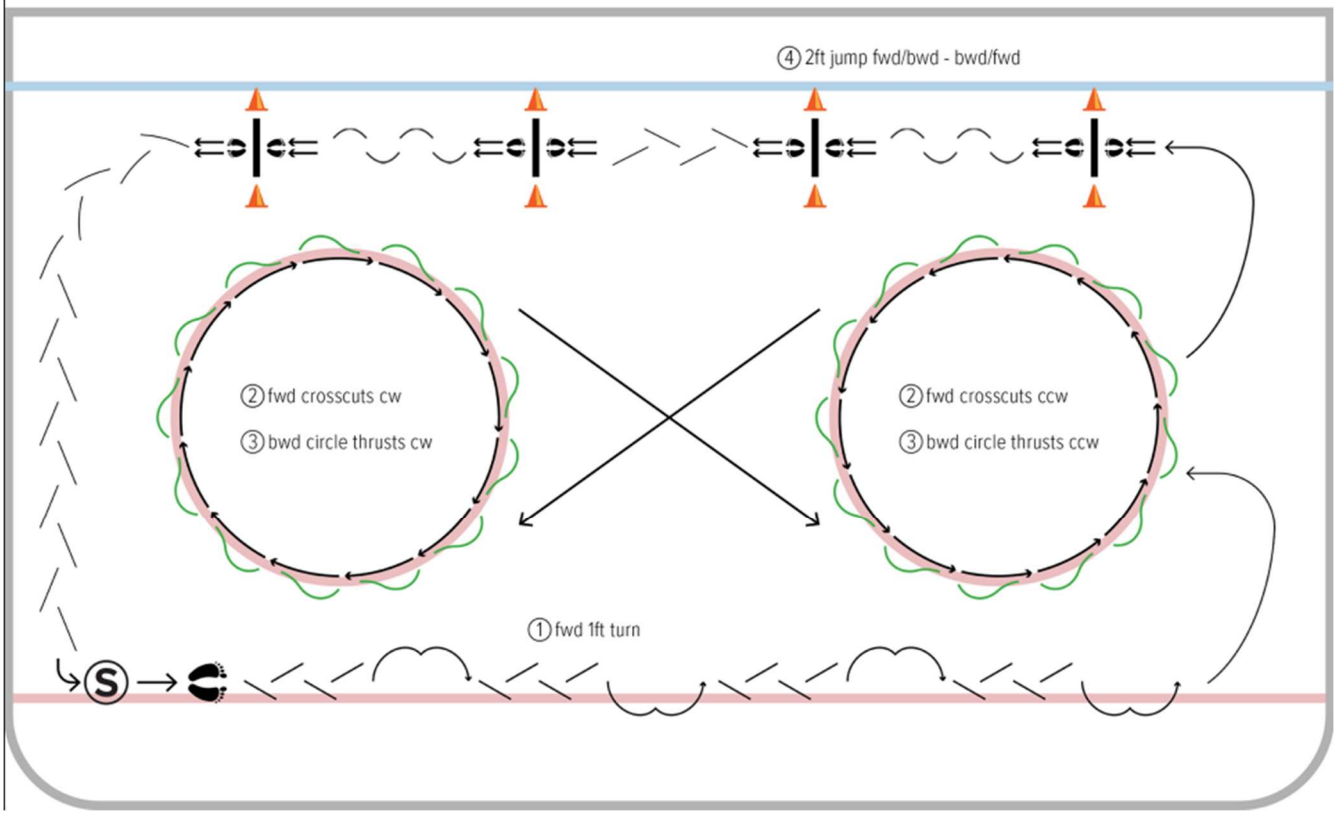
CHALLENGE: STAGE 2 ASSESSMENT



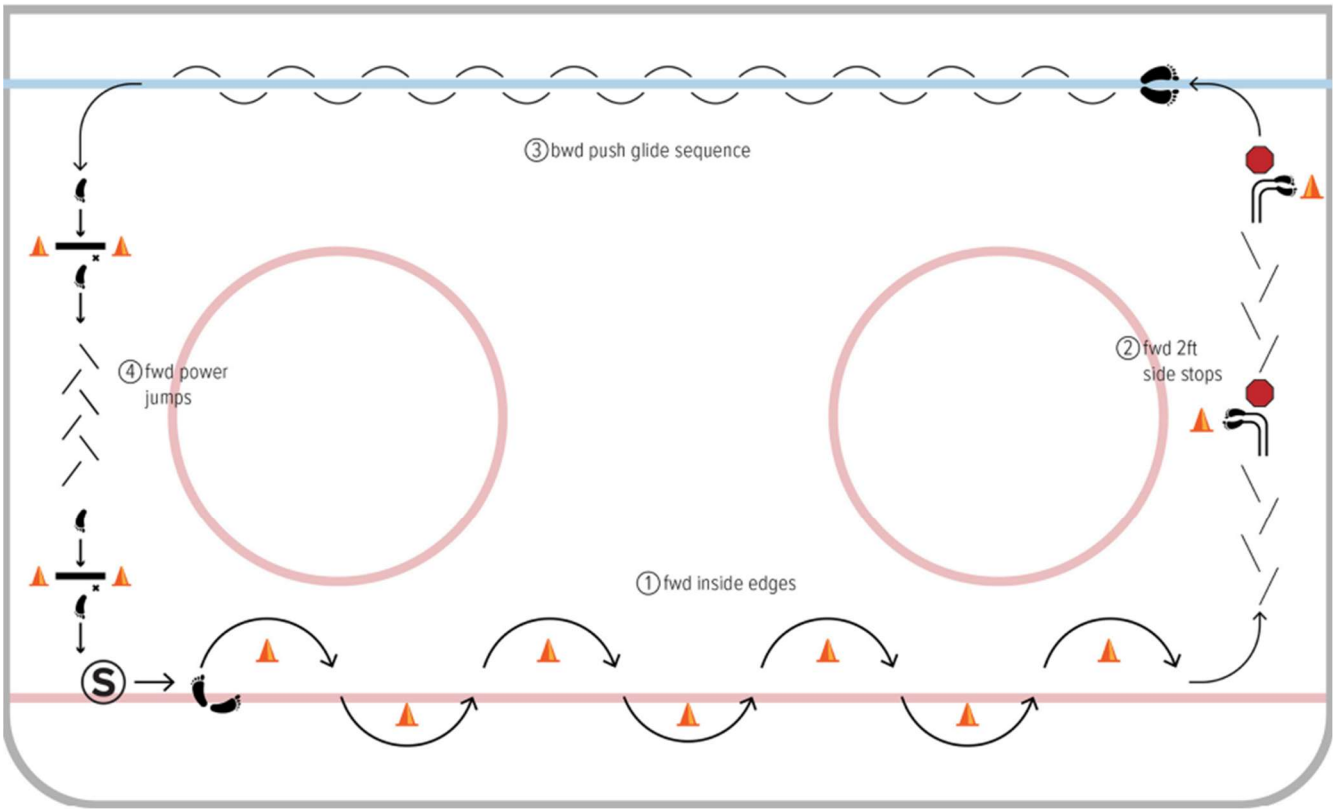
CHALLENGE: **STAGE 3 ASSESSMENT**



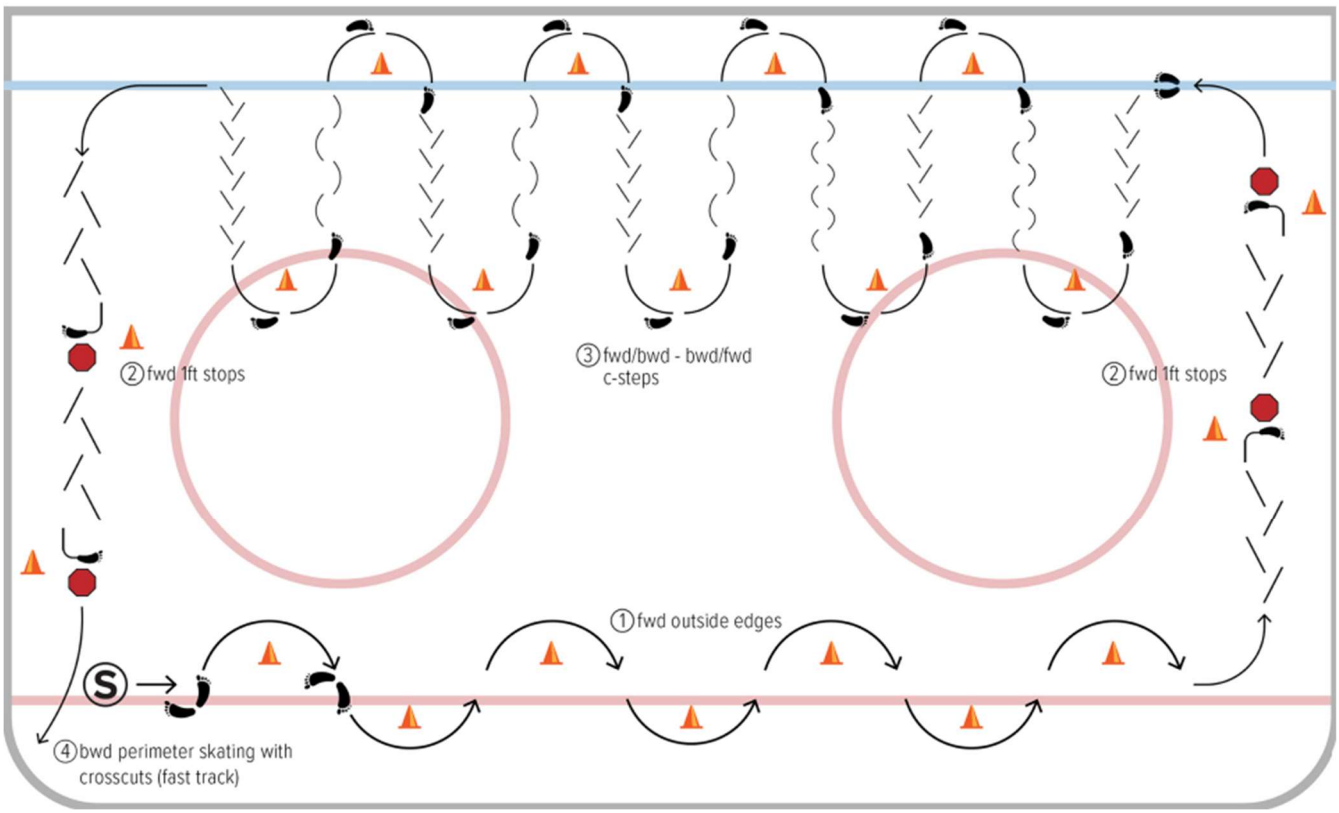
CHALLENGE: **STAGE 4 ASSESSMENT**



CHALLENGE: **STAGE 5 ASSESSMENT**



CHALLENGE: **STAGE 6 ASSESSMENT**



STAR EVENTS – LEVELS 1–3

STAR 1–3 events will be conducted in accordance with the current Skate Canada STAR Program requirements and applicable competition rules for the season.

STAR 1 ELEMENTS (1/2) ICE

Must not have passed any part of the STAR 6 freeskate assessment

8 Elements

- Circle Crosscut Exercise: Crosscuts in same direction on a circle (1 round forward, 1 round backward). Skater to choose direction.
- Three jumps:
  - Waltz jump
  - Single salchow
  - Single toe loop
- Two spins:
  - Forward upright spin
  - Backward upright spin
- Forward Spiral Circles: Two spirals, one on each foot executed on a circle in the same direction. Skater chooses direction.
- Creative Expression (30 seconds – music provided by the Section, selection randomly chosen at competition Note: this is assessed as “completed” or “incomplete” only.

STAR 2

Must not have passed any part of the STAR 6 freeskate assessment. One program of a maximum of 2:10 minutes in length. The program is scored using assessed to standard. Program components: presentation and skating skills.

9 Elements

- Five jump elements:
  - Single salchow
  - Single toe loop
  - Waltz jump + single toe loop combination OR waltz jump + single loop combination
  - Single loop
  - Single flip or single Lutz
- Two spins:
  - Backward upright spin
    - Forward entry sit spin or camel spin. No change of foot, no flying entry, no variations of positions. Forward upright spin is not permitted.
- Forward spiral sequence: Two forward spirals with one spiral on each foot. Positions must be unsupported and on either an inside or outside edge.
- Forward turn sequence: Forward outside three turn + backward crosscut + backward inside S step (i.e. step-forward); executed four times on alternating feet.

STAR 3

Must not have passed any part of the STAR 6 freeskate assessment. One program of 2:10 max. The program is scored using assessed to standard. Two Program components will be assessed: Presentation and Skating Skills.

8 Elements

- Five jump elements:
  - All single jumps permitted including single axel. No double jumps permitted.
  - Must include at least 5 different types of single jumps, one of which must be an axel type (waltz and single axel are the same type).
  - Maximum 2 jump combinations. Maximum two jumps in a combination.
  - Jump Sequences are not permitted.
  - No jump may be included more than twice
  - A repeated jump must be executed as part of a jump combination.
  - Single Euler not permitted.
- Two spins:
  - Must include backward upright spin
  - b) Must include a combination spin that must include at least one camel and one sit position and commence with a forward entry. No flying entry, no variations of positions. Change of foot optional.
- Forward Spiral Sequence: A sequence of two forward spirals; one spiral on each foot, unsupported position; on either inside or outside edge.
- Forward turn sequence: Forward outside three turn + backward crosscut + backward inside S step (i.e. step-forward); executed four times on alternating feet.

SHOWCASE 1 EVENT (FULL ICE)

Must have passed a STAR 1 assessment in any discipline.

Skaters are to skate a program that is a maximum of one minute in length.
Music will be required at time of registration
Two Program Components will be assessed to standard: Presentation, and Skating Skills

Showcase programs are designed by the skaters and/or coach and focus on the skater's ability to entertain an audience through use of theatrics or artistic abilities. Programs may tell a story, create a mood or have an obvious theme. Costumes and props are permitted within the restrictions.

STAR 2/3 PATTERN DANCE SOLO

Must have passed the STAR 1 Dance Assessment.

Dances Offered:

- STAR 2/3 Dutch Waltz
- STAR 2/3 Canasta Dance
- STAR 2/3 Baby Blues Dance

Skate Canada Series 8 music will be used for all pattern dance events. Music will be provided by host club.

STARSKATE TEAM EVENTS

Team Events are an opportunity for groups of up to four skaters (and minimum of two skaters) to perform together in a fun atmosphere. Skaters will each perform one Freeskate element and will contribute to an overall team assessment. Elements will be performed in the order listed. Please reach out to your skaters' coach if you need to find a team to join.

*** STAR 1 Skaters are welcome to make a team, but will perform the elements listed below***

STAR 2 TEAM

STAR 2 Team Elements

- Waltz + Toe Jump
- Single Loop Jump
- Backward Upright Spin
- Forward Spiral Sequence

STAR 3 TEAM

STAR 3 Team Elements

- Flip Jump
- Loop/Loop Combination
- Combination Spin
- Forward Spiral Sequence