

Westlock Skating Club
presents
We CAN be STARS
STAR 1-3 Competition Event
Announcement (November 14, 2026)

Host Club: Westlock Skating Club

Event Date: Saturday November 14, 2026 from 10 a.m - 7 p.m.

Competition/Registration Chair: Chelsea Forsythe (westlockskate@gmail.com)

Arena Details: Westlock Rotary Spirit Centre, 9603 100 Street, Westlock, AB

Arrival registration will open at 9:00 am on Saturday November 14, 2026. All skaters should check in at the registration desk 1-hour prior to their scheduled skate time.

Skate Canada Sanction # 4518

Categories Offered

1. Creative Improv 1

(Flight 2 is for skaters with minimum one STAR 3 test passed)

2. Showcase 1 Single

(Flight 2 is for skaters with minimum one STAR 3 test passed)

3. Showcase 1 Team

(Flight 2 is for skaters with minimum one STAR 3 test passed)

4. STAR 1-3 Elements

5. STAR 2 & 3 Freeskate

6. STAR 2 & 3 Pattern Dance Solo - Dutch Waltz

7. STAR 2 & 3 Pattern Dance Solo - Canasta Tango

8. STAR 2 & 3 Pattern Dance Solo - Baby Blues

9. STAR 2 & 3 Team Element Event

(STAR 2 Flight 1 is listed for STAR 1 skaters performing the STAR 2 elements)

More information can be found in the: [STAR Program Requirement Guide](#)

- 2026/2027 STAR Program Requirements Guide

Marking System: as per the STAR 1-4 and Special Olympic Event Standards for Assessment Guide

Registration Fees

- StarSkate \$50 for registration and first event, \$30 per additional event, \$40 per team event

How to Register:

- Opens September 21, 2026
- Navigate to <https://westlockskate.uplifterinc.com/> or westlockskate.ca
- Click on the registration tab.
- If you do not already have, create an Uplifter account using the Parent Name for the account, and add your skater(s) as participants.
- In the Category drop-down menu on the left side of the page, choose Season and choose Competition Nov 2026.
- All payments must be made online using a credit card at the time of registration.
- Team Registration: One party is to register for each team, and will need all of the names for each participating skater.

LINK TO REGISTER: <https://westlockskate.uplifterinc.com/>

All Music Submissions

Email music to westlockskate@gmail.com

- Must be sent in an MP3 Format
- Music must be saved as the skater's first and last name (i.e., John Smith) • Deadline for music submission is November 8, 2026
- All skaters must bring back-up music (phone, iPod, MP3 Player, USB)

Closing Date of Entries: November 2, 2026

- All entries must be received no later than November 2, 2026, at 11:59 pm
- Registration numbers are capped and may close prior to the November 2nd registration deadline if the event fills to capacity.
- Skaters may be accepted off the waitlist if space allows.

Refund of Entry Fees:

Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries. There will be a \$10.00 administration fee applied to all withdrawals. After the closing date of entries (November 2, 2026), there will be no refunds given for any reason, including medical pulls. No exceptions.

Awards:

- The awards ceremony for each flight will be held approximately 15-minutes after the conclusion of each event in the awards area.
- All skaters are requested to attend the awards ceremony to receive their certificates.
- All skaters are requested to wear skates with their hard guards for the awards ceremony.

Additional Information:

Competition Schedule: The competition schedule will be emailed out to participants after the registration deadline, anticipated by Monday November 9, 2026.

Spectators: Spectators are permitted and there are no restrictions. In the event of any restrictions being implemented by the facility, those would be adhered to.

Accidents: The Association and Committee of the Host Club take no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this event, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

Pictures and Video: Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is not permitted. The use of video cameras must be restricted to areas that do not disturb or interrupt the skaters or officials. NOTE: You may only take pictures or videos of your own skater.

STAR 1-3 Event Categories - Technical Information

Elements

Each skater will perform each element in isolation. Skaters will take turns within their group.

STAR 1 Elements:

- Circle stroking exercise: stroking (crosscuts) in the same direction on a circle (one round forward, one round backward); skater chooses direction
- Waltz jump
- Salchow
- Toe loop
- Forward upright spin
- Backward upright spin
- Forward spiral circles: two spirals, one on each foot executed on a circle in the same direction; skater chooses direction
- Creative expression routine (30 seconds - music provided by the host club): this is assessed as "complete" or "incomplete" only

STAR 2 Elements:

- Loop jump
- Waltz + toe loop combination
- Backward upright spin
- Forward spiral sequence

STAR 3 Elements:

- Flip jump
- Loop + loop combination
- Combination spin
- Forward spiral sequence

Team Elements

Each team will consist of two to four members. One skater can not perform more than 2 elements. Teams are encouraged to practice a team bow. This may be simple, or may include a few choreographed team moves. The bow is not assessed, and will be for fun only.

****STAR 2 Flight 1 is for STAR 1 skaters who will perform the STAR 2 elements as there is no STAR 1 team event****

STAR 2 Flight 1 Team Elements (STAR 1 skaters):

- Loop jump
- Waltz + toe loop combination
- Backward upright spin
- Forward spiral sequence

STAR 2 Team Elements:

- Loop jump
- Waltz + toe loop combination
- Backward upright spin
- Forward spiral sequence

STAR 3 Team Elements:

- Flip jump
- Loop + loop combination
- Combination spin
- Forward spiral sequence

Creative Improv 1

For skaters who have passed any STAR 1 assessment or higher. Skaters will hear a piece of music (45 sec) selected by the host club twice prior to warm-up. They will hear the music once more during their warm up. They will perform a creative routine on the ice to the music selection. Assessed on presentation and skating skills as outlined in the Skate Canada - STAR 1-4 and Special Olympic Events Standards for Assessment Guide.

Creative Improv 1 (Flight 2)

For skaters who have passed any STAR 3 assessment or higher. Skaters will hear a piece of music (45 sec) selected by the host club twice prior to warm-up. They will hear the music once more during their warm up. They will perform a creative routine on the ice to the music selection. Assessed on presentation and skating skills as outlined in the Skate Canada - STAR 1-4 and Special Olympics Event Standards for Assessment Guide.

Showcase 1 Singles

For skaters who have passed any STAR 1 assessment or higher. Music length is 1:00 min max. Please send in MP3 format with registration. The program should focus on the skater's ability to entertain an audience through use of theatrics or artistic abilities. Costume and props are allowed, but no feathers/boas. All single jumps permitted. Each skater will be given 1:00 min prior to their performance to warm up and set up any props. Assessed on presentation and skating skills as outlined in the Skate Canada – STAR 1-4 and Special Olympics Event Standards for Assessment Guide.

Showcase 1 Singles (Flight 2)

For skaters who have passed any STAR 3 assessment or higher. Music length is 1:30 min max. Please send in MP3 format with registration. The program should focus on the skater's ability to entertain an audience through use of theatrics or artistic abilities. Costume and props are allowed, but no feathers /boas. All single jumps permitted. Each skater will be given 1:00 min prior to their performance to warm up and set up any props. Assessed on presentation and skating skills as outlined in the Skate Canada – STAR 1-4 and Special Olympics Event Standards for Assessment Guide.

Showcase 1 Team

For skaters who have passed any STAR 1 assessment or higher. Teams consist of 2-6 skaters. Music length is 1:00 min max. Please send in MP3 format with registration. The program should focus on the skater's ability to entertain an audience through use of theatrics or artistic abilities. Costume and props are allowed, but no feathers /boas. All single jumps permitted. Lifts and throws of any kind are not permitted. Each team will be given 1:00 min prior to their performance to warm up and set up any props. Assessed on presentation and skating skills as outlined in the Skate Canada – STAR 1-4 and Special Olympics Event Standards for Assessment Guide.

Showcase 1 Team (Flight 2)

For skaters who have passed any STAR 3 assessment or higher. Teams consist of 2-6 skaters. Music length is 1:30 min max. Please send in MP3 format with registration. The program should focus on the skater's ability to entertain an audience through use of theatrics or artistic abilities. Costume and props are allowed, but no feathers /boas. All single jumps permitted. Lifts and throws of any kind are not permitted. Each team will be given 1:00 min prior to their performance to warm up and set up any props. Assessed on presentation and skating skills as outlined in the Skate Canada – STAR 1-4 and Special Olympics Event Standards for Assessment Guide.

STAR 2 & 3 Freeskate

Skaters will perform their trained STAR 2 or 3 Freeskate program to their music and will be assessed based on the Skate Canada criteria for STAR 2 or 3 Freeskate programs based accordingly on the level they have entered. Program music must be submitted at the time of registration.

STAR 2 & 3 Pattern Dance Solo

Two sequences of the dance will be skated. Skate Canada Series 8 music will be played for all skaters.

Option A: Dutch Waltz

Option B: Canasta Tango

Option C: Baby Blues