



## ANNOUNCEMENT

### 2026 MOUNTAIN REGIONAL SYNCHRONIZED SKATING CHAMPIONSHIPS

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**Dates:** January 30 – February 1, 2026  
**Location:** Heavy Metal Place  
Spruce Grove, Alberta  
**Hosted by:** Skate AB|NT|NU & Edmonton Synchronized SC  
**Sanctioned by:** Skate Canada

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#### COMPETITION CONTACT INFORMATION

**Registration Inquiries:**

Central Registration

[skateabreg@gmail.com](mailto:skateabreg@gmail.com)

**Event Inquiries:**

Skate AB|NT|NU Section Office

[events@skateabnwtun.ca](mailto:events@skateabnwtun.ca)

780-415-0465 / Toll Free 1-866-294-0663

[Click Here for Event Website](#)

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#### THIS ANNOUNCEMENT IS SUBJECT TO CHANGE

Any rules or communications published by the ISU after the date of posting may have an impact on the announcement.

## EVENT PHILOSOPHY

The Regional Synchronized Skating Championships are part of the Skate Canada Synchronized Skating Championship qualifying system. These events are planned, managed, and executed by Skate Canada Sections on a rotational basis, in conjunction with a local volunteer organizing team. The purpose of this competition is to provide a developmental and competitive experience for synchronized skating teams which allows them the opportunity to qualify for the Skate Canada Cup in Novice, Gold and Open categories.

The Mountain Regional Synchronized Skating Championships is open to all teams from the Mountain Region – British Columbia/Yukon, Alberta/NWT/Nunavut Sections registered with Skate Canada and meeting the requirements outlined in the description of events to be held.

There is no qualification process to enter the event, however a qualifying round may be held if entry numbers warrant.

The competition will be conducted in accordance with Skate Canada rules for qualifying Synchronized Skating events. Refer to the Skate Canada Rulebook>Competitions>11.2 Regional Synchronized Skating Championships for specific details not contained in this announcement.

## TECHNICAL INFORMATION

**ALL CATEGORIES MUST FOLLOW THE SKATE CANADA 2025-2026 WELL BALANCED PROGRAM CRITERIA AS POSTED ON THE SKATE CANADA INFO CENTRE AT <https://info.skatecanada.ca/>.**

**Assess to Standard:** [2025-2026 Assess to Standard Program Requirements](#)

**Technical Requirements:** [2025-2026 Technical Requirements Guide](#)

### **FILLING MAXIMUM EVENT QUOTA AT REGIONALS (Event Management Handbook – section 7000 E-1.1 (7))**

If the maximum quota in the Junior or Senior category at a Regional Synchronized Skating Championship is not filled due to insufficient entries, that event may be held, but will not be mandatory. Should a team decide not to compete due to insufficient entries, they must still submit all required forms and entry fees by the registration deadline.

## **COMPETITION CONTACT INFORMATION**

### **For Inquiries about Uplifter and the Registration Process:**

- Access to the Uplifter form
- Confirmation of registration and payment
- Corrections to registration submissions
- Planned Program Sheet Questions

**Email/Phone:** [skateabreg@gmail.com](mailto:skateabreg@gmail.com) / 780-415-0465

### **For inquiries relating to the competition information including:**

- Technical information
- Competition schedule
- Facility questions

**Email:** [events@skateabnwnun.ca](mailto:events@skateabnwnun.ca)

**Withdraws** at any time are to be submitted using the online form on the evet website on the Skate AB|NT|NU website.

## **CATEGORIES OFFERED**

The following categories are offered. Unless specified, categories are two skate/combined events.

### **QUALIFYING CATEGORIES**

Novice  
Gold  
Open

### **NON-QUALIFYING CATEGORIES**

Star 3 elements (one skate)  
Star 4 (one skate)  
Star 6  
Star 8  
Adult SYS Class I  
Adult SYS Class II  
Adult SYS Class III  
Junior  
Senior  
Senior Elite 12

## REGISTRATION INFORMATION & DEADLINE DATES

### ENTRY FEES

#### **Star 3 & 4 (one skate)**

\$285 per Team + \$35 per Team Member (including alternates)

One Skate; no practice included. Ten (10) minute practice ice may be purchased for \$50.00 per block.

#### **Star 6 – Senior Elite 12 & Adult Categories (two skates)**

\$410 per Team + \$35 per Team Member (including alternates)

Entry fees include one practice ice session. For Junior and Senior categories, the entry fee includes two (2) practice ice sessions.

### CLOSING DATE OF ENTRIES

Registration deadline is **Monday, December 22, 2025, at 12:00 pm (noon) MT.**

Registrations will be accepted using online Uplifter Registration System.

The list of registered teams will be posted to the AB|NT/NU website after close of registration.

### LATE ENTRIES

No late registrations will be accepted.

### REFUND OF ENTRY FEES

Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries. There will be a \$10.00 administration fee applied to all refunds. After the closing date of entries, there will be no refunds given for any reason, including medical pulls. No exceptions.

## REGISTRATION REQUIREMENTS

### HOW TO REGISTER

- All registrations must be completed using the Uplifter online registration form
- Refer to the [How to Register](#) link on the Skate AB|NT|NU registration site for detailed instructions.
- All payments must be paid online using a credit card at the time of registration - **Registration is not complete until payment is received. Register one team per transaction.**

### **REGISTRATION CHANGE DEADLINE: January 6, 2026, at noon MT**

After the registration deadline date, changes to entries will only be made by the Technical Representative. Confirm which event to register in with your coach before submitting your registration. No changes will be made after **January 6, 2026**. Registration changes must be submitted by using the online form available on the event page of the website.

### REGISTRATION CHANGE FEE

For any changes that are required to be made to a team's registration, there will be a \$25 Registration Change Fee applied to all registration changes.

## **TEAM LISTS**

Team Lists will be compiled using the registration information as submitted through the Competition Registration site.

## **PLANNED PROGRAMS – HOW TO SUBMIT & DEADLINE**

**Planned Programs must be submitted by January 21, 2026, at 12:00pm (noon) MT.**

**Fee charged for not submitting:** There will be a \$25 fee per entry for failing to submit Planned Program(s) by January 21, 2026, at 12:00pm (noon) MT. Planned Program Sheets will NOT be accepted on site.

### **How to submit planned programs:**

- Planned programs must be submitted once per season via Uplifter.
- The first event of the 2025-2026 season is the Rose Bowl Invitational. All teams (Star 4 & higher) must submit a Planned Program
- Teams may edit or re-submit their planned program in Uplifter if changes are made throughout the current season.

## **MUSIC SUBMISSION REQUIREMENTS**

- Online music registration will require each team to submit an mp3 file of their program music and the music time online at the time of their registration.
- Music files will not be kept so skaters and teams will be required to submit their music for each individual competition.
- **Music Back-Up** - Each team will be required to carry a copy of their music on a USB memory stick and have it available at rink side as backup. A memory stick may contain all the programs the team is competing in for the competition, however, the programs on the memory stick must be properly labelled to ensure the correct music is played. For example: Team Name, Junior Short Program
- USBs must be in a Ziploc bag and labelled with the team's name and category.

**Deadline to submit changes for your music after submission: January 21, 2026, at 12:00pm MT (noon)**

If there have been changes to the music after submission during the online registration, the updated music file must be uploaded by January 21, 2026. New music can be uploaded through your Uplifter account.

Information regarding the requirements and standards for music are listed in the Skate AB/NT/NU Technical Package as posted on the Section's website: [www.skateabnwtun.ca](http://www.skateabnwtun.ca). Competitors are responsible for the recovery of their own music at the completion of the event.

## **FACILITY & COMPETITION DETAILS**

### **ARENA**

#### **Heavy Metal Place**

50 Westwind Dr, Spruce Grove AB T7X 0C9

Ice Surface: 85 ft x 200 ft

### **ON-SITE REGISTRATION**

All teams, coaches and team managers must register on-site at the arena. Registration will be open on Friday, Saturday, and Sunday, one hour prior to the first off-ice warm up, practice or competition time.

Only those skaters/alternates whose names are listed on the team registration form for the Regional Synchronized Skating Championships will be allowed to skate. No substitutions or additions shall be allowed. The number of allowable alternates on each team is four.

### **PRACTICE ICE**

Applicable to Star 3 and Star 4 Teams: If available, practice ice may be purchased separately by teams for \$50.00 per 10 minute block. Further details will be communicated to the teams the week of January 5. Teams must register prior to their practice ice session. Practice ice is included in all other category entry fees.

### **EVENT SCHEDULE & TENTATIVE SCHEDULE**

Competition schedule will be posted on the event website and be emailed to Coaches by January 9, 2026.

#### **A tentative schedule is as follows (subject to change):**

Friday, January 30: Practices, 11:00am to 9:00pm

Saturday, January 31: Competition, 9:00am-8:00pm

Sunday, February 1: Competition, 9:00am-1:00pm

**Information for double entry skaters:** Should a schedule conflict arise between a practice time and competition time, it is up to the skater, coach, and team manager to decide what takes priority. Consideration to cross skaters will be given in developing the schedule.

### **OPENING CEREMONIES/TEAM BANNERS**

Team banners may be displayed around the arena as long as they do not cover any advertising or promotional signs. Further information regarding Opening Ceremonies will be provided in the Team Welcome Letter.

### **START ORDERS / SCHEDULE / RESULTS / TEAM DETAIL SHEETS**

Start orders, schedules, results, and team detail sheets will all be posted on the event website.

The only items that will be posted on-site at the event are the start orders and the schedule. The results and team detail sheets will only be provided on the website.

## **MEDALS**

Medals will be awarded to all non-qualifying categories, including an exhibition skate (one entry). For qualifying categories medals will be awarded where there are 2 or more entries in the category. Medals will be presented to all skaters, including alternates.

Medals will not be provided and will not be available to purchase for coaches or team leaders. Medals are provided to the skaters only.

Full details of medal presentations will be communicated in the Team Welcome letter. Presentations will take place at the end of the day that the event concludes.

## **ADMISSION**

Daily Admission: \$5.00

Children 6 and under: Free

Tickets will be available at the arena.

## COACHES/TEAM MANAGERS/CHAPERONES ACCREDITATION

Skate Canada Policies and Procedures shall apply.

In order to receive accreditation from Skate Canada at Mountain Regionals, Skate Canada Coaches must meet the following conditions:

- Meet the NCCP Requirements for the level of team they are attending with
- Be a current Skate Canada Coach in good standing

### ACCREDITATION MATRIX

As per the NCCP pathways, coaches may obtain accreditation privileges provided the qualifications in the accreditation matrix below are valid at time of competition entry and on-site during the event.

Competition Categories	Domestic Events					NCCP Certification ↓
	Sectional & Regional Championships	Skate Canada Challenge	Canadian National Skating Championships	Skate Canada Trophy	Skate Canada Cup	
Pre-Juvenile & Juvenile	✓					Regional Coach
Pre-Novice	✓			✓		Provincial Coach
Novice	✓			✓	✓	Provincial Coach
Junior	✓	✓	✓			National Coach
Senior	✓	✓	✓			National Coach
Gold	✓				✓	Provincial Coach
Open	✓				✓	Provincial Coach
Elite 12	✓		✓		✓	National Coach

Skate Canada Coaches in good standing who are in the process of achieving an [NCCP certification](#) may obtain a one-time exemption during one skating season. Those with a NCCP in-training or trained status may obtain temporary accreditation privileges provided the NCCP status of the coach aligns with the Competition Category and the Skate Canada event. An exemption request must be submitted to the Section for consideration and approval by Skate Canada.

### Team Managers and Chaperones

All team managers and chaperones must be current Skate Canada registrants. The names and Skate Canada numbers for these accreditations MUST be included on the online registration form.

### Ice Level Access/Accreditation for Coaches/Team Managers/Chaperones

Two coaches, one team manager and two chaperones, for a total of five people per team will be accredited. **Only two people will be allowed at ice level as determined by the team.**

The primary coach and one alternate (skater) will stand at the entrance to the ice, and the team manager and other alternates in the exit area (Kiss & Cry). The chaperones will be allowed in the dressing rooms ONLY and will not have access to ice level/kiss & cry during practice and competition.



## **GENERAL REGULATIONS**

### **ELIGIBILITY**

The Mountain Regional Synchronized Skating Championships is open to all teams from the Mountain Region – British Columbia/Yukon, Alberta/NWT/Nunavut sections registered with Skate Canada as per the Qualifying Competition Handbook and meeting the requirements outlined in the description of events to be held. There is no qualification process to enter the event, however a qualifying round may be held if entry numbers warrant.

### **SINGLE ENTRY TEAMS (Qualifying Categories)**

Should a category only have one entry, the team will be given the option to not attend the Regional Championships and will qualify directly to the Canadian Figure Skating Championships or Canada Cup. Single entries will be notified no later than one week following the entry submission deadline and will be given the option to skate an exhibition and be assessed/monitored by a full panel of officials. Detail sheets by official will be provided following the performance in this case. If two or more entries have registered, the event will take place regardless of qualifying entry quotas.

### **ALTERNATES**

There can be up to a maximum of 4 alternates per team for all categories.

### **PROBLEMS DURING A PERFORMANCE**

The Technical Representative or their designate (ice level referee) may ask a team alternate to go on the ice during a performance to retrieve any objects that have dropped on to the ice (hair accessories, etc.) so that a performance does not have to be interrupted and avoid danger to the skaters. Where it is possible, it is requested that each team have an alternate dressed with skates on and skate guards off, available at the entrance area during the team's performance. In the event a team does not have alternates, the coach will be requested to remain in close contact with the Assistant Referee at Ice Level in case an issue arises.

### **DRAWS**

As per Skate Canada Competitions rule 3.2, the revers draw will be used for subsequent starting order draws (where applicable).

### **CONDUCT OF EVENTS**

Refer to the Skate Canada Rules of Sport > Competitions > [3. Conduct of an Event](#)

### **MARKING SYSTEM**

Star 3 & 4 synchronized skating categories will be judged as per the Synchronized Skating Assess to Standard Program Requirements Guide. All other synchronized skating categories will be judged using the CPC marking system.

### **PROTEST POLICY**

Skate Canada Protest Policy for competitions using CPC will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following days competition. If the Event Referee is unavailable, the protest may be made to the Technical

Representative or Chief Referee. Protests are to be submitted through the online form provided on the event page.

### **CLARIFICATIONS**

Clarifications regarding a team's detail sheet may be submitted using the online form provided on the event page.

### **ACCIDENTS/LIABILITY**

Skate Canada, Skate AB|NT|NU and the Local Organizing Committee and its volunteers undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and managements of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the Local Organizing Committee and against the officers and their entries shall only be accepted on these conditions.

### **MEDICAL SERVICES**

First aid will be available in the main arena.

### **CAMERA POLICY**

Flash photography is not permitted. Skate Canada would encourage you to not use cameras or video equipment during Skate Canada organized events out of respect for the safety of competing athletes.

### **LIVE STREAMING / PHOTOGRAPHY**

The event will be live streamed. By virtue of your registration for the competition, you are consenting to being included in the live streaming/photography of this event that will help to train others and to promote skating in Canada. You release Skate AB|NT|NU, its officers, and employees, and each and all persons involved from any liability connected with the video & audio recordings. By attending and competing at the competition, you waive any right to inspect or approve any video or audio recordings taken by Skate AB|NT|NU. If you do not wish to have your skate photographed or live streamed, inform the Skate AB|NT|NU Section office prior to the event commencing. We cannot guarantee that you will not be photographed or live streamed, but we will do our best to accommodate the request.

### **LIVE STREAM VIDEO ORDERS**

Capture the memories by purchasing your teams' performances. Videos will be sent to you electronically after the event.

One program: \$30.00

Two programs: \$40.00

Three programs: \$50.00

For 4 or more programs, each program is an additional \$5.00

Deadline to purchase your teams' videos: **February 9, 2026.**

Link to purchase videos will be on the event website.