



TRI AREA SKATING CLUB



NEXT GENERATION STAR 1-3 INTERCLUB COMPETITION

Sunday, February 8, 2026

HEAVY METAL PLACE, THOMPSON FAMILY ARENA

50 WESTWIND DR

SPRUCE GROVE, AB



HOST CLUB INFORMATION

Event Name: Next Generation Star 1-3 Interclub Competition Sanction Number: 3525
Event Date: Sunday, February 8, 2026
Host Club Name: Tri Area Skating Club Host Club Website: www.triareaskatingclub.com/
Competition Contact: info@triareaskatingclub.com
Arena Details: Name: Heavy Metal Place, Thompson Family Arena Address: 50 Westwind Dr
Registration Tables: 10:30am – 5:30pm Event Time: 12:00 – 6:30pm

GENERAL INFORMATION

1. This event is being held under the rules of the Star 1-3 Guide
2. **CATEGORIES**: The following Categories are to be held
 - a. Star 1 Elements Event
 - b. Star 2 & 3 Freeskate Program Event
 - c. Star 2-3 Team Elements Event
 - d. Star 2 & 3 Adult Freeskate Program
3. **SYSTEM OF MARKING**: The event is following the Star Event Standards for Assessment Guide.
4. **SCHEDULE OF EVENTS**: Will be emailed by the Club to the email address entered in the registration system
5. **ENTRIES**: Entrants shall be:
 - a. Skate Canada registrants in good standing
6. **REGISTRATION**: All registrations must be completed on-line at [Next Generation Competition](#)

7. **REGISTRATION FEE:** \$45.00 per Event

8. **CLOSING DATE:**

Friday, January 10, 2026 at noon. Events will be capped at maximum numbers for each level, please register early to ensure a spot.

9. **CHECK-IN:** Skaters must arrive & check-in at the registration desk one hour PRIOR to their event.

Skaters must report to the Ice Captain one hour prior to their scheduled category.

10. **MUSIC:** Star 2 & 3 Music Requirements:

- a. Music to be uploaded onto our Uplifter account when registering.
- b. Music must be sent in an MP3 format.
- c. Back Up Music: Only USB memory sticks will be accepted as music back-up. CDs will not be accepted. Each skater is required to carry a copy of their back-up music and have it available at rinkside. Ensure music files are properly labelled.
- d. USBs must be provided in a Ziploc bag and labelled with the skater's name and category. For example: Jane Doe, Star 2.
- e. If a change of music is required, email info@triareaskatingclub.com prior to January 16, 2026.

11. **SPECTATORS:** Spectators are permitted and there are no restrictions. In the event of any restrictions being implemented by the facility, those would be adhered to.

12. **ACCIDENTS:** The Association and Committee of the Host Club take no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this event, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

13. **PICTURES & VIDEOS:** Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is not permitted. The use of video cameras must be restricted to areas that do not disturb or interrupt the skaters or officials. **NOTE:** You may only take pictures or videos of your own skater.

14. **REFUND OF ENTRY FEES:** Entry fees shall be refunded only if the event is not held. There will be no refunds given for any reason, including medical pulls. The only exception is if the category is pulled.

15. **CANCELLATION OF EVENTS:** The host club reserves the right to cancel events.

16. **COACH ACCREDITATION**: All coaches must be minimally certified NCCP Regional in training and in “Good Standing” with Skate Canada. Coaches must register at the registration desk.

ELIGIBILITY & CATEGORIES

Star 1 Element Assessment

Elements assessed to standard

Skaters may be grouped by age, no age restrictions

Eight Elements:

- Circle Stroking Exercise: Stroking (crosscuts) in same direction on a circle (one round forward, one round backward); draw for direction
- Waltz Jump
- Single Salchow
- Single Toe Loop
- Forward Upright Spin
- Backward Upright Spin
- Forward Spiral Circles; Two spirals, one on each foot executed on a circle in the same direction; skater chooses direction
- Creative Expression routine (30 seconds – music provided by the section, selection randomly chosen at competition. This is assessed as ‘completed’ or ‘incomplete’ only

Star 2 Program

A program to music a maximum of two minutes 10 seconds in length

Individual elements plus Presentation and Skating Skills assessed to standard

Nine Elements:

- Single Salchow
- Single Toe Loop
- Waltz Jump + Toe Loop combination
- Single Loop Jump
- Single Flip or single Lutz
- Backward Upright Spin
- Forward Entry Sit Spin or Camel Spin with no change of foot; no flying entry; no variations of positions; forward Upright Spin is not permitted
- Forward Spiral Sequence: a sequence of two forward Spirals; one Spiral on each foot, unsupported position; on either inside or outside edge

- Forward Turn Sequence: forward outside Three Turn + backward crosscut + backward inside S step (i.e. step-forward); executed 4 times

Star 3 Program

A Free Skating Program to music of two minutes in length (plus or minus 10 seconds)

Individual Elements plus Presentation and Skating Skills assessed to standard

Eight elements:

- Five Jump Elements
- All single jumps permitted including single Axel; no double jumps permitted
- Must include at least one Axel-type Jump (Waltz or single Axel)
- Must include at least five different types of single jumps (note: Waltz and Axel are considered the same type)
- Must include a single loop + single loop Jump Combination
- Maximum of one additional Jump Combination; maximum of two jumps in a combination
- No Jump Sequences
- No jump may be included more than twice
- A repeated jump must be executed as part of a Jump Combination
- Two Spins
- Backward Upright Spin
- Combination Spin that has at least one Camel Position and one Sit Spin and starts with a forward entry, no flying entry or variations of positions; change of foot optional
- Forward Spiral Sequence: a sequence of two Forward Spirals; one Spiral on each foot, unsupported position; either on inside or outside edge

Team Elements

Team Element events are an opportunity for groups of skaters to perform together in a fun atmosphere. Skaters each perform a free skate element to contribute to an overall team assessment. Team Element events consist of progressive levels. Entry for Team Element events is consistent with Freeskate Events and teams may skate up one level if they choose.

Procedures for Team Elements Events: Team Elements will perform the same elements as listed in the Individual Elements events:

- Star 2 - 3 assessed to standard
- Teams must be comprised of a minimum of two and a maximum of four skaters
- More than 50% of the team must have passed the required assessment for entry (i.e. two of three, or three of four).
- Each skater will perform one element
- If a team consists of fewer than four skaters, no skater may perform more than two elements.
- Elements will be skated in the order listed

- The first element will be performed by every team in the Event before the second element is performed, and so on,
- Each element may only be attempted once.
- Spins will not be assigned levels and will be assessed on quality only.

Star 2 Elements

Assess to standard

- Element #1 Single Loop Jump
- Element #2 Waltz Jump + Single Toe Loop Jump Combination
- Element #3 Backward Upright Spin; minimum three revolutions
- Element #4 Forward Spiral Sequence – two forward Spirals, one on each foot performed on either outside or inside edges; no more than eight steps between; both Spirals must be unassisted.

Star 3 Elements

Assess to standard

- Element #1 Single Flip Jump
- Element #2 Single Loop +Single Loop Jump Combination
- Element #3 Combination Spin – forward entry only; must include at least one Camel. Position and one Sit Position; change of foot optional; no flying entry; no difficult variations; minimum of four revolutions or a minimum of three revolutions on each foot if executing change of foot.
- Element #4 Forward Spiral Sequence – two forward Spirals, one on each foot performed on either outside or inside edges; no more than four steps between; both Spirals must be unassisted.