



Snowflake Skate Funmeet



CanSkate Stages 1-6 and
Star 1-3 Event
December 13, 2025



Event Name: Snowflake Skate Funmeet CanSkate and Star 1-3 Event

Event Date: December 13, 2025 * Registration Deadline: November 22, 2025*

Host Club Name: Smoky Lake Figure Skating Club

Club Event Contact/Competition Chair: Laura Fletcher

EMAIL – competition.slfdc@gmail.com

Arena Details: Nutrien Ag Centre, 4612 54 Ave Smoky Lake, AB

HOST CLUB & EVENT INFORMATION

**Google Forms will be used for Online Registration-
See links below**

E-transfer of fees: smokylakefsc@gmail.com

****Don't forget to put skater's name & level in the
notes****

GENERAL INFORMATION

1. The Event is being held following the CanSkate Element Technical Package and Star Event Standards for Assessment Guide. **Please review standards** as some elements are assessed numerically. Ex. FWD two-foot sculling "Silver Standard" needs 6 consecutive sculls.
2. **CATEGORIES:**
 - All CanSkate Categories have a 3 minute on-ice warmup time and will be done on the half of the ice not being used for the CanSkate events.
 - All STAR events have a 4 minute on-ice warmup time and will have the full ice.

CanSkate Elements:

In isolation or as a circuit/routine

*No circuits will be drawn but prop signs will be available. Skaters may also perform their elements consecutively as a routine with a beginning and end pose and minimal/no connecting steps.

- PreCanSkate
- Stage 1
- Stage 2
- Stage 3
- Stage 4
- Stage 5
- Stage 6

* See evaluated elements below

** Skaters should be entered into the Stage they have not passed but are currently working on**

<p>Spin Spiral Jump CanSkate 5/6 level: This is a one minute program to be skated on 1/2 of the ice surface. Program must include ONLY 1 spin, ONLY 1 spiral, and ONLY 1 jump (in any order). A beginning and ending pose as well as connecting steps may be included. *MUSIC to be provided by the host club.</p>	<ul style="list-style-type: none"> • Skaters must be working on CanSkate Stage 5 or 6 • Must include: One forward upright spin (2 foot or 1 foot), Waltz jump OR Toe loop, One spiral (skater's choice of foot).
<p>Showcase- (Spin Spiral Jump STAR 1 level): This is a one minute program to be skated on the full ice surface. Program must include ONLY 1 spin, 1 spiral, and 3 jumps. A beginning and ending pose as well as connecting steps should be included. *MUSIC mandatory, to be provided by skater.</p>	<ul style="list-style-type: none"> • Skaters must be working or starting to work on their STAR 1 freeskate. • Must include: One forward OR backward upright spin. Waltz jump, toe loop, and salchow. One spiral on either an inside or outside edge.
<p>STAR 1-3 Elements: Individual element event. Each skater will perform each element in isolation and skaters will take turns within their group. Skaters must have passed Stage 6 CanSkate but must not have passed STAR 3 FreeSkate. Will be performed on a section of the ice.</p>	<p>STAR 1 Freeskate: (performed individually) Stroking Exercise Forward Upright Spin Backward Upright Spin Waltz Jump Salchow Jump Toe Loop Jump Spiral Exercise Creative Expression Routine (30s)</p> <p>STAR 2 Elements:</p> <ul style="list-style-type: none"> • Waltz jump + Toe loop combination jump • Loop • Backward Upright Spin • Forward Spiral Sequence <p>STAR 3 Elements:</p> <ul style="list-style-type: none"> • Loop + Loop combination jump • Flip • Combination spin • Forward Spiral Sequence

<p>STAR 2/3 FreeSkate: Skaters must have passed Stage 6 Canskate but must not have passed STAR 3 FreeSkate. Will be performed on full ice.</p>	<p>STAR 2 FreeSkate: Skaters will perform their trained Star 2 Program with their music and be assessed on the following criteria:</p> <ul style="list-style-type: none"> • Jumps in the program • Spins in the program • Spiral sequence • Turn sequence • Skating Skills • Performance & Execution <p>STAR 3 FreeSkate: Skaters will perform their trained Star 3 Program with their music and be assessed on the following criteria:</p> <ul style="list-style-type: none"> • Jumps in the program • Spins in the program • Spiral sequence • Skating Skills • Performance & Execution • Interpretation
<p>STAR 2/3 Pattern Dance Solo Events:</p>	<p>Option A: Dutch Waltz Option B: Canasta Tango Option C: Baby Blues</p>
<p>Creative Improv: Creative Improv programs are designed only by the skater with minimal preparation. Creative Improv tests the skater's ability to quickly interpret a given piece of music and entertain the audience.</p> <p>No coaching is permitted for these events, but coaches can be present so their skater knows where to go and feels comfortable.</p> <p>A different piece of music will be selected for each event. All skaters within the event will perform to the same piece of music.</p> <p>Skaters will listen to the music twice off-ice prior to the warmup in a designated area.</p> <p>Skaters will be kept in a designated area until it is their turn to perform.</p>	<p>CanSkate Stage 1-3:</p> <ul style="list-style-type: none"> • 30 seconds <p>CanSkate Stage 4-6:</p> <ul style="list-style-type: none"> • 45 seconds <p>STAR 1-3:</p> <ul style="list-style-type: none"> • 1 minute <p>**For all levels, piece of music is selected by host to be played twice. Once for warm up, once to be assessed. If more than 8 skaters register, skaters will be grouped by age. Skaters will warm up together, but perform individually.**</p>

Canskate Categories- Technical Information

Pre-Canskate:

- Fall down/stand up
- Move forward
- 2 ft jump
- Move backward

Stage 1:

- FWD push/glide sequence
- 2-ft jump
- BWD 2-ft skating/walking

Stage 2:

- FWD 2-ft sculling
- FWD 2-ft turn (CW or CCW - skater's choice)
- BWD 2-ft to 1-ft glide

Stage 3:

- BWD 2-ft sculling
- FWD circle thrusts (CW or CCW - skater's choice)
- BWD 2-ft jump

Stage 4:

- FWD 1-ft turn (one on each foot)
- FWD crosscuts (CW AND CCW)
- BWD circle thrusts (CW OR CCW - skater's choice)
- 2-ft jump FWD to BWD and BWD to FWD (CW or CCW - skater's choice)

Stage 5:

- FWD inside edges
- FWD 2-ft side stop (CW AND CCW)
- BWD push/glide sequence, full length of ice
- FWD power jump

Stage 6:

- FWD outside edges
- FWD 1-ft side stop (CW & CCW)
- FWD-BWD AND BWD-FWD c-steps (4 altogether)
- BWD perimeter stroking w/crosscuts (CW or CCW – skater's choice)

3. **ENTRIES:**

CLOSING DATE OF ENTRIES: NOVEMBER 22, 2025

LATE ENTRIES: Late entries will be accepted at the discretion of the Technical Committee. Late entries will be charged an additional \$20.00. Any forms not completely filled out will not be processed!

Entrants in Events shall be:

- a) Eligible persons as defined in Skate Canada Rule Book Section 2100
- b) Be Associate members in good standing of the Association.

The Smoky Lake Figure Skating Club reserves the right to limit the number of skaters/entries.

ENTRY FEES:		
Event	Fee for First Event	Fee for Additional Event(s)
CanSkate Elements Event Spin Spiral Jump CanSkate Level Creative Improv Stage 1-6	\$45	\$25
Showcase-Spin Spiral Jump STAR 1 Level STAR 1-3 FreeSkate STAR 2/3 Elements STAR 2/3 Pattern Dance Creative Improv Star 1-3	\$65	\$30
<p>ALL FEES TO BE E-TRANSFERRED TO: smokylakefsc@gmail.com *With Skater's name and level in memo*</p> <p><u>REFUND OF ENTRY FEES:</u> Entry fees shall be refunded only if the event is not held due to low enrollment or if the entry is withdrawn before the date of close. No refunds will be made after November 22, 2025 for any reason, including medical pulls, no exceptions.</p>		

4. **MUSIC:**

Please e-mail all music entries to competition.slfc@gmail.com with MUSIC as the subject line.

ALL music MUST be sent in MP3 format

5. **SCHEDULE OF EVENT SCHEDULE:**

A schedule will be emailed out to the club representative.

6. **ACCIDENTS:** The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these events, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

7. **ON-LINE REGISTRATION:**

To register for the **PreCan and CanSkate level Events:** please click on the link:

<https://forms.gle/uT47Z2XPGnbRsrhr9>

To register for the **STAR level Events:** please click on the link:

<https://forms.gle/ZrtMcnXJkNU5amkf8>

E-transfer of fees are to be sent at time of online registration

****Please include skaters full name and level in the Message of the e-transfer, transfer email is smokylakefsc@gmail.com****

9. **REGISTRATION on the DAY OF THE EVENT:** Skaters must be in their assigned dressing rooms 15 minutes before their event. Please check in at the registration desk a minimum of an hour prior to the start of your event.

10. **AWARDS:** Awards will be ongoing all day long. Everyone goes home a winner!

PICTURES & VIDEOS: Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters. **NOTE:** You may only take pictures or videos of your own skater. No parents will be allowed in the player's box area.