



# Federation Skating Club

## Open

CanSkate & Star 1-3 Event  
Sunday, May 18, 2025  
Kinsmen Arena B  
1979 111 St NW,  
Edmonton, AB T6J 7C6

Skate Canada Sanction #3380

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Host Club:	Federation Skating Club
Event Date/Time:	Sunday, May 18, 2025 – 11:00 am – 5:00 pm (end time is based on registration numbers)
Competition/Registration Chair:	Scott Sutton
Arena Details:	Kinsmen Arena B 1979 111 St NW, Edmonton, AB T6J 7C6
Check-in:	Skater check-in will be open at 10:00 am on the event date. Skaters are required to check-in one hour before their scheduled skate time
Categories Offered:	<ol style="list-style-type: none"> <li>1. CanSkate Elements</li> <li>2. CanSkate Spin/Spiral/Jump Stage 5</li> <li>3. CanSkate Spin/Spiral/Jump Stage 6</li> <li>4. Star 1 Elements</li> <li>5. Star 2 FreeSkate</li> <li>6. Star 3 FreeSkate</li> <li>7. Star 2B Canasta Tango Dance</li> <li>8. Star 3A Baby Blues Dance</li> </ol>
Registration Fees:	\$65/event - StarSkate \$55/event - CanSkate
Closing Date of Entries:	Wednesday midnight MST – May 04, 2025
Late Registration Fees:	\$100 per registration after May 04, 2025
Entry Fees Refund:	Entry fees will be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries. There will be a \$10 administration fee applied to all withdrawals. After the closing date of entries (May 04), no refunds will be given for any reason, including medical.
How to Register:	Please register at <a href="https://www.federationskatingclub.ca/registration/">https://www.federationskatingclub.ca/registration/</a>

<p>Freeskate Music:</p>	<p>Please email program music to <a href="mailto:info@federationskatingclub.ca">info@federationskatingclub.ca</a> prior to May 04, 2025.</p> <p>Skaters are to bring a back-up copy of their music on either a USB or phone/ipod. This device should be clearly labelled with the skaters name and level.</p> <p>The host club will be responsible for selecting music for the CanSkate Stage 5 and 6 Spin/Spiral/Jump events. Music will be varied between skaters.</p>
<p>Skater Program Criteria:</p>	<p>Programs shall follow the Skate Canada 2024-2025 well-balanced program criteria as posted on the Skate Canada info at <a href="http://www.info.skatecanada.ca">www.info.skatecanada.ca</a></p>
<p>CanSkate Elements:</p>	<ul style="list-style-type: none"> <li>● Stage 1 Criteria: <ul style="list-style-type: none"> <li>○ Forward push/glide sequence (balance)</li> <li>○ Forward two-foot jump (agility)</li> <li>○ Backward two-foot skating/walking (control)</li> </ul> </li> <li>● Stage 2 Criteria: <ul style="list-style-type: none"> <li>○ Forward two-foot sculling (balance)</li> <li>○ Forward two-foot turn (agility)</li> <li>○ Backward two-foot to one-foot glide</li> </ul> </li> <li>● Stage 3 Criteria: <ul style="list-style-type: none"> <li>○ Backward two-foot sculling (control)</li> <li>○ Forward circle thrusts (balance)</li> <li>○ Backward two-foot jump (agility)</li> </ul> </li> <li>● Stage 4 Criteria: <ul style="list-style-type: none"> <li>○ Forward one-foot turn (agility)</li> <li>○ Forward crosscuts (balance)</li> <li>○ Backward circle thrusts (control)</li> <li>○ Two-foot jump forwards to backwards and backwards to forwards (agility)</li> </ul> </li> <li>● Stage 5 Criteria: <ul style="list-style-type: none"> <li>○ Forward inside edges (balance)</li> <li>○ Forward two-foot side stop (control)</li> <li>○ Backward push glide sequence (control)</li> <li>○ Forward power jump (agility)</li> </ul> </li> <li>● Stage 6 Criteria: <ul style="list-style-type: none"> <li>○ Forward outside edges (balance)</li> <li>○ Forward one-foot side stop (control)</li> <li>○ Forward/backward and backward/forward c-steps (agility)</li> <li>○ Backward perimeter skating with crosscuts (control)</li> </ul> </li> </ul>

	<p>All elements will be assessed to standard and performed in isolation. All elements must be performed on both feet and in both directions, when applicable.</p>
<p>CanSkate Stage 5 &amp; Stage 6 Spin/Spiral/Jump:</p>	<p>This is a one-minute program to be skated on ½ of the ice surface. The program must include only 1 spin, only 1 jump, and only 1 spiral (in any order). A beginning and ending pose as well as connecting steps may be included.</p> <p>Must include:</p> <ul style="list-style-type: none"> <li>● Any forward upright spin</li> <li>● Waltz jump or Toe loop</li> <li>● One foot spiral (skater's choice)</li> </ul> <p>Skaters must be working on CanSkate Stage 5 or Stage 6. All programs will be assessed to element standard. Music will be provided by the host club. The music will vary between skaters.</p>
<p>StarSkate 1:</p>	<p>Star 1 Elements Criteria:</p> <ul style="list-style-type: none"> <li>● Circle Stroking</li> <li>● Waltz Jump</li> <li>● Salchow Jump</li> <li>● Toe Loop Jump</li> <li>● Forward Upright Spin</li> <li>● Backward Upright Spin</li> <li>● Forward Spiral Circles</li> <li>● Creative Expression Routine</li> </ul> <p>All elements will be assessed to standard.</p>
<p>StarSkate 2:</p>	<p>Skaters will perform their trained Star 2 Program to their music and will be assessed based on the Skate Canada criteria for Star 2 Freeskate programs.</p> <p>Music must be emailed to <a href="mailto:info@federationskatingclub.ca">info@federationskatingclub.ca</a> prior to May 4, 2025.</p>
<p>StarSkate 3:</p>	<p>Skaters will perform their trained Star 2 Program to their music and will be assessed based on the Skate Canada criteria for Star 2 Freeskate programs.</p> <p>Music must be emailed to <a href="mailto:info@federationskatingclub.ca">info@federationskatingclub.ca</a> prior to May 4, 2025.</p>
<p>Star 2B Canasta Tango Dance:</p>	<p>Skaters will be expected to perform 2 full patterns (one round of the ice) of the Canasta Tango dance. An ending pose is optional.</p>

	Dance Series 8 will be utilized unless otherwise requested by a skater/coach. All requests must be submitted in writing and include the required music prior to May 4, 2025.
Star 3A Baby Blues Dance:	<p>Skaters will be expected to perform 2 full patterns (one round of the ice) of the Canasta Tango dance. An ending pose is optional.</p> <p>Dance Series 8 will be utilized unless otherwise requested by a skater/coach. All requests must be submitted in writing and include the required music prior to May 4, 2025.</p>
Marking System:	<p>Star categories will be judged as per the Skate Canada StarSkate Event Management Guide.</p> <p>CanSkate categories will be judged as per the Skate Canada CanSkate Event Management Guide.</p>
Awards:	<p>Skaters will receive a report card and a gold, silver or bronze medal.</p> <p>It is the responsibility of skaters to wear their skates and skating attire for the medal presentations</p> <p>The awards ceremony for each flight will be held approximately 20 minutes after the conclusion of each event in the lobby</p>
Evaluators/Judge:	The event is being held under the current Skate AB/NT/NU and the Star 1-3 Competition guidelines and will include 1 SkateAB/NT/NU Judge.
Warm-Up Times:	Skate Canada has standardized warm-up times for events.
Event Schedule and Starting Order:	Will be sent to the skater's email address prior to the event.
Additional Information:	
1	Spectators: Spectators are permitted and there are no restrictions. In the event of any restrictions being implemented by the facility, those will be adhered to.
2	<p>Accidents: The Association and Committee of the Host Club take no responsibility</p> <p>for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this event, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any, and</p>

	<p>all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.</p>
3	<p><b>Pictures and Video:</b> Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is not permitted. The use of video cameras must be restricted to areas that do not disturb or interrupt the skaters or officials.</p> <p><b>NOTE:</b> You may only take pictures or videos of your own skater.</p>