



Spring Fling Star 1-3 Event

**Sunday, May 25, 2025
Jimmie Condon Arena
502 Heritage Drive SW,
Calgary, AB T2V 2W2**

Sanction # 3434

CALALTA 
FIGURE SKATING CLUB

HOST CLUB INFORMATION

Event Name: Spring Fling Star 1-3 Event

Event Dates: Sunday May 25, 2025

Host Club Name: Calalta Figure Skating Club

Competition Chairperson: Jennifer Kuharski

Technical Chairpersons:

Name: Jaime-Lyn Jackson

Mercedes Shields

Email Address: calaltagroupprogramsdirector@gmail.com mercedesshields@me.com

Arena Details:

Name: Jimmie Condon

Address: 502 Heritage Drive SW

Phone Number: 403-245-2425

Ice Surface Dimensions: 200' x 85'

Registration Table Times: 12:00 pm - 4:00 pm

GENERAL INFORMATION

1. The Event is being held under the current rules of the Skate Canada Rulebook. The nature of the Event is defined in the Skate Canada Rule Book > Competitions. The Association reserves the right to alter the overall procedures to be followed during any part of the Event, if such alteration is considered to be in the best interest of the skaters or the Association. The Lead Judge present will be the agent of the Association in such an instance.
2. CATEGORIES: The following Categories are to be held:
 - Star 1-3
3. SYSTEM OF MARKING: Closed marking will be used for all Categories.
4. SCHEDULE OF EVENTS: Will be emailed by the Club if an email address is provided.
5. ENTRIES: Entrants in Events shall be:
 - a) Eligible persons as defined in Skate Canada Rule Book > Competitions > 2.1
 - b) Entries will be accepted only from skaters who are current registered members of Skate Canada.

Registration forms **MUST BE COMPLETED IN FULL**, or they may not be processed!

6. CLOSING DATE OF ENTRIES: All entries must be received in Uplifter no later than **Friday April 25, 2025 at midnight**. Registration opens for Calalta FSC members only on Monday, March 17, 2025.

Registration for all other clubs opens on Tuesday, April 1, 2025.

7. ENTRY FEES:

Star 1-3 Events	\$85.00
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9. MUSIC SUBMISSION REQUIREMENTS:

- a) Online music registration will require each skater to submit an mp3 file of their program music and the music time online at the time of their registration.
- b) **Back-up Music:** Only USB memory sticks will be accepted as music back-up. Each skater or team is required to carry a copy of their back-up music and have it available at rink side. Ensure music files are properly labelled.
- c) If there have been changes to the music after the submission during the online registration, the updated music file must be uploaded by **Thursday, May 15, 2025**. New music can be re-uploaded through your Uplifter account.
- d) USB's must be provided in a Ziploc bag and labelled with the skater's name and category. For example: Jane Doe, Star 3

10. ACCIDENTS: The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.
11. REFUND OF ENTRY FEES: Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries (Skate Canada Rule 7000 – 1.5 (2)).
12. REGISTRATION: Skaters must register at least one hour prior to their scheduled Category. Skaters must report to the Ice Captain one hour prior to their scheduled Category.
13. FLIGHT SYSTEM: If the number of competitors in a Category warrants it, a flight system will be used. Flights would be determined by skaters' ages.
14. EVENT SPECIFICATIONS: In normal circumstances, each category offered at the competition will be held for men and women separately, except CanSkate Events. It is permissible for events that do not progress skaters on to a subsequent level of Interclub competition to combine events as follows:
 - (a) Combine two or more categories in the same event when each category has fewer than three entries;
 - (b) Combine two or more categories in the same event when one category has insufficient entries to hold the event;
 - (c) or Cancel events when insufficient entries are registered in one to hold the event.

The decision to combine events is at the discretion of the Technical Representative and the Host Committee.

In any of the above cases, categories may be combined – only with full prior knowledge and agreement of all competitors affected. If a category is not held, due to a lack of competitors, the Host Committee will inform competitors and return entry fees.

15. CANCELLATION OF EVENTS: The host club reserves the right to cancel events.
16. EVENT REGISTRATION: Skaters may enter multiple events
17. COACH ACCREDITATION: All coaches must be minimally certified NCCP Regional in training and Coaches must register at the registration desk.
18. WARM UP TIMES:

Star 1-3 Warm Up of 3 minutes

ELIGIBILITY AND CATEGORIES

Star 1 Element Assessment

- Must not have passed any part of the Star 6 freeskate assessment
- Elements assessed to standard
- Skaters may be grouped by age, no age restrictions

Consists of eight elements:

1. **Circle Stroking Exercise**: Stroking (Crosscuts) in same direction on a circle (one round forward, one round backward); draw for direction
2. **Waltz Jump**
3. **Single Salchow**
4. **Single Toe Loop**
5. **Forward Upright Spin**
6. **Backward Upright Spin**
7. **Forward Spiral circles**: Two Spirals, one on each foot executed on a circle in the same direction; skater chooses direction
8. **Creative Expression Routine** (30 seconds – music provided by the Club; selection randomly chosen at competition – each flight to have a different music selection). This is assessed as “completed” or “incomplete” only.

Star 2 Program

- Must not have passed any part of the Star 6 freeskate assessment
- A program to music a maximum of two minutes +/- 10 seconds in length
- Individual elements plus skating skills and performance assessed to standard
- Skaters may be grouped by age; no age restrictions

Consists of nine elements:

1. **Single Salchow**
2. **Single Toe Loop**
3. **Waltz Jump + single Toe Loop** combination
4. **Single Loop Jump**
5. **Single Flip or single Lutz**
6. **Backward Upright Spin**
7. **Forward Entry Sit Spin or Camel Spin** with no change of foot; no flying entry; no variations of positions; forward Upright Spin is not permitted
8. **Forward Spiral Sequence:** a sequence of two forward Spirals with no more than eight Steps in between; one Spiral on each foot, unsupported position; on either inside or outside Edge
9. **Forward Turn Sequence:** forward outside Three-Turn + backward Crosscut + backward inside S step (i.e. step-forward); executed four times

Star 3 Program

- Must not have passed the any part of the Star 6 freeskate assessment
- A Free Skating Program to music of two minutes in length (plus or minus 10 seconds)
- Individual elements plus Skating Skills, Performance, and Interpretation assessed to standard
- Skaters may be grouped by age; no age restrictions

Consists of eight elements:

Five Jump Elements

- all single jumps permitted including single axel; no double jumps permitted
- must include at least one axel-type jump (waltz or single axel)
- must include at least five different types of single jumps (note: waltz and axel are considered the same type)
- must include a single loop + single loop jump combination
- maximum of one additional jump combination; maximum of two jumps in a combination
- no jump sequences
- no jump may be included more than twice
- a repeated jump must be executed as part of a jump combination

Two Spins

- backward upright spin
- combination spin that has at least one camel position and one sit position and commences with a forward entry; no flying entry or variations of positions; change of foot optional

Forward Spiral Sequence: a sequence of two forward spirals with no more than four steps in between; one spiral on each foot, unsupported position; on either inside or outside edge

Register online at the following link: [Star 1-3 Spring Fling Competiton, Sunday May 25, 2025 - Jimmie Condon Arena :: Calalta Figure Skating Club](#)

Deadline to register is Friday, April 25, 2025 at midnight.