

Sanction # 3373



STARS OF THE NORTH STAR 1-3 COMPETITION 2025

Competition Name: STARS OF THE NORTH STAR 1-3 COMPETITION 2025

Competition Dates: March 2, 2025

Host Club: Noralta Skating Club

Competition/Registration Chair

NAME Cindy Ellis

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Arena Details

Name: Suncor Community Leisure Centre
Address: 1 C.A. Knight Way Fort McMurray, AB

Arena: CNRL 2 (Ice Surface 185' x 85')

Registration Times: Registration/Check In begins 1 hour before the 1st category of each day. **On-site Registration**: Skaters should register 1 hour prior to the start of their scheduled category.

CATEGORIES: The following categories will be offered.

STAR 1 Elements

STAR 2 Freeskate

STAR 3 Freeskate

Creative Improv 1

STAR 2/3 Dance

STAR 2 TEAM Event

STAR 3 TEAM Event

Category Criteria:

Star 1 Elements

Must not have passed any part of the STAR 6 freeskate assessment

Elements assessed to standard

Skaters may be grouped by age; no age restrictions.

Eight elements:

- Circle Stroking Exercise: Stroking (Crosscuts) in same direction on a circle (one round forward, one round backward); *draw for direction*
- Waltz Jump
- Single Salchow
- Single Toe Loop
- Forward Upright Spin
- Backward Upright Spin
- Forward Spiral circles: Two Spirals, one on each foot executed on a circle in the same direction; <u>skater chooses</u> direction
- Creative Expression routine (30 seconds music provided by the Host Club; selection randomly chosen at competition each flight to have a different music selection). This is assessed as "completed" or "incomplete" only

Star 2 Freeskate

Must not have passed any part of the STAR 6 freeskate assessment

A Free Skating Program to music of two minutes in length (plus or minus 10 seconds)

Individual elements plus Presentation and Skating Skills assessed to standard

Skaters may be grouped by age; no age restrictions

Nine elements:

- Single Salchow
- Single Toe Loop
- Waltz Jump + single Toe Loop combination
- Single Loop Jump

- Single Flip or single Lutz
- Backward Upright Spin
- Forward Entry Sit Spin or Camel Spin with no change of foot; no flying entry; no variations of positions; forward Upright Spin is not permitted.
- Forward Spiral Sequence: a sequence of two forward Spirals; one Spiral on each foot, unsupported position; on either inside or outside edge
- Forward Turn Sequence: forward outside Three-Turn + backward Crosscut + backward inside S step (i.e. stepforward); executed four times

Star 3 Freeskate

Must not have passed any part of the STAR 6 freeskate assessment

A Free Skating Program to music of two minutes in length (plus or minus 10 seconds)

Individual elements plus Presentation and Skating Skills assessed to standard

Skaters may be grouped by age, no age restrictions

Eight elements:

- Five Jump Elements
 - o All single jumps permitted including single Axel; no double jumps permitted.
 - Must include at least one Axel-type Jump (waltz or single Axel)
 - Must include at least five <u>different</u> types of single jumps (note: waltz and Axel are considered the same type)
 - Must include a single loop + single loop Jump Combination
 - Maximum of one additional Jump Combination; maximum of two jumps in a combination.
 - No Jump Sequences
 - No jump may be included more than twice
 - A repeated jump must be executed as part of a Jump Combination

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- Two Spins
 - Backward Upright Spin
 - Combination Spin that has at least one Camel Position and one Sit Position and starts with a forward entry; no flying entry or variations of positions; change of foot optional.
- Forward Spiral Sequence: a sequence of two forward Spirals; one Spiral on each foot, unsupported position; on either inside or outside Edge

Creative Improv 1

Creative Improv programs are designed <u>only by the skater</u> with minimal preparation. Creative Improv tests the skater's ability to quickly interpret a given piece of music and entertain the audience. **NO COACHING PERMITTED DURING THIS EVENT.**

Creative Improv 1 (skaters must have passed the STAR 1 Assessment in any discipline)

- Skaters will hear a piece of music selected by the host club twice in the locker room, and once during the last minute of their on ice warmup.
- Program time is a maximum of 45 seconds in length A different music selection will be used for each flight

- All skaters in the flight for that event will perform to the same musical selection
- After warmup, skaters will return to their designated locker room or hallway (not watching other skaters in their flight). Each skater will be led to the ice by a volunteer.
- All single jumps are permitted. Jumps of any higher rotation will be subject to an illegal element violation if included.
- Two program components will be assessed to standard: Presentation and Skating Skills

STAR 2/3 Solo Pattern Dance

Skaters must have passed the STAR 1 Dance Assessment.

Draw will be done for skaters to perform the Dutch Waltz, Canasta or Baby Blues. Successful drawn dance will be sent out to participants when skate order is released. Skaters will perform ONE of the three dances listed above.

- a. Skaters will be expected to perform 2 full patterns of the dance (one round of ice surface). An ending pose is optional.
- b. Dance Series 8 music will be used unless a coach/skater makes a special request and the request is approved by the Competition Chairperson.

TEAM Events

Team Element events are an opportunity for groups of skaters to perform together in a fun atmosphere. Skaters each perform a free skate element to contribute to an overall team assessment. Team Element events consist of progressive levels. Entry for Team Element events is consistent with Freeskate Events and teams may skate up one level if they choose.

More than 50% of the Team must have passed the assessment required for each level. (2 of 3 or 3 of 4). Please see the STAR Program Requirements document for more detail.

Star 2 Team Elements Assessed to standard

Element #1 Single Loop Jump

Element #2 Waltz Jump + Single Toe Loop Jump Combination

Element #3 Backward Upright Spin; minimum three revolutions

Element #4 Forward Spiral Sequence – two forward Spirals, one on each foot performed on either outside or inside edges; both Spirals must be unassisted

Star 3 Team Elements Assessed to standard

Element #1 Single Flip Jump

Element #2 Single Loop + Single Loop Jump Combination

Element #3 Combination Spin – must have one camel position and one sit position. May include a change of foot. <u>Forward entry ONLY.</u>

Element #4 Forward Spiral Sequence – two forward Spirals, one on each foot performed on either outside or inside edges; both Spirals must be unassisted

CRITERIA AS POSTED ON THE SKATE CANADA INFO CENTRE AT www.info.skatecanada.ca.

REGISTRATION FEES & ENTRY

Events Offered	Fees
Star 1 Elements	\$60
Star 2 Freeskate	\$60
Star 3 Freeskate	\$60
Creative Improv 1	\$60
STAR 2/3 Dance	\$60
STAR 2 Team Event	\$60 Per Team
STAR 3 Team Event	\$60 Per Team

HOW TO REGISTER

- Register online via www.noraltaskatingclub.ca by clicking the Register Here button.
- Choose STARS OF THE NORTH STAR 1-3 Competition 2025
- Choose your category (please confirm the correct categories with your coach PRIOR to registering for the event).
- All events must be paid for in full at the time of registration.
- TEAMS will be chosen by the Coaching Staff.
- All skaters eligible for the STAR 1 event will be notified by the Coaching Staff.

REGISTRATION DEADLINE DATES

Register by February 19, 2025, for skaters meeting the following criteria:

• Skaters who are currently registered in Noralta Skating Club programming (Future Stars and color groups (Grey, Purple, Turquoise, Orange)

CLOSING DATE OF ENTRIES:

All entries must be received no later than **February 19, 2025, at 12:00pm (noon) MT.** It is the responsibility of the competitor to ensure that their entry is submitted by the closing date.

LATE REGISTRATION ENTRIES:

Late entries may be accepted at the discretion of the Competition Chair and if space permits in the event. Entries accepted after the registration deadline date will be charged a late entry fee of \$25 per entry.

REGISTRATION CHANGE:

After the registration deadline date, changes to entries may only be made by the Competition Chair. <u>Confirm which</u> <u>event to register in with your coach before submitting your registration</u>. For any changes that are required to be made to a skater's registration, there will be a \$25 change fee applied.

WAITLIST:

Registration will close once the capacity for the event schedule has been reached and this may happen before the registration deadline date. In the event that registration is filled, skaters will be able to add their names to the waitlist. If a

^{*}This competition is not open to Club members outside of Noralta Skating Club at this time.

spot becomes available, skaters will have 24 hours to register.

REFUND OF ENTRY FEES:

Entry fees shall be refunded only at the discretion of the Competition Chair. *There will be a \$10.00 administration fee applied to all withdrawal refunds*. After the closing date of entries there will be no refunds given for any reason, including medical pulls. No exceptions.

MUSIC REGISTRATION

- All music will be played off the Club iPad. This includes warm up music, freeskates and creative expression music.
- The skater's current Freeskate program in STAR 2 and STAR 3
- Each skater will be required to carry a copy of their music on USB and have it available at rink side as backup (laptop will be available. Coach cell phone backups will also be accepted.

ADDITIONAL INFORMATION

EVENT SCHEDULE:

A schedule and flight lists will be emailed to participants after the registration deadline. It is anticipated to be released after February 26, 2025. The draw for STAR 2/3 Dance will also occur at that time and participants and coaches will be notified of dance drawn.

MARKING SYSTEM:

STAR 1-3 events will be judged as per the Star Event Management Guide.

AWARDS:

The awards ceremony for each flight will be held approximately 15 minutes after the conclusion of each event in the awards area. All skaters are asked to wear their skating attire and skates with skate guards.

SPECTATORS/PARENTS:

Spectators are permitted. In the event of any restrictions being implemented by the facility, those would be adhered to.

ACCIDENTS:

The Association and Committee of the Host Club take no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this event, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

PICTURES & VIDEOS:

Persons wishing to take photographs of on-ice performances are reminded that use of flash cameras is not permitted. The use of video cameras must be restricted to areas that do not hamper the skaters or officials. Please ensure you check the box on your registration giving permission to have your skater photographed by the professional photographer at the event. Professional photographers' pictures will be made available on their website via a gallery for parents to purchase after the competition.

NOTE: You may only take pictures or videos of your own skater.