

CANSKATE FUNMEET & STAR 1-3 Interclub

HOSTED BY: VERMILION SKATING CLUB

FEBRUARY 21 & 22, 2025

VERMILION STADIUM



SKATE CANADA: CANSKATE SANCTION #3346

SKATE CANADA: STAR 1-3 SANCTION #3346



EVENT CHAIRPERSON

Name: Elizabeth Myhovich
Phone Number: 780-853-0252

Email: eligasa@gmail.com
Email: VermilionSkatingClub@gmail.com

1. ARENA DETAILS

Name: Vermilion Stadium Address: 5514-47 Ave, Vermilion, AB Phone Number: 780-853-2838

2. ENTRIES:

Entrants in Events shall be Skate Canada registrants in good standing. Registration forms **must be completed in Full** or they may not be processed. The Vermilion Skating Club reserves the right to limit the number of skaters/entries.

3. CATEGORIES:

The following CanSkate Categories are to be held:

- CanSkate Stage 1 Elements
- CanSkate Stage 2 Elements
- CanSkate Stage 3 Elements
- CanSkate Stage 4 Elements
- CanSkate Stage 5 Elements
- CanSkate Stage 6 Elements
- PreCanSkate Elements
- Spin Spiral Jump Stage 5
- Spin Spiral Jump Stage 6
- CanSkate Team Element Event

The following Star 1-3 Categories are to be held:

- Star 1 Elements
- Star 2 Elements
- Star 3 Elements
- Star 2 Freeskate Event
- Star 3 Freeskate Event
- Level 1 Creative Improv
- Level 2 Creative Improv
- Level 3 Creative Improv
- Star 2 Team Element Event
- Star 3 Team Element Event

4. ENTRY FORMS:

CanSkate First Event is \$45.00 Star 1-3 First Event is \$60.00
CanSkate Additional Event is \$20.00 Star 1-3 Additional Events are \$30.00
CanSkate Team Event is \$8.00 per team member Star 1-3 Team Event is \$8 per team member
Club cheques or e-transfers preferred: e-transfers can be sent to VermilionSkatingClub@gmail.com Password: FunMeet

VERMILION SKATING CLUB - Canskate Fun Meet
Box 3293, Vermilion, AB, T9X 2B3

CHEQUES POSTDATED AFTER THE CLOSE OF ENTRIES WILL BE RETURNED AND REGISTRATION WILL NOT BE PROCESSED
THERE WILL BE A \$25.00 CHARGE FOR ANY NSF CHEQUES RECEIVED

5. OPEN & CLOSING DATE OF ENTRIES:

Entries will open Jan 3, 2025. All entries must be received by no later than February 3, 2025. Skating times will be emailed to the club contact indicated on the Entry Form. (1 contact person per club please) Skaters may skate up a level.

6. ACCIDENTS:

The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these Events, all skaters and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the events. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

7. REFUND OF ENTRY FEES:

Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries (Skate Canada Rule 7000-1.5(2)).

8. ON-LINE REGISTRATION:

To register for the CANSKATE EVENTS: please click on the link: <https://forms.gle/Zve6AAhviesEbJFe7>

To register for the CANSKATE TEAM EVENT: please click on the link: <https://forms.gle/Kzqgkoyd1CcgdVwd6>

To register for the STAR 1-3 EVENTS: please click on the link: <https://forms.gle/3X7H2DcdDQmiGb8r9>

To register for the STAR TEAM EVENT: please click on the link: <https://forms.gle/b673sP4qZJjQyiAR8>

9. **REGISTRATION ON THE DAY OF THE EVENT**

Skaters must be in their assigned dressing rooms 30 minutes before their event. Please check in at the registration desk a minimum of an hour prior to the start of your event. Each event will warm up on the half of the ice surface on which they will be evaluated and then clear the ice until it is their turn to perform. (Warm up time is 3 minutes) except for the STAR 2-3 Freeskate Events which will be on full ice. The Fun Meet will take place between the hours of 8:00 am - 4:00 pm on Saturday, February 22. STAR 2-3 Freeskate Events will be run on Friday, Feb 21 if numbers warrant it.

10. **CANCELLATION OF EVENTS:**

The host club reserves the right to cancel events. The Vermilion Skating Club reserves the right to limit the number of registrations due to time.

10. **AWARDS:**

It is the responsibility of ALL skaters receiving a medal to wear their skates and skating attire for the medal presentation. Awards will be ongoing all day long. Everyone goes home a winner!

11. **PICTURES & VIDEOS:** Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters.

NOTE: You may only take pictures or videos of your own skater. No parents will be allowed in the player's box area.

CanSkate Categories- Technical Information

Each skater will complete each of his/her elements before the next skater begins. Elements will be done in circuits from stages 1-4 and one at a time (not in a routine) for stages 5-6.

Note: Skills are integrated; if a skater has passed Stage 1 they would enter Stage 2.

Pre-CanSkate:

- Fall down/stand up
- Move forward
- 2 ft jump
- Move backward

Stage 1:

- Fwd push/glide sequence
- Fwd 2-ft jump
- Bwd 2-ft skating/walking

Stage 2:

- Fwd 2-ft sculling
- Fwd 2-ft turn (CW or CCW - skater's choice)
- Bwd 2-ft to 1-ft glide

Stage 3:

- Bwd 2-ft sculling
- Fwd circle thrusts (CW or CCW - skater's choice)
- Bwd 2-ft jump

Stage 4:

- Fwd 1-ft turn
- Fwd crosscuts
- Bwd circle thrusts or pumps (CW or CCW - skater's choice)
- 2-ft jump fwd to bwd and bwd to fwd* (CW or CCW - skater's choice)

Stage 5:

- Fwd inside edges
- Fwd 2-ft side stop (CW or CCW - skater's choice)
- Bwd push/glide sequence, full perimeter (CW or CCW - skater's choice)
- Fwd power jump

Stage 6:

- Fwd outside edges
- Fwd 1-ft side stop (L or R - skater's choice)
- Fws/Bwd and Bwd/Fwd C-steps
- Bwd perimeter skating with crosscuts (CW or CCW - determined by draw)

SPIN SPIRAL JUMP REQUIREMENTS

This is a one minute program to be skated on ½ of the ice surface. Program must include ONLY 1 spin, ONLY 1 spiral and ONLY 1 jump (in any order). A beginning and ending pose as well as connecting steps may be included. NO MUSIC. Skaters must be working on CanSkate Stage 5 or 6.

Must include: Any forward upright spin
Waltz jump or Toe loop
One foot spiral (skater's choice)

CANSKATE TEAM ELEMENT EVENT

Each team will consist of 2 to 4 skaters. Skaters will complete skills together from his/her team stage. Skills will be chosen from the above stages. Skills will be done together by each team. Coaches may assist as their skaters, as there will not be use of circuits for this event. Skaters may skate up a stage.

CanSkate Team A (Stage 1/2)

- Fwd push glide sequence
- Forward 2 ft Jump
- Forward 2 ft Sculling
- Backward 2 ft to 1 ft glide

CanSkate Team C (Stage 5/6)

- Fwd 2-foot side stop
- Backward push - glide sequence
- Forward 1ft Side Stop
- Forward Outside Edge

CanSkate Team B (Stage 3/4)

- Forward Circle Thrusts
- Backward 2 ft Sculling
- Backward Circle Thrusts
- Forward 1 ft Turn

STAR 1-3 Event Categories- Technical Information

Star 1-3 Element Events

Individual element event. Each skater will perform each element in isolation and skaters will take turns within their group. Skaters must have passed Stage 6 CanSkate but must not have passed Star Level 3.

Star 1 Elements: (performed individually)

Stroking Exercise

Waltz Jump

Salchow Jump

Toe Loop Jump

Forward Upright Spin

Backward Upright Spin

Spiral Exercise

Creative Expression Routine

Star 2 Elements:

Waltz + Toe Loop Combo Jump

Loop Jump

Backward Upright Spin

Forward Spiral Sequence

Star 3 Elements:

Flip Jump

Loop+Loop Combo Jump

Combo Spin

Forward Spiral Sequence

Star 2-3 Freeskate Events

Skaters must have passed Stage 6 CanSkate but must not have passed Star Level 3. Will be performed on full ice.

Star 2 Freeskate Program Event: please email skater music to

VermilionSkatingClub@gmail.com

Skaters will perform their trained Star 2 Program with their music and be assessed on the following

criteria:

- Jumps in the Program
- Spins in the Program
- Turn Sequence
- Spiral Sequence
- Skating Skills
- Performance & Execution

Star 3 Freeskate Program Event: (please email skater music to

VermilionSkatingClub@gmail.com)

Skaters will perform their trained Star 3 Program with their music and be assessed on the following

criteria:

- Jumps in the Program
- Spins in the Program
- Spiral Sequence
- Skating Skills
- Performance & Execution
- Interpretation

Level 1-3 Creative Improv Events

Skaters will hear a piece of music selected by the host club twice in warm-up. They will perform a creative routine on the ice to the music selection. Program length should not exceed one minute.

Skaters must have passed Stage 6 CanSkate. Skaters will be categorized by age and level.

Star 2-3 Team Element Events

Each team will consist of two to four members. Each member will perform on element in isolation. Please fill out a separate registration form for the team event.

Star 2 Team Elements:

Waltz + Toe Loop Combo Jump
Loop Jump
Backward Upright Spin
Forward Spiral Sequence

Star 3 Team Elements:

Flip Jump
Loop+Loop Combo Jump
Combo Spin
Forward Spiral Sequence