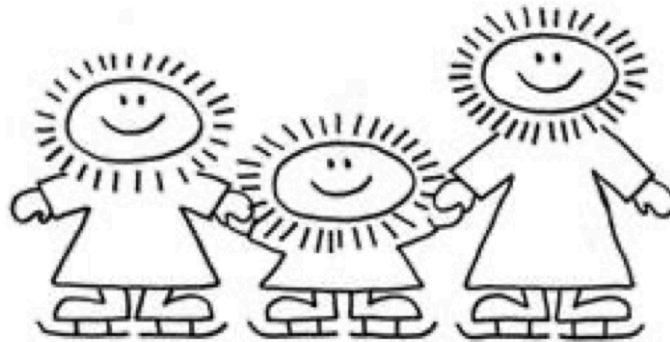


**FORT SMITH
SKATING CLUB**



**Fort Smith Skating Club
Star 1 - 3 Competition and Canskate Funmeet
February 22, 2025**

*Ice Ca*PALS



Sanction # 3350

HOST CLUB & EVENT INFORMATION

Event Name: Ice Cap Pals Funmeet

Event Date: February 22, 2025

Host Club Name: Fort Smith Skating Club

Competition Contact(s): Kami Harney (kami_skating@hotmail.com)
Kristy Evans (kristyevans2015@gmail.com)

Arena Details

Fort Smith Centennial Arena
13 Rupert Avenue
Fort Smith, NT

Ice Surface Dimensions 200 feet by 85 feet

Competition Schedule

Schedule will be sent out to participating clubs via email

GENERAL INFORMATION

1. Invitation extended to NWT Region Skating Clubs. Host Club may limit entry numbers.
2. **CATEGORIES**

The following categories are to be held:

<u>Events Offered</u>	<u>Fees</u>
Star 1 Elements	\$10
Showcase 1 - Star 1 Spin, Spiral, Jump	\$10
Star 2 and 3 FREESKATE PROGRAM	\$10
Star 2 and 3 ELEMENTS	\$10
CanSkate Elements (Stage 1 - 6)	\$10
Canskate Star 5/6 Circuit with music - Spin, Spiral Jump	\$10

All Star categories must follow the SKATE CANADA 2024-2025 technical requirements; inclusive of the well balanced program criteria as posted on the Skate Canada Members Info Centre at [Competition Program Requirements - STAR \(skatecanada.ca\)](https://www.skatecanada.ca/competition-program-requirements-star)

3. Registration

Registration opens February 1, 2025
Register at: <https://fssc.uplifterinc.com/>

4. Closing Date of Entries

All entries must be received **NO LATER than February 12, 2025 12:00 PM (noon) MST**. It is the responsibility of the competitor to ensure that their entry is submitted by the closing date.

5. **Entry Fee:** To be paid in Uplifter.

6. Event Schedule

Will be posted on the Fort Smith Skating Club's Facebook page and emailed to skaters.

7. Refund of Entry Fees

Entry fees shall be refunded only if the event is not held. There will be no refunds given for any reason, including medical pulls.

8. Music

CDs or USBs of the participant's music must be handed in at the Registration Table. Music must be on CDs or USBs, and must be clearly labeled with skater's name, event, club and length of program. Skaters are responsible for the recovery of their own music at the completion of the event.

9. On-Site Registration

Skaters must register a minimum of one hour prior to the start of their scheduled event. Skaters must report to the Ice Captain one hour prior to their scheduled event.

10. Marking System

CanSkate ELEMENT EVENT categories will be assessed in accordance with the CanSkate Element Event Technical Package
Star 1-3 will be judged as per the Star Standards for Assessment Guide

11. Awards / Presentations

Award Presentations will be held after every event. It is the responsibility of the skaters to wear their skates & skating attire for the presentations. Please remember to bring your skate guards. Medals will be awarded and assessed to standard: Gold, Silver, Bronze.

12. Event Specifications

CanSkate categories will combine boys and girls by stage and age.

In normal circumstances, Star 1-3 categories offered at competitions will be combined. The decision to combine categories is at the discretion of the Competition Chair with the input of the host committee.

13. Warm Up Times

Skate Canada has standardized warm up times for all events.

14. Accidents

The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this event, all competitors and their parents or guardians shall be deemed to release any and all claims they may have against the Officials, the Association, the Host Club and their officers. Entries shall be only in accordance with these conditions.

15. Pictures & Video

Persons wishing to take photographs of on ice performances are reminded that the use of flash cameras is NOT permitted. The use of video cameras must be restricted to areas that do not hamper the skater or officials. NOTE: You may ONLY take photos or videos of your own skater.

CANSKATE ELEMENTS EVENT

Elements are to be skated as elements in isolation. *Note that skills are integrated, if a skater has passed Stage 1 they would enter in Stage 2. Each group will have a three minute warm up followed by the assessment of Elements.

Stage 1:

- Forward push/glide sequence
- Two-foot jump on a spot
- Backward two-foot skating/walking

Stage 2:

- Forward to Backward 2 foot turn
- Backward to Forward two-foot turn
- Backward two-foot to one foot glide
- Forward two-foot sculling

Stage 3:

- Forward circle thrusts
- Backward two-foot jump
- Backwards two-foot sculling

Stage 4:

- Forward Crosscuts
- Backward Circle Thrusts
- Forward 1 foot turn
- Forward to backward 2 foot jump
- Backward to forward 2 foot jump

Stage 5:

- Forward Inside Edges
- Forward 2 foot side stop
- Backward push glide sequence
- Forward power jump

Stage 6:

- Forward Outside Edges
- Forward 1 foot side stop
- Backward perimeter skating with crosscuts
- Forward to backward C Step

CANSKATE SPIN, SPIRAL, JUMP CANSKATE STAGE 5/6

This is a one-minute program to be skated on 1/2 of the ice surface. A beginning and ending pose as well as connecting steps may be included.

- Skaters must be working on CanSkate Stage 5 or 6
- Must include: One forward upright spin (2 foot or 1 foot)
- Waltz jump OR Toe loop
- One spiral (skater's choice of foot)

Music supplied by skater

SPIN, SPIRAL, JUMP SHOWCASE EVENT STAR 1 LEVEL

This is a 1:30 program to be skated on the full ice surface. Program must include ONLY 1 spin, 1 spiral sequence, and 3 jumps. A beginning and ending pose as well as connecting steps should be included. Program will be evaluating ONLY Presentation and Skating Skills.

- Skaters must be working on STAR 1 FreeSkate
- Must include: One forward OR backward upright spin
- Waltz jump, toe loop, and salchow
- One spiral sequence consisting of one forward spiral done on each foot on either inside or outside edges

Music supplied by skater

STAR 1,2,3 Freeskate/Elements Criteria:

All categories must follow the SKATE CANADA 2024-2025 well balanced program criteria as posted on the Skate Canada info at: www.info.skatecanada.ca "STARSKATE : 2024-2025 STAR Competition Program Requirement"