

Saturday, December 14											
Category	Team Name	Club	Dressing Room	Warm Up Area	Enter Warm Up	Exit Warm Up	Enter Dressing Room	On Ice	Leave Ice	Leave Dressing Room	
Adult II	Solstice Adult II	Calalta FSC	1	1	8:30 AM	8:50 AM	8:55 AM	9:15 AM	9:22 AM	9:42 AM	
Adult II	Lethbridge Ice Angels Adult II	Lethbridge SC	2	2	8:37 AM	8:57 AM	9:02 AM	9:22 AM	9:30 AM	9:50 AM	
Adult II	Black Gold	Calgary Synchronized SC	3	3	8:45 AM	9:05 AM	9:10 AM	9:30 AM	9:38 AM	9:58 AM	
Adult II	Edmonton Ice Edition	Gateway SC	4	4	8:53 AM	9:13 AM	9:18 AM	9:38 AM	9:45 AM	10:05 AM	
Adult II	Northern Edges Adult 2	Mile Zero FSC	5	1	9:00 AM	9:20 AM	9:25 AM	9:45 AM	9:53 AM	10:13 AM	
Adult II	Virtuoso	Regina Synchronized Skating Teams	6	2	9:08 AM	9:28 AM	9:33 AM	9:53 AM	10:01 AM	10:21 AM	
Flood								10:01 AM	10:21 AM		
Adult III	Virtuoso	Regina Synchronized Skating Teams	1	3	9:36 AM	9:56 AM	10:01 AM	10:21 AM	10:26 AM	10:46 AM	
Star 6	Onyx Ice Synchronized Skating Star 6	Carstairs FSC	2	4	9:43 AM	10:03 AM	10:08 AM	10:28 AM	10:34 AM	10:54 AM	
Star 6	Edmonton Icicles	Edmonton Synchronized SC	3	1	9:49 AM	10:09 AM	10:14 AM	10:34 AM	10:41 AM	11:01 AM	
Star 6	Solstice Star 6	Calalta FSC	4	2	9:56 AM	10:16 AM	10:21 AM	10:41 AM	10:47 AM	11:07 AM	
Star 6	Lethbridge Ice Angels Star 6 Team	Lethbridge SC	5	3	10:02 AM	10:22 AM	10:27 AM	10:47 AM	10:53 AM	11:13 AM	
Star 6	Black Gold	Calgary Synchronized SC	6	4	10:08 AM	10:28 AM	10:33 AM	10:53 AM	10:59 AM	11:19 AM	
Flood								10:59 AM	11:14 AM		
Adult I	ESSC Adult 1	Edmonton Synchronized SC	1	1	10:29 AM	10:49 AM	10:54 AM	11:14 AM	11:22 AM	11:42 AM	
Adult I	Black Gold	Calgary Synchronized SC	2	2	10:37 AM	10:57 AM	11:02 AM	11:22 AM	11:29 AM	11:49 AM	
Adult I	Solstice Adult I	Calalta FSC	3	3	10:44 AM	11:04 AM	11:09 AM	11:29 AM	11:37 AM	11:57 AM	
Novice	Black Gold	Calgary Synchronized SC	4	4	10:54 AM	11:14 AM	11:19 AM	11:39 AM	11:47 AM	12:07 PM	
Flood								11:47 AM	12:02 PM		
Star 8	Onyx Ice Synchronized Skating Star 8	Carstairs FSC	5	1	11:17 AM	11:37 AM	11:42 AM	12:02 PM	12:09 PM	12:29 PM	
Star 8	Northern Edges Star 8	Mile Zero FSC	6	2	11:24 AM	11:44 AM	11:49 AM	12:09 PM	12:16 PM	12:36 PM	
Star 8	Lethbridge Ice Angels Star 8	Lethbridge SC	1	3	11:31 AM	11:51 AM	11:56 AM	12:16 PM	12:23 PM	12:43 PM	
Star 8	Edmonton Ice Eclipse	Edmonton Synchronized SC	2	4	11:38 AM	11:58 AM	12:03 PM	12:23 PM	12:30 PM	12:50 PM	
Star 8	NORTHERN LITES STAR 8	Northern Lites Synchronized Skating Club	3	1	11:45 AM	12:05 PM	12:10 PM	12:30 PM	12:37 PM	12:57 PM	
Flood								12:37 PM	12:52 PM		
Gold	Black Gold	Calgary Synchronized SC	4	2	12:07 PM	12:27 PM	12:32 PM	12:52 PM	1:00 PM	1:20 PM	
Senior Elite 12 Short	Black Gold	Calgary Synchronized SC	5	3	12:17 PM	12:37 PM	12:42 PM	1:02 PM	1:08 PM	1:28 PM	
Star 4	Edmonton Ice Crystals	Edmonton Synchronized SC	6	4	12:25 PM	12:45 PM	12:50 PM	1:10 PM	1:15 PM	1:35 PM	
Star 4	Black Gold	Calgary Synchronized SC	1	1	12:30 PM	12:50 PM	12:55 PM	1:15 PM	1:21 PM	1:41 PM	
Star 4	Lethbridge Ice Angels Star 4 Team	Lethbridge SC	2	2	12:36 PM	12:56 PM	1:01 PM	1:21 PM	1:27 PM	1:47 PM	
Star 5 Team Elements	Team West Hillhurst	West Hillhurst Skating Club	3	3	12:44 PM	1:04 PM	1:09 PM	1:29 PM	1:44 PM	2:04 PM	
Star 5 Team Elements	Team Bonavista	Lake Bonavista FSC	3	3	12:44 PM	1:04 PM	1:09 PM	1:29 PM	1:44 PM	2:04 PM	
LTS	Black Gold	Calgary Synchronized SC	4	4	12:59 PM	1:19 PM	1:24 PM	1:44 PM	1:49 PM	2:09 PM	
Special Olympics	Special Olympics	Special Olympics	5	1	1:04 PM	1:24 PM	1:29 PM	1:49 PM	1:55 PM	2:15 PM	
Flood	Flood and Awards for Star events							1:55 PM	2:10 PM		
Adult II			6	2	1:25 PM	1:45 PM	1:50 PM	2:10 PM	2:18 PM	2:38 PM	
Adult II			1	3	1:33 PM	1:53 PM	1:58 PM	2:18 PM	2:25 PM	2:45 PM	
Adult II			2	4	1:40 PM	2:00 PM	2:05 PM	2:25 PM	2:33 PM	2:53 PM	
Adult II			3	1	1:48 PM	2:08 PM	2:13 PM	2:33 PM	2:41 PM	3:01 PM	
Adult II			4	2	1:56 PM	2:16 PM	2:21 PM	2:41 PM	2:48 PM	3:08 PM	
Adult II			5	3	2:03 PM	2:23 PM	2:28 PM	2:48 PM	2:56 PM	3:16 PM	
Flood								2:56 PM	3:16 PM		
Adult III			6	4	2:31 PM	2:51 PM	2:56 PM	3:16 PM	3:22 PM	3:42 PM	
Star 6			1	1	2:39 PM	2:59 PM	3:04 PM	3:24 PM	3:30 PM	3:50 PM	
Star 6			2	2	2:45 PM	3:05 PM	3:10 PM	3:30 PM	3:36 PM	3:56 PM	
Star 6			3	3	2:51 PM	3:11 PM	3:16 PM	3:36 PM	3:42 PM	4:02 PM	
Star 6			4	4	2:57 PM	3:17 PM	3:22 PM	3:42 PM	3:48 PM	4:08 PM	
Star 6			5	1	3:03 PM	3:23 PM	3:28 PM	3:48 PM	3:54 PM	4:14 PM	
Flood								3:54 PM	4:09 PM		
Adult I			6	2	3:24 PM	3:44 PM	3:49 PM	4:09 PM	4:17 PM	4:37 PM	
Adult I			1	3	3:32 PM	3:52 PM	3:57 PM	4:17 PM	4:25 PM	4:45 PM	
Adult I			2	4	3:40 PM	4:00 PM	4:05 PM	4:25 PM	4:32 PM	4:52 PM	
Novice			3	1	3:49 PM	4:09 PM	4:14 PM	4:34 PM	4:42 PM	5:02 PM	
Flood								4:42 PM	4:57 PM		
Star 8			4	2	4:12 PM	4:32 PM	4:37 PM	4:57 PM	5:04 PM	5:24 PM	
Star 8			5	3	4:19 PM	4:39 PM	4:44 PM	5:04 PM	5:11 PM	5:31 PM	
Star 8			6	4	4:26 PM	4:46 PM	4:51 PM	5:11 PM	5:18 PM	5:38 PM	
Star 8			1	1	4:33 PM	4:53 PM	4:58 PM	5:18 PM	5:25 PM	5:45 PM	
Star 8			2	2	4:40 PM	5:00 PM	5:05 PM	5:25 PM	5:32 PM	5:52 PM	
Flood								5:32 PM	5:47 PM		
Gold			3	3	5:02 PM	5:22 PM	5:27 PM	5:47 PM	5:55 PM	6:15 PM	
Senior Elite 12 Free			4	4	5:12 PM	5:32 PM	5:37 PM	5:57 PM	6:06 PM	6:26 PM	
Closing Ceremonies								6:11 PM			
END OF DAY											

Coaches must notify the Technical Representative if your team is competing with fewer than your regular number of skaters (due to illness or injury) to avoid penalties to elements in your program(s). If a skater becomes ill or injured in the dressing room immediately prior to taking the ice, the coach must notify the Ice Level Referee.

