



Smoky Lake
Figure Skating Club



Presents:

Snowflake Skate

Funmeet



CanSkate Stages 1-6 and
Star 1-3 Event

December 14, 2024



Skate Canada Sanction #: 3314



HOST CLUB & EVENT INFORMATION

Event Name: Snowflake Skate Funmeet CanSkate and Star 1-3 Event

Event Date: December 14, 2024

Host Club Name: Smoky Lake Figure Skating Club

Club Event Contact/Competition Chair: Laura Fletcher

EMAIL – smokylakefsc@gmail.com

Please put: ATTN: Laura in subject line

Arena Details: Smoky Lake Arena Agricultural Complex, 4612 54 Ave
Smoky Lake, AB

Registration Deadline: November 23, 2024

**Google Forms will be used for Online Registration See
links below**

E-transfer of fees: smokylakefsc@gmail.com

****Don't forget to put skater's name & level in the
notes****

GENERAL INFORMATION

1. The Event is being held following the CanSkate Element Technical Package and Star Event Standards for Assessment Guide. **Please review standards** as some elements are assessed numerically. Ex. FWD two-foot sculling “Silver Standard” needs 6 consecutive sculls.

2. **CATEGORIES:**
 - All CanSkate Categories have a 3 minute on-ice warmup time and will be done on the half of the ice not being used for the CanSkate events.
 - All Spin, Spiral, Jump and STAR events have a 3 minute on-ice warmup time and will have the full ice.

<p>CanSkate Elements: In isolation or as a circuit/routine *No circuits will be drawn but prop signs will be available. Skaters may also perform their elements consecutively as a routine with a beginning and end pose and minimal/no connecting steps</p>	<ul style="list-style-type: none"> • PreCanSkate • Stage 1 • Stage 2 • Stage 3 • Stage 4 • Stage 5 • Stage 6 <p>* See evaluated elements below ** Skaters should be entered into the Stage they have not passed but are currently working on</p>
<p>Spin Spiral Jump CanSkate level: This is a one minute program to be skated on 1/2 of the ice surface. Program must include ONLY 1 spin, ONLY 1 spiral, and ONLY 1 jump (in any order). A beginning and ending pose as well as connecting steps may be included. *MUSIC Optional.</p>	<ul style="list-style-type: none"> • Skaters must be working on CanSkate Stage 5 or 6 • Must include: One forward upright spin (2 foot or 1 foot), Waltz jump OR Toe loop, One spiral (skater’s choice of foot).
<p>Spin Spiral Jump STAR 1 level: This is a one minute and 30 second program to be skated on the full ice surface. Program must include ONLY 1 spin, 1 spiral sequence, and 3 jumps. A beginning and ending pose as well as connecting steps should be included. *MUSIC Optional.</p>	<ul style="list-style-type: none"> • Skaters must be working on STAR 1 FreeSkate • Must include: One forward OR backward upright spin. Waltz jump, toe loop, and salchow. One spiral sequence consisting of one forward spiral done on each foot on either inside or outside edges.

<p>STAR 2/3 Elements: Individual element event. Each skater will perform each element in isolation and skaters will take turns within their group. Skaters must have passed Stage 6 CanSkate but must not have passed STAR 3 FreeSkate.</p>	<p>STAR 2 Elements:</p> <ul style="list-style-type: none"> • Waltz jump + Toe loop combination jump • Loop • Backward Upright Spin • Forward Spiral Sequence <p>STAR 3 Elements:</p> <ul style="list-style-type: none"> • Loop + Loop combination jump • Flip • Combination spin • Forward Spiral Sequence
<p>STAR 1-3 FreeSkate: Skaters must have passed Stage 6 Canskate but must not have passed STAR 3 FreeSkate. Will be performed on full ice.</p>	<p>STAR 1 Freeskate: (performed individually) Stroking Exercise Forward Upright Spin Backward Upright Spin Waltz Jump Salchow Jump Toe Loop Jump Spiral Exercise Creative Expression Routine</p> <p>STAR 2 FreeSkate: Skaters will perform their trained Star 2 Program with their music and be assessed on the following criteria:</p> <ul style="list-style-type: none"> • Jumps in the program • Spins in the program • Spiral sequence • Turn sequence • Skating Skills • Performance & Execution <p>STAR 3 FreeSkate: Skaters will perform their trained Star 2 Program with their music and be assessed on the following criteria:</p> <ul style="list-style-type: none"> • Jumps in the program • Spins in the program • Spiral sequence • Skating Skills • Performance & Execution • Interpretation
<p>STAR 2/3 Pattern Dance Solo Events:</p>	<p>Option A: Dutch Waltz Option B: Canasta Tango Option C: Baby Blues</p>

<p>STAR 1-3 TEAM Element events: Each team will consist of 2-4 members. Each member will perform an element in isolation.</p>	<p>STAR 1 Elements:</p> <ul style="list-style-type: none"> • Waltz jump • Salchow • FWD Upright Spin • Spiral Sequence <p>STAR 2 Elements:</p> <ul style="list-style-type: none"> • Waltz jump + Toe loop combination jump • Loop • Backward Upright Spin • Forward Spiral Sequence <p>STAR 3 Elements:</p> <ul style="list-style-type: none"> • Loop + Loop combination jump • Flip • Combination spin • Forward Spiral Sequence
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Canskate Categories- Technical Information

Pre-Canskate:

- Fall down/stand up
- Move forward
- 2 ft jump
- Move backward

STAGE	BALANCE	CONTROL	AGILITY
STAGE ONE	Forward push/glide sequence	Backward 2-foot skating	Forward 2-foot jump
STAGE TWO	Forward 2-foot sculling	Backward 2-foot – 1-foot glide	Forward-Backward 2-foot turn Backward-Forward 2-foot turn
STAGE THREE	Forward circle thrusts	Backward 2-foot sculling	Backward 2-foot jump
STAGE FOUR	Forward crosscuts	Backward circle pumps	Forward 1-foot turn Forward-backward 2-foot jump Backward-Forward 2-foot jump
STAGE FIVE	Forward inside edges	Forward 2-foot side stop Backward push glide Sequence	Forward power jump
STAGE SIX	Forward outside edges	Forward 1-foot side stop Backward perimeter skating with crosscuts	Forward-backward c-steps

3. **ENTRIES:**

CLOSING DATE OF ENTRIES: NOVEMBER 23, 2024

LATE ENTRIES: Late entries will be accepted at the discretion of the Technical Committee. Late entries will be charged an additional \$20.00. Any forms not completely filled out will not be processed!

Entrants in Events shall be:

- a) Eligible persons as defined in Skate Canada Rule Book Section 2100
- b) Be Associate members in good standing of the Association.

The Smoky Lake Figure Skating Club reserves the right to limit the number of skaters/entries.

ENTRY FEES:		
Event	Fee for First Event	Fee for Second Event
CanSkate Elements Event Spin Spiral Jump CanSkate Level	\$45	\$20
Spin Spiral Jump STAR 1 Level STAR 1-3 FreeSkate STAR 2/3 Elements STAR 2/3 Pattern Dance	\$60	\$30
STAR 1-3 TEAM Event	\$40 per team	/
ALL FEES TO BE E-TRANSFERRED TO: smokylakefsc@gmail.com *With Skater's name and level in memo* Please pay for team events in one payment from one person on the team (collect individual fees within the team before sending payment)		

4. **MUSIC:**

Please e-mail all music entries to smokylakefsc@gmail.com with MUSIC as the subject line

5. **SCHEDULE OF EVENT SCHEDULE:**

A schedule will be emailed out to the club representative.

6. **REFUND OF ENTRY FEES:** Entry fees shall be refunded only if the event is not held due to low enrollment or if the entry is withdrawn before the date of close. No refunds will be made after November 23, 2024.

7. **ACCIDENTS:** The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these events, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

8. **ON-LINE REGISTRATION:**

To register for the **PreCan and CanSkate Events including CanSkate Spin Spiral Jump**: please click on the link:

https://docs.google.com/forms/d/e/1FAIpQLScJGvUhoBMpfJe8EI3QK_icNyF_xO44lh3VFBRtux1Dm3IXoA/viewform?vc=0&c=0&w=1&flr=0

To register for the **STAR 1-3 Events including STAR Spin Spiral Jump**: please click on the link:

https://docs.google.com/forms/d/e/1FAIpQLSedmBwoQrczjOQo0o9XuHuOinGg_xwnjh493wTfnYVTod_a3g/viewform?vc=0&c=0&w=1&flr=0

To register for the **Star 1-3 Team Events**: please click on the link:

<https://docs.google.com/forms/d/e/1FAIpQLSfHKI28T20pKEQHkEtDVwX1Eyy9m9TQwfAixolkwxirkGJdnQ/viewform?vc=0&c=0&w=1&flr=0>

E-transfer of fees are to be sent at time of online registration

****Please include skaters full name and level in the Message of the e-transfer****

Team Event Fees-One payment per team: Fees will need to be sent in as a separate e-transfer
Team Member Names must be filled out on the google form at time of online registration.

9. **REGISTRATION on the DAY OF THE EVENT:** Skaters must be in their assigned dressing rooms 30 minutes before their event. Please check in at the registration desk a minimum of an hour prior to the start of your event.

10. **AWARDS:** Awards will be ongoing all day long. Everyone goes home a winner!

11. **PICTURES & VIDEOS:** Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters.

NOTE: You may only take pictures or videos of your own skater. No parents will be allowed in the player's box area.