



# ASSESSMENTS TABULATION GUIDANCE SHEET

Event: STAR 1 FREESKATE ELEMENTS Glrls/Boys		
Elements Performed	How to Tabulate Results	Notes:
STROKING EXERCISE	<b>GOLD:</b> At least four elements at the Gold level.	The Creative Expression Routine must be successful to achieve any performance award at the SILVER or BRONZE level.
WALTZ JUMP		
SALCHOW JUMP	<b>SILVER:</b> At least four elements at the Silver or Gold level.	
TOE LOOP JUMP		
FORWARD UPRIGHT SPIN	<b>BRONZE:</b> At least four elements at the Bronze or higher level.	
BACKWARD UPRIGHT SPIN		
SPIRAL EXERCISE		
CREATIVE EXPRESSION (30 second music provided)	Marked as Completed or Incomplete Only	

Event: STAR 2 FREESKATE PROGRAM Glrls/Boys		
Elements Performed	How to Tabulate Results	Notes:
WALTZ + TOE COMBO JUMP	<b>GOLD:</b> At least seven assessments at the Gold level, Skating Skills at least Silver.	skater includes more than 5 jump or 2 spin elements - additional elements will be marked as invalid
TOE LOOP JUMP		
SALCHOW JUMP		
LOOP JUMP	<b>SILVER:</b> At least seven assessments at the Silver level or higher, Skating Skills at least Silver.	required jump is repeated, the second element will be marked invalid
FLIP OR LUTZ JUMP		
BACKWARD UPRIGHT SPIN		
SIT SPIN OR CAMEL SPIN	<b>BRONZE:</b> At least seven assessments at the Bronze or higher, Skating Skills at least Bronze.	skater includes incorrect element - incorrect element will be marked invalid
3 TURN SEQUENCE		
FORWARD SPIRAL SEQUENCE		
PRESENTATION		
SKATING SKILLS		



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Event: STAR 3 FREESKATE PROGRAM Girls/Boys		
Elements Performed	How to Tabulate Results	Notes:
WALTZ or AXEL (Mandatory)	<b>GOLD:</b> At least seven assessments at the Gold level, Presentation and Skating Skills at least Silver.	skater includes more than 5 jump or 2 spin elements - additional elements will be marked as invalid
LOOP + LOOP (Mandatory)		
Jump 3		
Jump 4	<b>SILVER:</b> At least seven assessments at the Silver level or higher, Presentation and Skating Skills at least Silver	required jump is repeated, the second element will be marked invalid
Jump 5		
BACKWARD UPRIGHT SPIN		
COMBO SPIN	<b>BRONZE:</b> At least seven assessments at the Bronze or higher, Presentation & Skating Skills at least Bronze.	skater includes incorrect element - incorrect element will be marked invalid
FORWARD SPIRAL SEQUENCE		
PRESENTATION		
SKATING SKILLS		

Event: Star 2 & 3 Pattern Dance Partnered or Solo		
Elements Performed	How to Tabulate Results	Notes:
Focus Area 1, 2 & 3 marked as successful or unsuccessful	<b>GOLD:</b> 2 assessments at Gold, timing at least Silver. Focus Areas must be successful.	Automatic Bronze overall rating if 2 or more Focus Areas are unsuccessful.
TIMING	<b>SILVER:</b> 2 assessments at Silver or better, timing at least Bronze. Focus Areas must be successful.	
CARRIAGE		
TECHNIQUE	<b>BRONZE:</b> 2 assessments at bronze or better, timing Bronze.	

Event: Showcase and Creative Improv Level 1 & 2		
Elements Performed	How to Tabulate Results	Notes:
PRESENTATION	<b>GOLD:</b> All three criteria assessments at the Gold Level.	
SKATING SKILLS - 1 VARIETY AND CLARITY	<b>SILVER:</b> At least two criteria assessments at the Silver level or higher.	
SKATING SKILLS - 2 POWER & SPEED	<b>BRONZE:</b> At least two criteria assessments at the Bronze Level	



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Event: STAR 2 - ELEMENTS SOLO AND TEAM ELEMENTS		
Elements Performed	How to Tabulate Results	Notes:
LOOP JUMP	<b>GOLD:</b> At least two elements assessed at Gold. No element assessed below Silver.	Assessed to Standard of STAR 2
WALTZ+TOE LOOP		
BACKWARD UPRIGHT SPIN ( MINIMUM 3	<b>SILVER:</b> At least two elements assessed at the Silver level or Higher. No element assessed below Bronze.	Spirals must be unassisted.
FORWARD SPIRAL SEQUENCE	<b>BRONZE:</b> At least two criteria assessments at the Bronze or higher level.	

Event: STAR 3 - ELEMENTS SOLO AND TEAM ELEMENTS		
Elements Performed	How to Tabulate Results	Notes:
FLIP JUMP	<b>GOLD:</b> At least two elements assessed at Gold. No element assessed below Silver.	Assessed to Standard of STAR 3
LOOP+LOOP JUMP		
COMBINATION SPIN OR CHANGE COMBINATION SPIN	<b>SILVER:</b> At least two elements assessed at the Silver level or higher. No element assessed below Bronze.	Spirals must be unassisted.
FORWARD SPIRAL SEQUENCE	<b>BRONZE:</b> At least two criteria assessments at the Bronze or higher level.	