



**2024 Mountain Regional
Synchronized Skating Championships**

Welcome Synchro Teams,

On behalf of Skate AB | NT | NU, the Edmonton Synchronized SC and Northern Lites Synchronized SC, we are pleased to welcome you to the 2024 Mountain Regional Synchronized Skating Championships.

Facility

Leduc Recreation Centre
4330 Black Gold Drive, Leduc
Arena: Aspen Custom Trailers

Event Website Link

[Mountain Regionals Synchronized Championships - Skate Canada | AB NWT Nvt \(skateabnwtun.ca\)](https://www.skatecanada.ca/abnwt/2024-mountain-regional-synchronized-skating-championships)

Parking for Team Buses

Team Buses are to drop-off/pick-up teams on the east side of the facility. Teams can then enter through the main arena doors. Buses are not allowed to load/unload at the west side of the building. Buses can park in the east parking lot in the north or south corners.

General Parking

Families and friends attending the event may park in the west or east parking lot and enter through the west or east doors. The arena is on the west side of the building.

Registration

- Registration will open 1 hour before the first scheduled off ice warm-up each day. Note – Sunday the facility will open at 6:00am.
- Accreditation tags for team managers and chaperones will be in the club bags you receive at registration. There are no accreditation tags for skaters.
- To be environmentally friendly, please return accreditation tags at the end of the competition to the registration desk.
- Coaches are to sign in at the coach's registration desk to receive their accreditation tag.

Music Reminder

If your team's music has changed since you uploaded it with your registration, you must provide 2 CD copies or a USB at the registration desk when you register onsite.

If your music has not changed, then you must have a copy of your music (CD or USB) at the boards during practice and competition. Ensure the CD is properly labelled with team name and category and that a USB is in a Ziploc bag and properly labelled.

Practice Ice Sessions

For practice sessions, information will be provided onsite as to where coaches may stand for practice sessions.



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Dressing Rooms – male skaters

For those male skaters who wish to have a separate area to change, there will be a reserved stall in the men's washroom within the Aspen Custom Trailers rink.

Skater Injury/Illness Reminder

Coaches must notify the Technical Representative if your team is practicing or competing with fewer than your regular number of skaters (due to illness or injury) to avoid penalties to elements in your program(s). If a skater becomes ill or injured in the dressing room immediately prior to taking the ice, the coach must notify the Ice Level Referee.

Warm Up Areas

The assigned warm-up space is in Court C in the Leduc Recreation Centre. Use the assigned warm-up space for your teams as per the provided map. Warming-up is not allowed in the public areas of the facility. There will be signage to direct you. Music must be kept to a reasonable level, as the other courts are open to the public.

Team On/Off Locations

The on and off doors are detailed on the map provided.

Coaches, Team Managers, Chaperones – Accredited Access Reminders

The primary coach and one alternate (skater) may stand at the on-door area to the ice, and the team manager and other alternates may be in the off-door area (Kiss & Cry). Coaches, team managers and chaperones have access to the warm-up area. Chaperones do not have access to ice level/kiss & cry during practice and competition.

This will be monitored onsite. Please ensure your accredited coaches, team managers and chaperones understand where they have access.

Team Banners

Teams may hang/secure their banners within the Aspen Custom Trailers Arena. Please ensure when hanging banners that it does not cover any other signage or damage the walls/posts in the arena. If using tape, clear hockey tape is to be used.

Opening Ceremonies

Please join us for the Opening Ceremonies on Saturday, Jan 27 at 8:45am, just prior to the start of the competition. The Opening Ceremonies will take place on the ice.

Results/Start Orders/Team Detail Sheets

Results, start orders and team detail sheets will be posted on the Skate AB I N T I N U website event page and will be updated throughout the event. Star 4 team detail sheets will be provided at the registration desk after the completion of that category, as Star 4 detail sheets are not posted to the website.



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Medal Ceremonies – On Ice

- Team lineups for the medal ceremonies will be posted on the Skate AB I NT I NU website and will be posted in the dressing room hallway.
- Coaches are welcome to join their teams on the ice for the medal presentations, however medals will be presented to skaters only.
- Skaters receiving medals are to enter and exit the ice using the on and off doors as used for the competition.
- We encourage everyone to try and share the change rooms as much as possible to allow all teams to comfortably get on their skates. All skaters must wear their skates.
- It is up to the coach and team manager if they would like the skaters to be in club attire or their competition attire.

Qualifying Teams Advancing to Canada Cup

Questions about teams advancing to Canada Cup may be directed to Lisa Bonderove at the Section Office:
lisa@skateabnwtun.ca

Admission – cash only

There is no admission charge for Friday practices.

Saturday and Sunday: Adult Admission: \$5.00 per person. Children 6 and under: Free

Roses/Raffle/50/50

Roses for Sale: purchase 1 rose for \$5 or 3 roses for \$10.

Raffle: Tickets will be \$1 per ticket and the draw will be made on Saturday at 5:51pm during the flood/break. Tickets can be purchased at the raffle table onsite.

50/50: The 50/50 will be held online only. Opens January 19 at 8am, with a closing date of Jan 28.
Draw date: Sunday, Jan 28, announced at 11:15am flood.
Ticket prices: 1 for \$10, 3 for \$20, 10 for \$50, 25 for \$100

The 50/50 is open only to Alberta residents.

Link to purchase your 50/50 tickets: [Mountain Regionals 2024 50/50 Cash Raffle Fundraiser! | Rafflebox](#)

Official Photographer

Danielle Earl Photography will be taking photos throughout the event. Danielle won't have a table onsite, however she has created a pre-order link. **Link to Pre-Order:** <https://zenfolio.page.link/tsmzB>

Live Streaming & Video Purchases

The event is being live streamed on Daily Motion. You may purchase your team's skates by completing the online order form by Feb 2: [Order Form](#)

Photo Booth

A photo booth will be available for teams and families located in the arena lobby.