

Rose Bowl 2023

Saturday, December 16

Category	Team Name	Club	Dressing Room	Warm Up Area	Enter Warm Up	Exit Warm Up	Enter Dressing Room	On Ice	Leave Ice	Leave Dressing Room	
Adult III	Solstice Adult III	Calalta FSC	D	1	8:45 AM	9:05 AM	9:10 AM	9:30 AM	9:35 AM	9:55 AM	
Adult III	Edge	Regina Synchronized Skating Teams	B	2	8:50 AM	9:10 AM	9:15 AM	9:35 AM	9:41 AM	10:01 AM	
Juvenile	Icicles	Edmonton Synchronized SC	C	3	8:56 AM	9:16 AM	9:21 AM	9:41 AM	9:47 AM	10:07 AM	
Juvenile	Solstice Juvenile	Carstairs FSC	F	4	9:02 AM	9:22 AM	9:27 AM	9:47 AM	9:53 AM	10:13 AM	
Juvenile	Black Gold Juvenile	Calgary Synchronized SC	A	1	9:08 AM	9:28 AM	9:33 AM	9:53 AM	9:59 AM	10:19 AM	
Flood								9:59 AM	10:14 AM		
Adult I	Solstice Adult I	Calalta FSC	D	2	9:29 AM	9:49 AM	9:54 AM	10:14 AM	10:22 AM	10:42 AM	
Adult I	Black Gold Adult 1	Calgary Synchronized SC	B	3	9:37 AM	9:57 AM	10:02 AM	10:22 AM	10:30 AM	10:50 AM	
Pre-Novice	Solstice Pre Novice	Calalta FSC	C	4	9:45 AM	10:05 AM	10:10 AM	10:30 AM	10:37 AM	10:57 AM	
Pre-Novice	Lethbridge ice Angels	Lethbridge SC	F	1	9:52 AM	10:12 AM	10:17 AM	10:37 AM	10:44 AM	11:04 AM	
Pre-Novice	Northern Eclipse	AB Section	A	2	9:59 AM	10:19 AM	10:24 AM	10:44 AM	10:51 AM	11:11 AM	
Flood								10:51 AM	11:06 AM		
Adult II	Ice Edition	Gateway SC	D	3	10:21 AM	10:41 AM	10:46 AM	11:06 AM	11:13 AM	11:33 AM	
Adult II	Virtuoso	Regina Synchronized Skating Teams	B	4	10:28 AM	10:48 AM	10:53 AM	11:13 AM	11:21 AM	11:41 AM	
Adult II	Black Gold Adult 2	Calgary Synchronized SC	C	1	10:36 AM	10:56 AM	11:01 AM	11:21 AM	11:29 AM	11:49 AM	
Adult II	Northern Lites Adult 2	Northern Lites Synchronized Skating Club	F	2	10:44 AM	11:04 AM	11:09 AM	11:29 AM	11:36 AM	11:56 AM	
Novice	Solstice Novice	Calalta FSC	A	3	10:51 AM	11:11 AM	11:16 AM	11:36 AM	11:44 AM	12:04 PM	
Novice	Black Gold Novice	Calgary Synchronized SC	C	4	10:59 AM	11:19 AM	11:24 AM	11:44 AM	11:51 AM	12:11 PM	
Flood								11:51 AM	12:06 PM		
Senior Elite 12 Short	Black Gold Elite 12	Calgary Synchronized SC	D	1	11:21 AM	11:41 AM	11:46 AM	12:06 PM	12:12 PM	12:32 PM	
Junior Short	Solstice Junior	Calalta FSC	B	2	11:27 AM	11:47 AM	11:52 AM	12:12 PM	12:18 PM	12:38 PM	
Open	Saskatoon Silver Edges	Saskatoon FSC/Skate Saskatoon	F	3	11:33 AM	11:53 AM	11:58 AM	12:18 PM	12:27 PM	12:47 PM	
Open	Black Gold Open	Calgary Synchronized SC	A	4	11:42 AM	12:02 PM	12:07 PM	12:27 PM	12:36 PM	12:56 PM	
Flood								12:36 PM	12:51 PM		
Star 4 Team Elements	All teams		C	1	12:06 PM	12:26 PM	12:31 PM	12:51 PM	1:06 PM	1:26 PM	
Star 1 Team Elements	All teams		D	2	12:21 PM	12:41 PM	12:46 PM	1:06 PM	1:21 PM	1:41 PM	
Star 4	Black Gold Star 4	Calgary Synchronized SC	B	3	12:36 PM	12:56 PM	1:01 PM	1:21 PM	1:28 PM	1:48 PM	
Star 4	Lethbridge Ice Angels	Lethbridge SC	F	4	12:43 PM	1:03 PM	1:08 PM	1:28 PM	1:35 PM	1:55 PM	
Star 4	Ice Crystals	Edmonton Synchronized SC	A	1	12:50 PM	1:10 PM	1:15 PM	1:35 PM	1:41 PM	2:01 PM	
Special Olympics	Special Olympics	Special Olympics	C	2	12:56 PM	1:16 PM	1:21 PM	1:41 PM	2:01 PM	2:21 PM	
Flood	Flood and Awards for Star events								2:01 PM	2:16 PM	
Adult III			D	3	1:31 PM	1:51 PM	1:56 PM	2:16 PM	2:22 PM	2:42 PM	
Adult III			B	4	1:37 PM	1:57 PM	2:02 PM	2:22 PM	2:28 PM	2:48 PM	
Juvenile			F	1	1:43 PM	2:03 PM	2:08 PM	2:28 PM	2:34 PM	2:54 PM	
Juvenile			A	2	1:49 PM	2:09 PM	2:14 PM	2:34 PM	2:40 PM	3:00 PM	
Juvenile			C	3	1:55 PM	2:15 PM	2:20 PM	2:40 PM	2:46 PM	3:06 PM	
Flood								2:46 PM	3:01 PM		
Adult I			D	4	2:16 PM	2:36 PM	2:41 PM	3:01 PM	3:09 PM	3:29 PM	
Adult I			B	1	2:24 PM	2:44 PM	2:49 PM	3:09 PM	3:17 PM	3:37 PM	
Pre-Novice			F	2	2:32 PM	2:52 PM	2:57 PM	3:17 PM	3:24 PM	3:44 PM	
Pre-Novice			A	3	2:39 PM	2:59 PM	3:04 PM	3:24 PM	3:31 PM	3:51 PM	
Pre-Novice			C	4	2:46 PM	3:06 PM	3:11 PM	3:31 PM	3:38 PM	3:58 PM	
Flood								3:38 PM	3:53 PM		
Adult II			D	1	3:08 PM	3:28 PM	3:33 PM	3:53 PM	4:00 PM	4:20 PM	
Adult II			B	2	3:15 PM	3:35 PM	3:40 PM	4:00 PM	4:08 PM	4:28 PM	
Adult II			F	3	3:23 PM	3:43 PM	3:48 PM	4:08 PM	4:16 PM	4:36 PM	
Adult II			A	4	3:31 PM	3:51 PM	3:56 PM	4:16 PM	4:23 PM	4:43 PM	
Novice			C	1	3:38 PM	3:58 PM	4:03 PM	4:23 PM	4:31 PM	4:51 PM	
Novice			D	2	3:46 PM	4:06 PM	4:11 PM	4:31 PM	4:38 PM	4:58 PM	
Flood								4:38 PM	4:53 PM		
Senior Elite 12 Free	Black Gold Elite 12		B	2	4:08 PM	4:28 PM	4:33 PM	4:53 PM	5:03 PM	5:23 PM	
Open			F	3	4:18 PM	4:38 PM	4:43 PM	5:03 PM	5:12 PM	5:32 PM	
Open			A	4	4:27 PM	4:47 PM	4:52 PM	5:12 PM	5:21 PM	5:41 PM	
Junior Free	Solstice Junior		C	1	4:36 PM	4:56 PM	5:01 PM	5:21 PM	5:30 PM	5:50 PM	
Closing Ceremonies								5:30 PM			
END OF DAY											

Coaches must notify the Technical Representative if your team is practicing or competing with fewer than your regular number of skaters (due to illness or injury) to avoid penalties to elements in your program(s). If a skater becomes ill or injured in the dressing room immediately prior to taking the ice, the coach must notify the Ice Level Referee.