



Lloydminster Skating Club

CanSkate Fun Meet and Star 1-3 Event

Saturday January 20, 2024 9:00-5:00

Centennial Civic Center -5405 49 Ave, Lloydminster, SK

Skate Canada Sanction# 3172

The purpose of this event is to provide Star 1-3 skaters with the opportunity to showcase their skills in a fun and interactive environment. Skaters must have passed CanSkate Stage 6 but not have passed the complete Star 3 level.

The purpose of the CanSkate Element Event is to provide skaters with the opportunity to showcase their skills in a fun and interactive environment.

EVENT CHAIRPERSON

Name: Hilary Sehn

Email: lscinfo@lloydminsterskating.com

ARENA DETAILS

Name: Centennial Civic Center

Address: 5405 49 Avenue, Lloydminster, Sk

Phone Number: 780-205-3012

ENTRIES:

Entrants in Events shall be:

1. Eligible persons as defined in Skate Canada Rule Book Section 2100
2. Be Associate members in good standing of the Association.
3. Registration forms must be completed in Full or they may not be processed.
4. The Lloydminster Skating Club reserves the right to limit the number of skaters/entries.

All entries must be received with payment on or before Monday, January 8, 2024.

Registration link – [CanSkate Fun Meet](#)

[Star 1-3 Event](#)

General Information

Category Specifications

Results will be tabulated for each individual separately. Skaters do not compete against each other for a ranking since awards are based on performance standards alone.

1. CanSkate Events will not be assessed by accredited evaluators. Star Categories will have a qualified official.

2. Fees and Payment

Categories and Fees		
Event	Fee for FIRST event	Fee for ADDITIONAL Event
CanSkate Events	\$35	\$15
CanSkate Team Events	\$20 per team	
Star 1-3 Events	\$35	\$20
Star 1-3 Team event	\$20 per team	

Fees: All fees must be paid by Etransfer to: treasurer@lloydminsterskating.com only by the attending club. Please name the Club attending in the Message box.

3. Closing Date of Entries: All entries must be received by **Monday, January 8th, 2024**

4. ACCIDENTS:

The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these Events, all skaters and their parents or guardians shall agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the events. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

5. REFUND OF ENTRY FEES: Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries (Skate Canada Rule 7000-1.5(2)).

6. CANCELLATION OF EVENTS: The host club reserves the right to cancel events. The Lloydminster Skating Club reserves the right to limit the number of registrations due to time.

7. AWARDS: It is the responsibility of ALL skaters receiving a medal to wear their skates and skating attire for the medal presentation. Awards will be approximately 30 minutes following each event. Everyone goes home a winner!

8. PICTURES & VIDEOS: Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters. NOTE: You may only take pictures or videos of your own skater. No parents will be allowed in the player's box area.

CanSkate Category Specifications

Results are tabulated for each individual separately. Skaters do not compete against each other for a ranking since awards are based on performance standards alone.

Elements will be done in circuits from stages 1-4 and one at a time (in isolation) for stages 5-6.

Note: **Skills are integrated; if a skater has passed Stage 1 they would enter Stage 2.**

The participants execute elements according to their categories.

Four elements are performed in each category. The required elements are defined as follows:

• Pre-CanSkate Elements:

- Fall down & get up - forward steps - make snow - jump on the spot

• Stage 1 Elements:

- Snow slide steps - Forward push/glide sequence - 2-ft jump - Backward 2-ft skating/walking

• Stage 2 Elements:

- Fwd stop - Fwd 2-ft sculling - Fwd 2-ft turn (CW or CCW - skater's choice)- Bwd 2-ft sit glide

• Stage 3 Elements:

- Fwd circle thrusts (CW or CCW - skater's choice)

- Bwd 2-ft jump

- 2-ft quick turn fwd to bwd and bwd to fwd* (CW or CCW - skater's choice)

- Bwd 2-ft sculling

• Stage 4 Elements:

- Bwd circle thrusts (CW or CCW - skater's choice)
- Bwd 360° step turn (CW or CCW - skater's choice)
- 2-ft jump fwd to bwd and bwd to fwd* (CW or CCW - skater's choice)
- Fwd inside slalom

• Stage 5 Elements:

- Fwd 2-ft side stop (CW or CCW - skater's choice)
- Bwd push/glide sequence, full perimeter (CW or CCW - skater's choice)
- Fwd power jump
- Fwd crosscuts figure-8

• Stage 6 Elements:

- Fwd 1-ft side stop (L or R - skater's choice)
- Bwd perimeter skating with crosscuts (CW or CCW - determined by draw)
- Fwd 180° step turn (mohawk) (RFI-LBI or LFI-RBI - skater's choice)
- Fwd outside edges

• Stage 5 /6 Spin Spiral Jump:

-This is a one minute program to be skated on 1/2 of the ice surface. Program must include ONLY 1 forward upright spin, ONLY 1 spiral (skater's choice) and ONLY 1 jump (waltz jump or toe loop). These elements can be in any order. A beginning and ending pose as well as connecting steps may be included. Skaters must be working on Stage 5 and 6. No music.

• Stage 5 /6 Creative Improv:

- Skaters will hear a selected piece of music twice in warm up. They will perform a creative routine on the ice to the music selection. Program length should not exceed 1 minute. Skaters must be working on Stage 5 or 6.

• CanSkate Team Event:

Teams can be made up of 2-4 team members. Each member will perform one (or two) element in isolation.

CanSkate Team A (Stage 1 /2)

-snow slide steps -forward 2ft jump -forward 2ft sculling -2ft glide

CanSkate Team B (Stage 3 /4)

-forward circle thrusts -backward 2ft sculling -backward circle thrusts -forward inside slalom

CanSkate Team C (Stage 5 /6)

-two-foot side stop -forward figure 8 crosscuts -forward 1ft side stop -forward outside edge

Star 1-3 Events

Category Specifications

Results are tabulated for each individual separately. Skaters do not compete against each other for a ranking since awards are based on performance standards alone.

Skaters will perform all 4 elements in each event.

Jump Event Option A:

- Waltz Jump
- Salchow
- Toe Loop
- Waltz Jump/Toe Loop Combination

Jump Event Option B:

- Salchow
- Loop Jump
- Flip Jump
- Loop/Loop Combination

Spin Event Option A:

- 2ft forward upright spin
- 1ft forward upright spin
- Back spin
- Sit spin or camel spin

Spin Option B:

- Back Spin
- Sit Spin
- Camel Spin
- 1 ft upright spin/back spin combo

Star 1-3 Freeskate

Skaters must have passed Stage 6 CanSkate but not have passed Star level 3. Will be performed on full ice. Music can be brought that day on a smart device. Please supply the applicable cord

Star 1 Freeskate Elements: (performed individually)

- | | |
|---------------------|-------------------------------|
| • Stroking Exercise | • Forward Upright Spin |
| • Waltz Jump | • Backward Upright Spin |
| • Salchow | • Spiral Circle |
| • Toe Loop | • Creative Expression Routine |

Star 2 Freeskate Program Event:

(please bring music on smart device and supply applicable cord)

Skaters will perform their trained Star 2 Program with their music and be assessed on the following criteria:

- | | |
|------------------------|---------------------------|
| • Jumps in the Program | • Spins in the Program |
| • Turn Sequence | • Spiral Sequence |
| • Skating Skills | • Performance & Execution |

Star 3 Freeskate Program Event:

(please bring music on smart device and supply applicable cord)

Skaters will perform their trained Star 3 Program with their music and be assessed on the following criteria:

- | | |
|------------------------|---------------------------|
| • Jumps in the Program | • Skating Skills |
| • Spins in the Program | • Performance & Execution |
| • Spiral Sequence | • Interpretation |

Bonus Team Events:

Each team will consist of 2-4 team members. Each member will perform 1-2 elements in isolation.

Option A:

- any upright spin
- spiral
- waltz jump
- crosscuts (skaters choice of direction)

Option B:

- Back spin
- Toe Loop
- Loop Jump
- One spiral on each foot in sequence (with a maximum of 4 steps in between)

Need more info: lscinfo@lloydminsterskating.com

Registration link – [CanSkate Fun Meet](#)

[Star 1-3 Event](#)