

**Star Series #3,  
Alberta North Arctic Winter Games Run-Offs,  
& Synchro Star 3 &4**



**January 19-21, 2024**

**Design Works Centre  
6 Knowledge Way  
Grande Prairie, AB**



**AB|NT|NU**

**Sanction # 3146**

## STAR SERIES #3

**Competition Name:** Star Series #3/Alberta North Arctic Winter Games Run-Offs, Synchro Star 3 &4

**Competition Dates:** January 19-21, 2024

**Host Club:** Grande Prairie Skating Club

### Competition Chair

NAME Yvonne Oakford & Tara Elliott  
EMAIL / PHONE NUMBER [comp@gpskate.com](mailto:comp@gpskate.com) 780-897-4643

### Registration Contact

NAME Central Online Registration  
EMAIL / PHONE NUMBER [skateabreg@gmail.com](mailto:skateabreg@gmail.com)

### Technical Representatives

NAME/EMAIL Joanne Giesinger - [andallthatjazz@shaw.ca](mailto:andallthatjazz@shaw.ca)  
NAME/EMAIL Deborah Lyon - [lyononice@shaw.ca](mailto:lyononice@shaw.ca)

**Competition Website:** [www.skateabnwtun.ca](http://www.skateabnwtun.ca)

### Arena Details

Name: Design Works Centre  
Address: 6 Knowledge Way, Grande Prairie, AB  
Ice Surface Dimensions: 200' x 85'

**Registration Times:** Registration begins 1 hour before the 1<sup>st</sup> category of each day.

**On-site Registration:** Skaters must register at least one hour prior to the start of their scheduled category or practice. Skaters must report to the Ice Captain one hour prior to their scheduled category.

### Accommodation Information

Hotel: Pomeroy Hotel & Conference Centre  
Address: 11633 – 100 Street, Grande Prairie, AB  
Phone: 780-532-5221  
Room Rate: \$139 plus taxes – 2 queen beds (breakfast included)

Hotel: Four Points by Sheraton Grande Prairie  
Address: 6702 – 106 Street, Grande Prairie, AB  
Phone: 587-771-1300  
Room Rate: \$144 plus taxes – standard king (breakfast included)  
\$159 plus taxes – deluxe king or deluxe queen (king or 2 queens and sofa bed) (breakfast included)

The competition is being held under the current rules of the Skate Canada Rulebook. The nature of the competition is defined in the Skate Canada Rule Book > Competitions. The Association reserves the right to alter the overall procedures to be followed during any part of the competition, if such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.

**CATEGORIES:** The following categories are offered.

**Star Freeskate:**

Star 4: U10, U13, 13 & Over  
 Star 5: U10, U13, 13 & Over  
 Star 6  
 Star 8  
 Star 10  
 Gold Freeskate

**Star Short Program:**

Star 7  
 Star 9

**Artistic:**

Star 5 Artistic  
 Star 7 Artistic  
 Star 9 Artistic  
 Gold Artistic

**Team Element Events:**

Star 4  
 Star 5  
 Star 6  
 Star 7/8  
 Star 9/10  
 Gold  
 Open

**Synchronized Skating:**

Star 3  
 Star 4

**Adult Freeskate:**

Adult Intro Open Freeskate  
 Adult Bronze Freeskate  
 Adult Silver Freeskate  
 Adult Gold Freeskate  
 Adult Masters Freeskate  
 Adult Masters Elite Freeskate

**Adult Artistic:**

Adult Intro Artistic  
 Adult Bronze Artistic  
 Adult Silver Artistic  
 Adult Gold Artistic  
 Adult Elite Artistic

**Special Olympics Freeskate:**

Special Olympics Level 1 Freeskate  
 Special Olympics Level 2 Freeskate  
 Special Olympics Level 3 Freeskate  
 Special Olympics Level 4 Freeskate  
 Special Olympics Level 5 Freeskate  
 Special Olympics Level 6 Freeskate  
 Special Olympics Open Freeskate  
 Special Olympics Masters Level 1/2 Freeskate  
 Special Olympics Masters Level 3/4 Freeskate

**Alberta North Arctic Winter Games Run-Offs:**

Level 1 Women Freeskate  
 Level 2 Women Freeskate  
 Level 3 Women Freeskate  
 Level 4 Women Freeskate

**ALL CATEGORIES MUST FOLLOW THE SKATE CANADA 2023-2024 WELL BALANCED PROGRAM CRITERIA AS POSTED ON THE SKATE CANADA INFO CENTRE AT [www.info.skatecanada.ca](http://www.info.skatecanada.ca).**

**Star:** [2023-2024 STAR Competition Program Requirements](#)

**Adult:** [2023-2024 Adult Competition Program Requirements](#)

**Technical Requirements:** [2023-2024 Technical Requirements Guide](#)

[Arctic Winter Games Technical Package](#)

## REGISTRATION FEES & ENTRY ELIGIBILITY

ENTRY FEES		
Events Offered	Fees	Multiple Event Discount
Star 4 – 10, Gold Freeskate	\$135 per skater	\$25 discount for additional events a competitor registers in (does not apply to team element event)
Star 5 – Gold Artistic	\$135 per skater	
Adult Artistic	\$135 per skater	
Adult Freeskate	\$135 per skater	
Alberta North Arctic Winter Games Run-Offs Level 1-4	\$135 per skater	
Women Freeskate	\$135 per skater	
Special Olympics Freeskate	\$135 per skater	
Synchronized Skating Star 3 & 4	\$265 per team + \$35 per skater	
Team Element Events	\$120 per team	
<b>Note:</b> \$5 from every entry fee is paid to the Section to help support the programs and services the Section provides.		

**\*Skaters entering multiple categories do so with the understanding that there may be conflicts that cannot be resolved.**

**ENTRIES:** Entrants in Events shall be:

- a) Eligible persons as defined in Skate Canada Rule Book > Competitions > 2.1
- b) Be Skate Canada registrants in good standing
- c) Be eligible as per the Sectionals/StarSkate Crossover Chart. Chart is available on the AB I N T I N U website under Technical Information. Skaters that have registered for Sectionals must review the eligibility chart prior to potentially registering for any Star competitions, as there are restrictions.
- d) **PROOF OF AGE:** For all categories, age shall be the age of the skater before **July 1, 2023**. You do not have to submit your proof of age document when registering. Please bring the skater's birth certificate to the competition so that it may be produced upon request. If you cannot produce proof of age when requested, the skater may be withdrawn from the event. It is your responsibility to ensure the skater is entered in the correct category according to Skate Canada's age and assessment requirements.

### **NEW Star Series Restriction of Entries:**

- a) Skaters may enter a maximum of two (2) competitions choosing from the Star Series competitions and Combined Winter Invitational. The Spring Combined Invitational (Sunsational) and Summer Combined Invitational (Wild Rose) are not included in the restricted number of competitions requirement. Skaters may enter the Spring and Summer Combined Invitationals with no restrictions and as space permits.
- b) Skaters that have registered and skated in the Star Series #1 (Calgary area) will not be allowed to register for STAR Series #2 (Edmonton area) or vice versa. If a skater registers for the Star Series #1 and then withdraws, they are eligible to register for Star Series #2, as per the applicable registration deadlines.

**REGISTRATION RULES: (\*new process for 2023-2024 season)**

- a) [\\*Click here to view the Star Series Competition Zone Listing](#)
- b) \*For skaters with a home club located in Zone 3 as per the Star Series Competition Zone Listing, you have the first opportunity to register for the Star Series 3 event until November 21. Registering by November 21 gives skaters in Zone 3 the best opportunity to enter the event. As of November 22, the registration opens to all AB/NT/NU, and out of Section skaters.
- c) \*If the skater is registering in the Arctic Winter Games categories, they have first opportunity to register in the Arctic Games Categories and will have to wait until November 21 to register in another category if they are not in the Star Series Competition Zone 3.
- d) \*If a skater outside of the home Star Series Competition Zone registers for a Star category prior to **November 21, 2023**, their registration will be refunded less than the \$10 administration fee. The skater would then be required to register again as of **November 22, 2023**.

**Waitlist:** in the event that registration is filled, skaters will be able to add their names to the waitlist. If a spot becomes available, skaters will have 24 hours to register.

[\\* Click Here to review the StarSkate & Adult Championships Qualifying Process](#)

**REGISTRATION DEADLINE DATES**

**Register by November 21, 2023, for skaters meeting the following criteria:**

- Skaters in Competition Zone 3 as per the Star Series Competition Zone Listing
- Skaters for Alberta North Arctic Winter Games Run-offs categories

**Registration then opens on November 22, 2023, to all AB/NT/NU and out of Section skaters, if space permits.**

**Closing Date of Entries for all Skaters – December 5, 2023, at noon (12pm) MT.**

**CLOSING DATE OF ENTRIES: December 5, 2023, at 12:00pm (noon) MT**

All entries must be received no later than **December 5, 2023, 12:00pm (noon) MT**. It is the responsibility of the competitor to ensure that their entry is submitted by the closing date. All assessment requirements must be passed by the closing date of entries. Registration will close once the capacity for the event schedule has been reached and this may happen before the registration deadline date.

**LATE REGISTRATION ENTRIES: December 8, 2023, at 12:00pm (noon) MT**

Late entries may be accepted at the discretion of the Technical Representative and if space permits in the event. Entries accepted after the registration deadline date will be charged a late entry fee of \$100 per entry or 50% of the entry fee, per entry (whichever is greater). No entries will be accepted after the late entry registration deadline.

**REFUND OF ENTRY FEES:**

Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries. There will be a \$10.00 administration fee applied to all withdrawal refunds. After the closing date of entries there will be no refunds given for any reason, including medical pulls. No exceptions.

## HOW TO REGISTER

- All registrations must be completed using the Uplifter online registration form.
- Refer to the [How to Register](#) link on the Skate AB/NT/NU registration site for detailed instructions.
- **IMPORTANT: Review your skater's profile in Uplifter and Skate Canada National Members Only prior to registering for each event to ensure the skaters information is correct, especially the spelling of their names. It is mandatory to enter the skaters Skate Canada number when registering for a competition through Uplifter.**
- All payments must be paid online using a credit card at the time of registration.
- Planned programs must be submitted through Uplifter. See "How to Submit a Planned Program" link on the registration page for assistance in completing your planned program content sheet.

**REGISTER HERE:** <https://skateabnwtun.uplifterinc.com/>

### **REGISTRATION CHANGE DEADLINE: December 15, 2023**

After the registration deadline date, changes to entries will only be made by the Technical Representative. Confirm which event to register in with your coach before submitting your registration. No changes will be made after **December 15, 2023**. Registration changes must be submitted by using the online form available on the event page of the website.

### **NEW for 2023-2024 Season - REGISTRATION CHANGE FEE:**

For any changes that are required to be made to a skater's registration, there will be a \$25 Registration Change Fee applied to all registration changes.

## PLANNED PROGRAMS – HOW TO SUBMIT & DEADLINE

**Deadline to submit planned programs: January 10, 2024, at 12:00pm (noon) MT.**

**SUBMIT PLANNED PROGRAMS HERE:** <https://skateabnwtun.uplifterinc.com/>

Planned Program must be submitted by **January 10, 2024**, at 12:00pm (noon) MT.

**Fee Increase for 2023-2024 Season for not submitting planned program:** There will be a \$25 fee per entry for failing to submit Planned Program(s) by January 10, 2024, at 12:00pm (noon) MT. Planned Program Sheets will NOT be accepted on site.

### **How to submit planned programs:**

- Planned programs must be submitted once per season via Uplifter.
- The first event of the 2023-2024 season is the 2023 Wild Rose Invitational. If the skater did not compete at Wild Rose, or any subsequent event, then the planned program must be submitted for Star Series 3.
- Skaters may edit or re-submit their planned program in Uplifter if changes are made throughout the 2023-2024 season.
- Planned program sheets will NOT be transferred between categories. Ensure you have submitted a planned program for each category you have entered (ie: Juvenile and STAR 6 require different planned program submissions).

### **Planned Program are required for:**

- Star Short Programs and Star 5 & higher Freeskates
- Star Artistics
- Adult Freeskates
- Arctic Winter Games Run-off Level 1-4 Freeskate

## MUSIC REGISTRATION

- Online music registration will require each skater or team to submit an mp3 file of their program music and the music time online at the time of their registration.
- Music files will not be kept so skaters and teams will be required to submit their music for each individual competition.
- **NEW – USB memory sticks now accepted as music back-up.** Each skater or team will be required to carry a copy of their music on CD or USB memory stick and have it available at rink side as backup. A memory stick may contain all programs the skater is competing in for the competition, however, the programs on the memory stick must be properly labelled to ensure the correct music is played. For example: Jane Doe, Novice Short Program
- For the CD backup, one music file is permitted on each CD.
- **NEW** USB's must be provided in a Ziploc bag and labelled with the skater's name and category.

### **Deadline to submit changes for your music after submission: January 10, 2024**

If there have been changes to the music after submission during the online registration, the updated music file must be uploaded by **January 10, 2024**. New music can be uploaded through your Uplifter account.

Information regarding the requirements and standards for music are listed in the Skate AB/NT/NU Technical Package as posted on the Section's website: [www.skateabnwtun.ca](http://www.skateabnwtun.ca). Competitors are responsible for the recovery of their own music at the completion of the event.

## COMPETITION CONTACTS

For inquiries relating to competition registration including:

- Access to the Uplifter form
- Confirmation of registration and payment
- Corrections to registration submissions

**Central Registration:** [skateabreg@gmail.com](mailto:skateabreg@gmail.com)

For inquiries relating to competition information including:

- Technical information
- Competition schedule

**Technical Representatives:** Joanne Giesinger - [andallthatjazz@shaw.ca](mailto:andallthatjazz@shaw.ca)  
Deborah Lyon - [lyononice@shaw.ca](mailto:lyononice@shaw.ca)

For inquiries relating to venue logistics:

**Competition Chair:** Yvonne Oakford & Tara Elliott - [comp@gpskate.com](mailto:comp@gpskate.com)

**Withdraw Form:** withdraws before and after the registration deadline date are to be submitted using the online form: <https://skateabregistration.wufoo.com/forms/withdrawal-form-2023-star-series-3/>

## STAR SERIES DETAILS AND INFORMATION

1. **SKATING UP:** Skating up one level is permitted; however, skaters are permitted to enter only one level per category (i.e.: one freeskate event). **NEW for 2023-2024 Season - skaters can move up a category, but not down. Skaters would declare their category at the first competition being Star Series 1 and the last event being StarSkate & Adult Championships.**

**Note: This does not apply to Alberta Winter Games categories (run-offs & Games), Star 7 & 9 categories, or Arctic Winter Games run-off categories.**

2. **PRACTICE ICE:** Practice ice will not be offered.
3. **COACH ACCREDITATION:** All coaches must be minimally NCCP Regional Coach In Training and carry proof of current membership within the Association and a valid First Aid certificate. Coaches will be required to register at the registration desk. Coaches must wear their event specific accreditation tag to access change rooms and event arena(s). If your name does not appear on the coaches list for the event, coaches must be prepared to show proof of in good standing status prior to receiving accreditation.

All coaches attending a competition in the Skate AB | NT | NU Section will be required to purchase an accreditation tag holder and lanyard. This accreditation tag will be valid for the duration of the 2023-2024 season. The tag holder can be purchased on the Section website and must be purchased prior to attending a competition.

A maximum of (2) two coaches will be allowed at ice level as determined by the skater/team.

4. **SCHEDULE OF PRACTICE TIMES AND EVENT SCHEDULE:** A schedule will be posted on the Skate AB/NT/NU website [www.skateabnwtun.ca](http://www.skateabnwtun.ca).
5. **START ORDERS/RESULTS/DETAIL SHEETS:** The start order/results and detail sheets will be posted on the Skate AB/NT/NU website. Results and details sheets will NOT be provided on-site at the event, except for Star 4 detail sheets. The Star 4 detail sheets will be provided onsite and handed out at the registration desk.
6. **FLIGHT SYSTEM:** If the number of competitors in a category warrants it, a flight system will be used.
7. **EVENT SPECIFICATIONS:** Each category offered at the competition will be held for men and women separately. It is permissible for events that do not progress skaters on to a subsequent level of Interclub competition to combine events as follows:
  - (a) Combine two or more categories in the same event when each category has fewer than three entries.
  - (b) Combine two or more categories in the same event when one category has insufficient entries to hold the event; The decision to combine categories is at the discretion of the Technical Representative with the input of the Host Committee. Categories may be combined, due to low entries for either age categories (ie: U10, U13, 130) or combined men/women events.
8. **CANCELLATION OF CATEGORIES:** The host club reserves the right to cancel categories in coordination with the Tech Rep.
9. **MARKING SYSTEM:** Star will be judged as per the Star Event Management Guide. Synchronized Skating Assess to Standard will be judged as per the Synchronized Skating Learn to Train Event Management Guide. All events will be judged using the CPC marking system.
10. **DRAWS:** As per Skate Canada Competitions rule 3.2, the random draw will be used for subsequent starting order draws (where applicable).



11. **WARM UP TIMES:** Skate Canada has standardized warm up times for all events. Refer to the Skate AB/NT/NU Technical Package as posted on the [website](#) for all warmup times.
12. **MEDAL PRESENTATIONS:** Medals will be presented at the competition. It is the responsibility of any skater or team receiving a medal to wear their skates and skating attire for the medal presentation.
13. **PROTEST POLICY:** Skate Canada Protest Policy for competitions using CPC will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following days competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative or Chief Referee. **Protests are to be submitted through the online form provided on the Skate AB I NT I NU website.**
14. **CLARIFICATIONS:** clarifications regarding a skater's report card may be submitted using the online form provided on the Skate AB I NT I NU website.
15. **LEADING EDGE SERIES:** The Leading Edge Series for the 2023-2024 season has been suspended to allow Skate AB/NT/NU to continue to review the changes made to the competition structure.
16. **SPECTATORS/PARENTS:** Spectators are permitted. In the event of any restrictions being implemented by the facility, those would be adhered to.
17. **ACCIDENTS:** The Association and Committee of the Host Club take no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this event, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.
18. **PICTURES & VIDEOS:** Persons wishing to take photographs of on-ice performances are reminded that use of flash cameras is not permitted. The use of video cameras must be restricted to areas that do not hamper the skaters or officials. **NOTE:** You may only take pictures or videos of your own skater.
19. **LIVE STREAMING/PHOTOGRAPHY**  
The event may be photographed and/or live streamed. By virtue of your registration for the competition, you are consenting to being included in the live streaming/photography of this event that will help to train others and to promote skating in Canada. You release Skate AB I NT I NU, its officers, and employees, and each and all persons involved from any liability connected with the video & audio recordings. By attending and competing at the competition, you waive any right to inspect or approve any video or audio recordings taken by Skate AB I NT I NU.

All video recordings will be archived and posted to the Skate AB I NT I NU Daily Motion website. If you do not wish to have your skate photographed or live streamed, inform the Competition Chair of the event. We cannot guarantee that you will not be photographed or live streamed, but we will do our best to accommodate the request.