



CanSkate Coach and Program Assistant Motivational Workshops

Stettler – August 27, 2023

Glencoe Club (Calgary) – September 10, 2023

Ardrossan – September 16, 2023

The CanSkate Program has the **best** curriculum, the **best** coaches, the **best** start for skaters and the **best** results. Now, let's have the **best** Program Assistants. These workshops, led by CanSkate Resource Team Members, Leona Boyle and Tammy Greidanus will review CanSkate philosophy, skills, circuits, warm-ups, group activities and will give ideas to help refresh your CanSkate programs.

Using the CanSkate delivery standards, CanSkate can be tailored to meet the specific needs of every Skate Canada club regardless of size, location, availability of coaches and the number of skaters.

Purpose: to offer motivation and encouragement to all Program Assistants. The workshop is designed to enhance the Program Assistant Training completed at the Club level.

Highlights: leadership, skill building, communication, motivation, role modeling, many ideas to make the program fun.

On-Ice Activities: 2 hours on ice (ways to be the best PA)

Registration Link - <https://skatecanada.wufoo.com/forms/2023-canskate-coach-and-pa-workshops/>

Please check Registration form for workshop deadline dates.

Registration Fee: \$60.00 (recommended minimum age – 12 years old)

Please contact Colleen Yavis at coaching@skateabnwtun.ca for any questions.

