



AB | NT | NU

2022-2023

General Technical Package

2022- 2023 Competitions Offered by Category and Location

Championships:

- Sectional Championships - Edmonton
- STARSkate and Adult Championships – Edmonton
- Mountain Regional Synchronized Skating Championships – BC /YK Section

Competitive Invitational:

- Fall Invitational – Airdrie

Combined Invitationals:

- Combined Summer Invitational –Leduc
- Combined Winter Invitational – Calgary
- Combined Spring Invitational – Edmonton

StarSkate Invitationals:

- Calgary Region – Calgary
- Edmonton Region – St. Albert
- NE/NW Region – Cold Lake
- Peace Region – Grande Prairie
- Central Region – Red Deer
- NWT Region – Hay River
- South Region - Lethbridge

Synchronized Skating Invitationals:

- Rose Bowl – Calgary
- Ice Fest – Carstairs

Categories Offered at Skate Canada: AB/NT/NU Competitions

All Skate Canada: AB/NT/NU Event Announcements shall take precedence to the information in this document.

StarSkate Invitationals	Combined Invitationals (StarSkate/Competitive) and Competitive Invitationals
<p>Standard Categories:</p> <ul style="list-style-type: none"> - Star 2– 10 & Gold Freeskate* - Pre-Juvenile Women U13 - Adult Freeskate - Special Olympics Singles Level 1-6 and Dance Level 1-6 - Star 5 to Gold Artistic - Adult Artistic <p>*For the 2022-2023 Season, Star 1 will not be available at the StarSkate Invitationals.</p> <p>Optional Categories: (at the discretion of the Technical Representative with the input of the host committee)</p> <ul style="list-style-type: none"> - Star 2 – Open Team Events - Star 2 – Gold Elements (NWT and Nunavut Only) - StarSkate Pairs and Dance categories may be offered at select StarSkate Invitationals <p>**Star 3 & STAR 4 Synchronized Skating categories may be offered at NE/NW, Central and South Region StarSkate Invitationals for the 2022-2023 Season</p>	<ul style="list-style-type: none"> - Pre-Juvenile – Senior Competitive Singles* - Pre-Juvenile – Senior Competitive Dance** - Juvenile – Senior Competitive Pairs ** - Star 4 - 10 & Gold Freeskate <p>*Pre-Juvenile Women U13 category is offered at STARSkate Invitationals, STARSkate Championships and Combined Invitationals.</p> <p>**Pair and Dance categories will be offered at select Combined Invitationals (TBA)</p> <p>Note: For Competitive events prior to Sectionals (ie: Fall Invitational), competitive categories will be combined (short and free programs are a combined category). For events after Sectionals (ie: Winter Invitational & Spring Invitational), competitive categories will not be combined (separate short and free program categories).</p>
Synchronized Skating	StarSkate & Adult Championships
<ul style="list-style-type: none"> - STAR 3 Elements - STAR 4 - Juvenile (Star 6) - Pre-Novice (Star 8) - Intermediate (Gold) - Open, Novice, Junior, Senior - Adult Sys Class I, II, III 	<ul style="list-style-type: none"> - Star 4 – 10 & Gold Freeskate - Pre-Juvenile Women U13 Freeskate - Star 5 – Gold Artistic - Adult Freeskate - Young adult, Classes I, II, III, IV - Adult Artistic - Special Olympics Singles Level 1-6 and Dance Level 1-6 <p>StarSkate Pairs and Dance categories may be offered if it is determined there is a need from Athlete Development and the Competitions Committee</p>

Eligibility to Compete

Competitive Events – Skaters Age as of July 1, 2022:

Pre-Juvenile – Singles U11, U13 / Pair U15 / Dance U14
Juvenile – Singles U12, U14 / Pair U16 / Dance U17
Pre-Novice – Singles U16 / Pair U18 / Dance U18
Novice – Singles U17 / Pair No Age / Dance U19 Women /U21 Men
Junior – Singles U19 / Pair No Age / Dance U19 Women /U21 Men
Senior – Singles No Age / Pair No Age / Dance No Age

StarSkate Events – Skaters Age as of July 1, 2022:

Star 2 – No Age (may be grouped according to age)
Star 3 – No Age (may be grouped according to age)
Star 4 – U10 / U13 / 13&O
Star 5 – U10 / U13 / 13&O
Pre-Juvenile U13 Women – U13
Star 6 – No Age (may be grouped according to age)
Star 7 – No Age (may be grouped according to age)
Star 8 – No Age (may be grouped according to age)
Star 9 – No Age (may be grouped according to age)
Star 10 – No Age (may be grouped according to age)
Gold – No Age (may be grouped according to age)

Synchronized Skating Events – Skaters Age as of July 1, 2022

Star 3 Elements - At least 75% of skaters must not have reached the age of 12
Star 4 - Age grouping may be used only if numbers warrant. Option 1: No age restriction. Option 2: At least 75% of skaters must not have reached the age of 12 as of July 1st preceding the competition. (U12). Option 3: at least 75% of skaters must have reached the age of 12 as of July 1st preceding the competition. (O12)
Juvenile (Star 6) – Must not have reached the age of 15, at least 75% must not have reached the age of 13
Pre-Novice (Star 8) – Must not have reached the age of 18
Intermediate (Gold) - Must not have reached the age of 19
Open - Must have reached the age of 15
Novice - Must have reached the age of 10 but must not have reached the age of 15
Junior - Must have reached the age of 13 but must not have reached the age of 19
Senior - Must have reached the age of 15 Senior Elite – Must have reached the age of 15
Adult SYS Class I - Must have reached the age of 18
Adult SYS Class II - Must have reached the age of 18, at least 75% must have reached the age of 25
Adult SYS Class III - Must have reached the age of 18, at least 75% must have reached the age of 35

[2022-2023 Synchronized Skating Categories and Ages Revised \(posted by Skate Canada April 28, 2022\)](#)

Competitive Skaters and StarSkate Competition Event Eligibility

Crossover Chart

For skaters registered for the 2023 Skate Canada: Alberta-NWT/Nunavut Sectional Championships (event takes place Oct 27-30, 2022), the crossover chart illustrates the categories a skater is permitted to register for at the 2023 Skate Canada: Alberta-NWT/Nunavut StarSkate & Adult Championships and the 2022-2023 Season StarSkate Invationals. To view the chart, visit the Section website > [Technical Information](#).

Registration Details

1. Proof of age may be required to register for events with age restrictions. Competitors in age restricted categories may be required to show proof of age at a competition and should have proof of age with them at each competition.
2. Any skater entered in an age-restricted category, for which they are not qualified, shall be disqualified. The skater will not be permitted to change categories after the designated change cut-off date as indicated in the announcement. Entry fees shall not be refunded after the registration deadline.
3. Registration deadlines shall be set by the host committee and the Technical Representative. Late entries may be accepted at the discretion of the technical representative in consultation with the host competition chair. Late entries, if accepted, will be charged a \$100 late entry fee per entry, or 50% of the entry fee (whichever is greater). The allowance of late entries, and the deadline for late entries if allowed, will be indicated in the announcement.

Warm-Up Times

The following warm-up times are standardized by Skate Canada:

All warm-ups will be according to Skate Canada Guidelines: [Rules of Sport > Competitions > 3.9. Warm-Up](#)

Music Requirements

1. Music Registration

- a. Online music registration will be required for Section Championship events, synchronized skating events, and competitive combined invationals. Each skater or team shall submit an mp3 file of their program online with their registration and the music time.
- b. Music files will not be kept. Skaters and teams will be required to submit their music for each individual competition.***
- c. For events not submitting music electronically: Each skater or team will be required to submit a copy of their music on CD when registering onsite as a backup. If there have been changes to the music submitted during registration, 2 CD's must be provided at onsite registration and the registration personnel notified that there is a change. Skaters will not be permitted to register onsite if a CD is not provided.
- d. Events submitting music electronically with registration: music will not be collected at registration; however, skaters are required to bring their music rink side when they are

competing.

- e. **Backup music on personal electronic devices or USB Sticks will not be accepted**

2. Labeling

Skaters or Team's first and last name(s), category name, total music time (not skating time) and home club shall be clearly printed:

- Identify the CD by writing on the front of the CD using a permanent marker.
- DO NOT write on the recorded side of CD
- Label the back of the CD case. Do not apply stick on labels to the CD.

3. Recording Specifications

- The only format for online upload of music will be mp3.
- Only one program (using one track only) shall be recorded on each CD.
- Music shall be recorded on the CD not less than .25 second and not more than .5 second after the play button is pressed on the CD player.

Freeskate Assessments at Competitions

Skaters may apply to take Star 6 – Gold Freeskate program assessment in competition where it is offered by the organizing committee. Assessments will depend on availability of a qualified evaluator and will be granted on an application basis.

The following chart indicates the applicable competition categories that a skater may attempt a Star Program assessment during competition. Skaters must enter the appropriate competition Category for assessment.

Star Assessment	Competition Category for Assessment
Star 6 Program	Star 6 Freeskate, Pre-Juvenile Singles Free Program, Juvenile Singles Free Program
Star 7 Program	Star 7 Freeskate
Star 8 Program	Star 8 Freeskate
Star 9 Program	Star 9 Freeskate, Pre-Novice Singles Short Program, Novice Singles Short Program
Star 10 Program	Star 10 Freeskate
Gold Program	Gold Freeskate, Novice Singles Free Program

The following age categories apply to Singles Free Skating and Artistic Events:

Young Adult	18 to 24 years
Class I	25 to 35 years
Class II	36 to 45 years
Class III	46 to 55 years
Class IV	56 years and older

Note that successive age categories may be combined if numbers warrant. Skaters must be notified prior to the competition if age categories are being combined.