



2023 Canada Winter Games Figure Skating Technical Package



Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the Host Society by detailing competition formats and scoring procedures, assist Provincial/Territorial (P/T) Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coach certification by stating minimum requirements, and generally contribute to athlete development by identifying each National Sport Organization's (NSO) version of athletes in the "Train to Compete" phase of its Long Term Development (LTD) model, or other suitable phase of LTD as justified by the NSO.

Technical Packages are developed 36 to 24 months prior to the Canada Games primarily by NSOs, following the Canada Games Council's (CGC) [Principles that Govern Technical Packages](#). As the overall governing body of the Games, the CGC has the ultimate authority over Technical Packages, but this authority is exercised only with the knowledge and understanding of the concerned NSO.

Relevant Games stakeholders, specifically Provincial/Territorial Sport Organizations (P/TSOs) and P/T team staff, are encouraged to review the Technical Package in detail to ensure a thorough understanding. If an individual wishes to seek clarification or initiate a change to a Technical Package leading up to a Games, the request should be first directed to the NSO or the Chef de Mission. The NSO or Chef de Mission will submit the requested change or clarification to the CGC for consideration. Timelines for requesting changes to major elements of the Technical Package (i.e. team sizes, age categories, eligibility restrictions, events, competition formats) are outlined in the Principles that Govern Technical Packages. Minor corrections will be considered at almost any time, but will be increasingly difficult to achieve within six [6] months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package by Games stakeholders early.

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2023 Canada Winter Games Figure Skating Technical Package

1. SPORT: FIGURE SKATING

2. PARTICIPANTS

2.1. Athletes

Males - 6; per Province/Territory

Females - 6; per Province/Territory

One male and one female athlete positions are reserved exclusively for Special Olympics skaters.

All registered athletes must intend to compete in at least one event.

2.2. Staff

3 Coaches*, 1 Manager

If female athletes are being sent, one of the coaches must be female.

If male athletes are being sent, one of the coaches must be male.

*One coach position is reserved exclusively for teams with Special Olympics skaters.

2.3. Additional Team Staff*

- Apprentice Coach
 - See [Women in Coaching Canada Games Apprenticeship Program](#)
 - See [Aboriginal Apprentice Coach Program](#)
 - Apprentice coaches have the same access as athletes and team staff.

- Venue Pass Holder
 - See [Venue Pass Holder Policy](#)
 - Venue Pass Holders do not have access to the field of play
 - Venue Pass Holder's venue access
 - Sport Operational Zone (Zone 2)

- Back of House Zone (Zone 3)

* Additional team staff positions are administered by the P/T Team. Positions must be applied for based on each P/T Team's process. For information pertaining to the process in your P/T contact your Chef de Mission.

2.4. Support for Participants

The Canada Games Council recognizes there can be barriers to participation/attendance at the Canada Games. The below policies have been developed to provide support to participants when required:

- [Support for Nursing Mothers Policy](#)
- [Participant Assistant Policy](#)

3. CLASSIFICATION

PRE-NOVICE SINGLES:

Males and females shall be under the age of 16 as of June 30, 2022.

Date of birth: July 1, 2006 or later.

PRE-NOVICE PAIR & PRE-NOVICE ICE DANCE:

Males and females shall be under the age of 18 as of June 30, 2022.

Date of birth: July 1, 2004 or later.

SPECIAL OLYMPICS EVENTS:

Males and females shall be a minimum of 13 years of age and a maximum of 30 years of age as of December 31, 2022.

Year of birth: 1992-2009

4. ELIGIBILITY

4.1. Athletes

All athletes must meet the eligibility regulations outlined in CGC's [Eligibility Policy](#).

Skate Canada Competition Rule 2.1 (Eligibility to participate) applies to all competitors. For the Canada Games, competitors need to be Canadian citizens or

permanent residents, with no minimum residency requirement for permanent residents.

Competitors must compete in the same category that they registered in at qualifying competition during the 2022-2023 competitive season.

Skate Canada Requirements:

- Pre-Novice Singles: Skate Canada Competition Program Requirements - Competitive 1.3
- Pre-Novice Pair: Skate Canada Competition Program Requirements - Competitive 2.3.
- Pre-Novice Ice Dance: Skate Canada Competition Program Requirements - Competitive 3.3.
- Special Olympics Level 2 Singles (Men & Women): Skaters must be working on Stages 4-6 of the CanSkate Program. Skaters must not have completed Stage 6. Note: Both Level 1 and Level 2 skaters are eligible to compete although Level 2 skills will be performed.
- Special Olympics Level 3 Singles (Men & Women): A skater competing in Level 3 must have passed CanSkate Stage 6 and is entering the STAR program.

Excluded from the Canada Games are:

- Senior National Team Members - Defined as: Athletes who have held an SR, SR1, SR2 or C1 card at any time; and/or athletes who are part of (on the roster of) a standing Senior National Team (i.e. recognized as a Senior National Team member regardless of event participation)
- Athletes who have previously competed at the following events:
 - Olympic Games
 - ISU World Championships
 - ISU Four Continent Championships
 - FISU Games

The above eligibility restrictions do not apply to Special Olympics athletes. Athletes participating in the Special Olympics events must be registered with and be members in good standing of Special Olympics Canada and have qualified at events sanctioned by Special Olympics Canada.

No athlete can be rendered ineligible within 90 days of the opening of the Games due to National Team status, carding status or competing in an excluded event

(i.e., if an athlete is granted National Team status for the first time, carding status or competes in an excluded event after November 20, 2022 they will still be considered eligible to compete at the 2023 Canada Games).

* Athletes who hold a C1 card (as defined by Sport Canada’s Athlete Assistance program) or are in their first year of Senior National Team status may be deemed eligible on a case by case basis. Requests must be submitted to the respective P/T Team Chef de Mission and approved by the Canada Games Council’s Eligibility Committee.

4.2. Coaches

All coaches registered in the Canada Games electronic registration system must be registered Skate Canada Professional Coaching members in good standing with the association and Skate Canada NCCP Provincial Coach certified.

Special Olympics coaches must be Skate Canada NCCP Regional Coach certified.

Coaches must be so certified no later than 90 days prior to the opening ceremony (November 20, 2022).

Please note that “NCCP Provincial Coach/Regional Coach Certified, Not Renewed” does not qualify under the coaching standards for the 2023 Canada Winter Games.

Please refer to the CGC’s [Coach Certification Policy](#) for additional information:

For more information on the coach certification pathway for Figure Skating, please see Appendix 1.

5. **COMPETITION**

5.1. Competition Rules

Skate Canada rules in force at the time of the Games:

Pre-Novice Singles (men and women):

- A short program of maximum 2 minutes and 20 seconds (+ / - 10 seconds) in duration containing the group of elements announced by Skate Canada for the 2022-2023 competitive season. The groups and requirements shall be as listed on InfoCentre on the Skate Canada website.
- A free skating program of 3 minutes (+ / - 10 seconds) in duration. The program requirements shall be available on InfoCentre on the Skate Canada website.

Pre-Novice Pair:

- A short program of maximum 2 minutes and 40 seconds (+ / - 10 seconds) in duration containing the group of elements announced by Skate Canada for the 2022-2023 competitive season. The groups and requirements shall be as listed on InfoCentre on the Skate Canada website.
- A free skating program of 3 minutes (+ / - 10 seconds) in duration. The program requirements shall be available on InfoCentre on the Skate Canada website.

Pre-Novice Ice Dance:

- One group of two pattern dances shall be skated and shall be from the same group that is drawn for the 2023 Skate Canada Challenge. 2022–2023 Pattern dance draws shall be available on InfoCentre on the Skate Canada website.
- A free dance to music of 2 minutes and 30 seconds (+ / - 10 seconds) in duration. The program requirements shall be available on InfoCentre on the Skate Canada website.

Special Olympics Level 2 Singles (men and women):

- A free skating program to music 1:40 minutes maximum. The music may include vocals. Program must be well-balanced and include elements as listed in the Special Olympic Figure Skating Technical Requirements (Skate Canada Domestic).

Special Olympics Level 3 Singles (men and women):

- A free skating program to music 1:40 minutes maximum. The music may include vocals. Program must be well-balanced and include elements as listed in the Special Olympic Figure Skating Technical Requirements (Skate Canada Domestic).

Number of Entries per Event:

A maximum of two (2) entries per event per Province/Territory; one (1) entry per event per Province/Territory for Special Olympics events. A skater may enter one event only.

Deadline for Test Qualifications:

Competitors wishing to enter the Canada Winter Games and events leading to the Canada Winter Games shall have passed the tests as listed in Skate Canada Competition Program Requirements before October 1st preceding the Games. A skater may also be considered qualified having passed a higher test or parts thereof as long as the minimum test requirement is fulfilled. For example, a skater who has completed the STAR 5 freeskate test is considered eligible for the Pre-Novice category also if other eligibility requirements are also met.

6. TIE BREAKING RULES - COMPETITION

Skate Canada rules in force shall prevail.

7. REGISTRATION & EVENT ENTRIES

7.1. Canada Games Council Registration Deadline

All participants (athletes, coaches, managers and additional team staff) must be registered in the Canada Games electronic registration system no later than 14 days prior to the Opening Ceremony (February 4, 2023).

7.2. Event Entry Deadline

Entries must be submitted to Skate Canada's High Performance Manager 30 days prior to the Opening Ceremony (January 19, 2023). Event entries for each participant will be confirmed at the Coach/Manager meeting held prior to the first event.

8. SPORT SCORING POINTS

Sport scoring points are a tool used to determine the performance of a P/T Team across all events within a sport. At the conclusion of an event, sport scoring points will be awarded using the following criteria:

8.1. Pre-Novice Singles Sport Scoring

- Competitors will be ranked by virtue of scores earned from first to last place and given 100 points to 60 points in a Provincial/Territorial event ranking
- Provinces/Territories are limited to a maximum of 2 entries per event and will receive points for both entries according to their ranking
- If an athlete does not finish or is disqualified, the athlete will not receive sport scoring points
- Each event will be scored separately
- Sport scoring points will be awarded based on the chart below

Pos	PTS	Pos	PTS	Pos	PTS	Pos	PTS	Pos	PTS
1st	100	7th	83	13th	73	19th	67	25th	61
2nd	97	8th	81	14th	72	20th	66	26th	60
3rd	94	9th	79	15th	71	21st	65		
4th	91	10th	77	16th	70	22nd	64		
5th	88	11th	75	17th	69	23rd	63		
6th	85	12th	74	18th	68	24th	62		

8.2. Pre-Novice Ice Dance & Pairs Sport Scoring

- Dance and Pairs teams will be ranked by virtue of scores earned from first to last and given 200 points to 120 points in a Provincial/Territorial event ranking.
- Provinces/Territories are limited to a maximum of 2 entries per event and will receive points for both entries according to their ranking
- If an team does not finish or is disqualified, the team will not receive sport scoring points
- Each event will be scored separately
- Sport scoring points will be awarded based on the chart below

Pos	PTS	Pos	PTS	Pos	PTS	Pos	PTS	Pos	PTS
1st	200	7th	166	13th	146	19th	134	25th	122
2nd	194	8th	162	14th	144	20th	132	26th	120

3rd	188	9th	158	15th	142	21st	130		
4th	182	10th	154	16th	140	22nd	128		
5th	176	11th	150	17th	138	23rd	126		
6th	170	12th	148	18th	136	24th	124		

8.3. Special Olympics Singles Sport Scoring

- Competitors will be ranked by virtue of scores earned from first to last place and given 100 points to 73 points in a Provincial/Territorial event ranking
- Provinces/Territories are limited to a maximum of 1 entry per event, unless they receive additional athletes through reallocation (further details below)
- If an athlete does not finish or is disqualified, the athlete will not receive sport scoring points
- Each event will be scored separately
- Sport scoring points will be awarded based on the chart below

Placing	Points	Placing	Points	Placing	Points
1st	100	6th	85	11th	75
2nd	97	7th	83	12th	74
3rd	94	8th	81	13th	73
4th	91	9th	79		
5th	88	10th	77		

For Provincial/Territorial teams that have received additional athletes through the CGC's [Para & Special Olympics Athlete Reallocation Policy](#), coaches will be required to select one (1) female and (1) male skater whose results will count towards sport scoring for the entirety of the Games. The names of the skaters whose results will count towards sport scoring must be provided to the Technical Representative at the Coach/Manager Meeting prior to the start of competition. If a team does not submit these names by the end of the Coach/Manager Meeting, the original female and male athletes selected through the Provincial/Territorial Team Selection process will automatically become the athletes whose results count towards sport scoring.

For sport scoring purposes only, the final rank of non-scoring Special Olympics skaters (skaters designated as not eligible for sport scoring as determined by the Provincial/Territorial coaches) will not be considered and the remaining athletes will be re-ranked to provide the official sport scoring results. Medals will be handed out in order of finish and will include non-scoring Special Olympics skaters.

For example, for Special Olympics events the sport scoring would be as follows, assuming Athlete B is a non-scoring Special Olympics skater:

- Athlete A finishes 1st and receives 100 points – 1st place points
- Athlete B finishes 2nd and receives 0 points – no points
- Athlete C finishes 3rd and receives 97 points – 2nd place points
- Athlete D finishes 4th and receives 94 points – 3rd place points

Athlete B would be awarded the silver medal.

9. FLAG POINTS

Games to Games performance by a P/T Team at the Canada Games is measured by accumulated Flag Points. Every P/T Team is awarded Flag Points for its ranked performance in each sport in which it competes.

In Figure Skating, Flag Points will be awarded together for female and male events based on the total of sport scoring points awarded.

After ranking the P/T Teams from first to last, and after any ties have been resolved as detailed in Section 10 (Tie Breaking Rules - Flag Points), Flag Points will be awarded as follows:

Placing	Points	Placing	Points	Placing	Points
1st	20	6th	10	11th	3
2nd	18	7th	8	12th	2
3rd	16	8th	6	13th	1
4th	14	9th	5		
5th	12	10th	4		

10. TIE BREAKING RULES - FLAG POINTS

Should a tie occur in final Provincial/Territorial standings, the Province/Territory with the greater number of event first places will be assigned the higher rank; if the tie persists the procedure is repeated for event second places, then third places, etc.

If the tie persists, the Provinces/Territories with the higher team standing in the last event completed will be assigned the higher rank, then second last event completed, etc.

NOTE: When a multiple tie occurs and is only partially resolved by the application of a tie breaking rule, the remaining ties will be resolved by returning to priority #1 and proceeding through the order again.

11. MEDALS

The Canada Games will award medals to athletes only.

Gold: 10 (two for singles, two for dance, two for pairs, four for Special Olympics skaters)

Silver: 10 (two for singles, two for dance, two for pairs, four for Special Olympics skaters)

Bronze: 10 (two for singles, two for dance, two for pairs, four for Special Olympics skaters)

12. COMPETITION UNIFORM

In all disciplines, clothing of the competitors must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. The clothing must not give the effect of excessive nudity inappropriate for the discipline. For domestic competition, clothing requirements are gender neutral. There are no restrictions on skaters choosing to wear skirts, dresses, pants or tights.

Accessories and props are not permitted.

Competition clothing must comply with the CGC's [P/T Team Uniform and Sponsorship Policy](#).

13. EQUIPMENT

Ice Dance competitors: The ISU compulsory dance music to be used for all practices and events is the 2001 Revised Version produced by the ISU.

Each entry must provide two CDs for the competition upon registration, one for competition (marked "Master") and one for back up (marked "Copy").

Standard Specifications for CDs:

- a) Only one program shall be recorded on each CD.
- b) The start of the music shall be recorded on the CD with less than two seconds of lead in.
- c) Competitor's name followed by music time (not skating time) shall be clearly printed on side one of the CD.
- d) Each CD shall be enclosed in its plastic container marked with the skater's name, event and total music time.

14. PROTEST & APPEALS

14.1. Canada Games Council Appeal Policy

Appeals relating to the Figure Skating Technical Package or any decisions made by the CGC will be made in accordance with the CGC's [Appeal Policy](#).

14.2. Competition Protests

All protests follow the Skate Canada Competition Rule 3.14 and the associated Skate Canada protest procedure.

15. ANTI-DOPING

The CGC adopts the Canadian Anti-Doping Program (CADP) Covenant as a fundamental commitment to engage in a cooperative and collaborative effort to eliminate doping in sport and to support harmonized, coordinated and effective anti-doping measures in Canada. Any Canada Games participant (athlete, coach, manager, technical support, or other person) found to have committed an anti-doping rule violation at the Canada Games (as determined pursuant to the CADP) will be subject to all of the penalties and consequences, as outlined in the [Canadian Anti-Doping Program](#).

16. APPENDICES

Please review the attached appendices as they form an integral part of this technical package.

- APPENDIX 1 - Coach Certification Requirements
- APPENDIX 2 - Performance Guidelines

APPENDIX 1 - COACH CERTIFICATION REQUIREMENTS

For information on Skate Canada's Provincial & Regional Coach programs including the coach pathways and requirements to achieve certification, please consult Skate Canada's website [here](#).

APPENDIX 2 - PERFORMANCE GUIDELINES

The following Performance Guidelines have been established by the respective NSO, at the request of the CGC and the Federal-Provincial/Territorial Sport Committee (FPTSC), to reflect the expected training and/or performance parameters of a typical Canada Games athlete (in the Train to Train phase of LTD for Figure Skating). These Performance Guidelines have been developed as a tool for P/T teams to use at their discretion in the training and selection of their Canada Games teams. These Guidelines are not required selection criteria.

The below performance guidelines are based on information available in Skate Canada's Long Term Development Model.

Performance Consideration	Results
Results	<p>Free Program Competition Target Scores:</p> <p>Technical Element Score (TES), not including bonuses: Men: 20+ Women: 23+ Pairs & Dance: 10+</p> <p>Skaters planning to compete in the given category should have a reasonable expectation to meet these targets.</p>
Ability	<p>Athletes at this level should have passed:</p> <p>Singles and Pairs: complete STAR 5 or higher Freeskate Assessment Ice Dance: complete STAR 5 or higher Dance Assessment</p>