



## ANNOUNCEMENT

### 2022 MOUNTAIN REGIONAL SYNCHRONIZED SKATING CHAMPIONSHIPS

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**Dates:** January 28-30, 2022  
**Location:** Seven Chiefs Sportsplex  
Calgary, Alberta  
**Hosted by:** Skate Canada: Alberta/NWT/Nunavut & Calalta FSC  
**Sanctioned by:** Skate Canada

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#### COMPETITION CONTACT INFORMATION

**Registration Inquiries:**

Central Registration

[skateabreg@gmail.com](mailto:skateabreg@gmail.com)

**Event Inquiries:**

Skate Canada: Alberta-NWT/Nunavut Section Office

[events@skateabnwtun.ca](mailto:events@skateabnwtun.ca)

780-415-0465 / Toll Free 1-866-294-0663

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#### THIS ANNOUNCEMENT IS SUBJECT TO CHANGE

Any rules or communications published by the ISU after the date of posting may have an impact on the Regional announcement.

## EVENT PHILOSOPHY

The Regional Synchronized Skating Championships are part of the Skate Canada Synchronized Skating Championship qualifying system. These events are planned, managed, and executed by Skate Canada Sections on a rotational basis, in conjunction with a local volunteer organizing team. The purpose of this competition is to provide a developmental and competitive experience for synchronized skating teams which allows them the opportunity to qualify for the Skate Canada Synchronized Skating Championships in Novice, Intermediate, Open, Junior, and Senior categories. The top team in each of the five qualifying categories in every Region may advance to the Skate Canada Synchronized Skating Championships. Additional entries are allotted to regions based on their teams' placement at last year's National Championships and regional membership sizes.

## RESTRICTION EXEMPTION PROGRAM (vaccination requirements) **Updated Dec 7, 2021**

The Seven Chiefs Sportsplex and Chief Jim Starlight Centre has agreed to make a special exception to their Mandatory Restriction Policy which limits access for adults (18 & older) entering the building by requiring that they must provide proof of being fully vaccinated.

**For the 2022 Mountain Regional Synchronized Skating competition registered athletes, coaches, team managers and chaperones that are age 18 & older and not vaccinated will now be able to provide proof of negative test result as an alternative to providing proof of vaccination.**

### Tests must be:

1. Provided as an original or printed copy (photos are not sufficient)
2. Privately paid
3. A Health Canada approved rapid antigen, rapid PCR, or lab-based PCR test
4. Completed within the past 72 hours of when they are entering the facility
5. Test results must show the type of test, time of sample collection, clear indication of a negative result, and laboratory that completed the test.
6. Tests must not be from Alberta Health Services or Alberta Precision Laboratories.

**Teams will be required to submit a list of names to the Section by January 19, 2022, at noon MT** of those that will be providing the negative test when they arrive at the facility. The list of names will be cross-referenced with the team registrant submission. Anyone who does not have the proper documentation or is not on the list will not be permitted to enter the facility if they are unvaccinated.

**This exception does NOT apply to members of the public or spectators and they will be required to follow the Mandatory Restriction Policy that is in place by the facility.**

The Section is extremely appreciated of the Seven Chiefs Sportsplex making this special accommodation for our event and trust that all participants will adhere to the requirements and protocols for this event.

**Youth age 12 to 17 years** of age are required to show proof of **double vaccination, negative test, or medical exemption plus valid personal identification to enter the building.** This could be a birth certificate, health care card, student id card or other government-issued identification.

[Link to Seven Chiefs Sportsplex Covid-19 Guidelines](#)

## **COVID COMPETITION PROTOCOLS**

Protocols are available on the AB/NWT/NUN [website](#).

Masks are to be worn by all persons while inside the facility, except while eating/drinking or while engaged in intense physical activity. Masks must be worn in all off-ice areas including stands, hallways, dressing rooms and warm-up areas

## **GENERAL INFORMATION**

The Mountain Regional Synchronized Skating Championships will be conducted in accordance with Skate Canada rules and regulations for qualifying Synchronized Skating events.

### **COMPETITION CONTACT INFORMATION**

**For Inquiries about Uplifter and the Registration Process:**

- Access to the Uplifter form
- Confirmation of registration and payment
- Corrections to registration submissions
- Planned Program Sheet Questions
- Withdrawals prior to the registration deadline

**Email/Phone:** [skateabreg@gmail.com](mailto:skateabreg@gmail.com) / 780-415-0465

**For inquiries relating to the competition information including:**

- Technical information
- Competition schedule
- Facility questions
- Withdrawals after the registration deadline

**Email:** [events@skateabnwnun.ca](mailto:events@skateabnwnun.ca)

### **ACCOMMODATION**

Host Hotel Information is posted on the Section website.

<https://skateabnwnun.ca/wp-content/uploads/2021/09/Mountain-Regionals-Hotel-Information-2.pdf>

## EVENTS TO BE HELD

The following events are included in the 2022 Mountain Regional Synchronized Skating Championships.

**ALL CATEGORIES MUST FOLLOW THE SKATE CANADA 2021-2022 WELL BALANCED PROGRAM CRITERIA AS POSTED ON THE SKATE CANADA INFO CENTRE AT <https://info.skatecanada.ca/>.**

[2021-2022 Beginner I, Beginner II, and Elementary Synchronized Skating Quick Resource Guide](#)

[2021-2022 Synchronized Skating Quick Reference Guide](#) Pre-Juvenile-Senior

[2021-2022 Adult Synchronized Skating Quick Reference Guide](#)

### **QUALIFYING EVENTS**

Novice  
Intermediate  
Open  
Junior  
Senior

### **NON-QUALIFYING EVENTS**

Beginner I - one skate event  
Beginner II – one skate event  
Elementary – one skate event  
Pre-Juvenile  
Juvenile  
Pre-Novice  
Adult SYS Class I  
Adult SYS Class II  
Adult SYS Class III

**\*Unless specified, categories are two skate/combined events.**

### **FILLING MAXIMUM EVENT QUOTA AT REGIONALS (Event Management Handbook – section 7000 E-1.1 (7))**

If the maximum quota in the Junior or Senior category at a Regional Synchronized Skating Championship is not filled due to insufficient entries, that event may be held, but will not be mandatory. (Should a team decide not to compete due to insufficient entries, they must still submit all required forms and entry fees by the registration deadline.)

## REGISTRATION INFORMATION & DEADLINE DATES

### ENTRY FEES

#### **Beginner I & II & Elementary**

\$265 per Team + \$35 per Team Member (including alternates)

One Skate; no practice included. Ten (10) minute practice ice may be purchased for \$50.00 per block.

#### **Pre-Juvenile – Adult III**

\$350 per Team + \$35 per Team Member (including alternates)

Entry fees include a ten (10) minute practice, except Intermediate and Junior will receive eleven (11) minute practice and Open and Senior who will receive twelve (12) minute practice.

### CLOSING DATE OF ENTRIES

Registrations will be accepted using online Uplifter Registration System.

Registration deadline is **Friday, December 17, 2021, at 12:00 pm (noon) MT.**

**The list of registered teams will be posted to the AB/NWT/NUN website on Friday, December 17 after close of registration.**

### LATE ENTRIES

Late registrations will be accepted at the discretion of the Tech Rep and the Section Office until

**Monday, December 20, 2021, at 12:00 pm (noon) MT** and are subject to a \$100 late fee. Registrations will not be accepted following December 20, 2021.

### REFUND OF ENTRY FEES

Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries. There will be a \$10.00 administration fee applied to all refunds. After the closing date of entries, there will be no refunds given for any reason, including medical pulls. No exceptions.

## REGISTRATION REQUIREMENTS

### HOW TO REGISTER

- All registrations must be completed using the Uplifter online registration form
- Refer to the [Synchro How to Register](#) link on the Skate Alberta-NWT/Nunavut registration site for detailed instructions. Please email [skateabreg@gmail.com](mailto:skateabreg@gmail.com) with any questions regarding online registration as the process is different from the previous seasons.
- All payments must be paid online using a credit card at the time of registration - **Registration is not complete until payment is received.**
- If you are unsure of what to enter in the various entry form fields, please contact your coach. There will be no changes accepted after **December 20, 2021**, unless due to an error made by the Technical Representative. This includes registering in the wrong event.

**REGISTRATION LINK:** <https://skateabnwtun.uplifterinc.com/pages/22MountainRegionals>

**Registration must be completed by December 17, 2021, at 12:00pm (noon) MT.**

### PLANNED PROGRAM SHEETS

#### **SUBMIT PLANNED PROGRAM SHEET HERE:**

<https://skateabnwtun.uplifterinc.com/pages/22MountainRegionals>

There will be a \$20 fee per segment for failing to register your Planned Program Sheet by the deadline. **Planned program sheets will not be accepted on-site, they must be submitted through Uplifter.**

**It is required that you submit a planned program sheets for each competition you enter during the 2021-2022 season.**

**Planned Program Sheets must be submitted by January 19, 2022, at 12:00pm (noon) MT.**

### SKATE CANADA WAIVER

Teams will be required to provide the completed Skate Canada Waiver prior to the event. The waiver must be completed by all skaters/alternates, team managers, chaperones, and coaches. The waiver request will be emailed to each Team to be completed by **January 19, 2022, at 12:00pm (noon) MT.**

### TEAM LISTS

Team Lists will be compiled using the registration information as submitted through the Alberta/NWT-Nunavut Section Competition Registration site.

## MUSIC SUBMISSION REQUIREMENTS

### Music Registration

- a. Online music registration will require each team to submit an mp3 file of their program music and the music time online through uplifter
- b. Music files will not be kept between competitions so teams will be required to submit their music for each individual competition.
- c. Each team also will be required to submit one copy of their music on CD when registering onsite as a backup. If there have been changes to the music after submission during registration, 2 CDs must be provided at onsite registration and the registration personnel must be notified that there has been a change.

Coaches are recommended to carry a backup CD and/or iPod or similar device.

**Music must be submitted by January 19, 2022, at 12:00pm (noon) MT.**

### Recording Specifications

- The only format for online upload of music will be mp3.
- Only one program (using one track only) shall be recorded on each CD.
- Music shall be recorded on the CD not less than .25 second and not more than .5 second after the play button is pressed on the CD player.

### CD Labelling

Team's Name, category name, total music time (not skating time) and home club shall be clearly printed:

- Identify the CD by writing on the front of the CD using a permanent marker.
- DO NOT write on the recorded side of CD
- Label the back of the CD case. Do not apply stick on labels to the CD.

All music used must be in the public domain or covered by the performing rights society.

Teams that have music composed especially for their programs, either wholly or in part shall be responsible for obtaining a written release from the composer for the use of such music on radio and/or television or appropriate clearance from the performing rights society.

### Music Pick Up

Music can be picked up from **the registration table**, approximately 30 minutes after the completion of each event. Any music not picked up will not be returned.



## **FACILITY & EVENT DETAILS**

### **ARENA TO BE USED**

#### **Seven Chiefs Sportsplex**

Ice Surface: 85 ft x 200 ft

19 Bullhead Road, Tsuut'ina Nation (Calgary), AB T3T 0A6

### **ON-SITE REGISTRATION**

All teams, coaches and team managers must register on-site at the Seven Chiefs Sportsplex in Calgary, Alberta. Registration will be open on Friday, Saturday, and Sunday, one hour prior to the first practice or competition time.

Only those skaters/alternates whose names are listed on the team registration form for the Regional Synchronized Skating Championships will be allowed to skate in the 2022 Skate Canada Synchronized Skating Championships (Qualifying Competition Handbook Regulation 615-6). No substitutions or additions shall be allowed. The number of allowable alternates on each team is four.

### **MEDALS/RIBBONS**

Beginner I & Beginner II will be assessed to a standard. All teams will receive a report card and ribbons.

Elementary is assessed to standard with ranking. Top three finalists receive medals. An individual report card is produced for each team in Elementary.

Pre-Juvenile – Adult III - CPC Report Cards will be given to all teams and medals will be presented to the top three finalists in each event with more than one entry.

Medals/ribbons will be presented on-site to a team representative of the team's choice. The team representative will then distribute the medals/ribbons to their teams once they leave the building. In the case of only one entry in an event, an exhibition shall be performed but no medal shall be awarded.

### **EVENT SCHEDULE & TENTATIVE SCHEDULE**

Competition schedule will be posted on the AB/NWT/NUN website and be emailed to Coaches no later than **Friday, January 7, 2022.**

Event Start Orders will be posted to the Alberta/NWT-Nunavut Section website no later than **Thursday, January 20, 2022. All posted Start Orders are subject to change.**

A tentative schedule is as follows:

Friday, January 28: Practices, 1:00pm to 9:00pm

Saturday, January 29: Competition, 9:00am-8:00pm

Sunday, January 30: Competition, 9:00am-3:00pm

**Information for double entry skaters:** Should a schedule conflict arise between a practice time and event time, it is up to the skater, coach, and team manager to decide what takes priority. The host committee may not adjust the official start orders or start times in order to accommodate competitors

who are skating on more than one team. Consideration to cross skaters will be given in developing the schedule.

### **CEREMONIES**

There will not be any opening ceremonies this year. However, banners may be displayed around the arena as long as they do not cover any advertising or promotional signs. Further information regarding Opening Ceremonies will be provided in the Team Welcome Letter.

### **START ORDERS / SCHEDULE / RESULTS / TEAM DETAIL SHEETS**

Start orders, schedules, results, and team detail sheets will all be posted on the AB/NWT/NUN website.

The only items that will be posted on-site at the event are the start orders and the schedule. The results and team detail sheets will only be provided on the website.

### **SPECTATORS**

It is strongly recommended that a maximum of 2 spectators per skater attend the event.

### **ADMISSION**

Daily Admission:	\$5.00
Children 6 and under:	Free

## COACHES ACCREDITATION

[Skate Canada Policies and Procedures](#) shall apply.

In order to receive accreditation from Skate Canada at Mountain Regionals, Skate Canada professional coaches must meet the following conditions:

- Meet the NCCP Requirements for the level of team they are attending with
- Be a Skate Canada Coaching Member in good standing

### **ACCREDITATION MATRIX**

As per the NCCP pathways, coaches may obtain accreditation privileges provided the qualifications in the accreditation matrix below are valid at time of competition entry and on-site during the event.

Categories	Sectionals and Regional Synchronized Skating	Skate Canada Challenge	National Skating Championships	Skate Canada Synchronized Skating Championships	Member In-Good Standing	NCCP Certification
Pre-Juvenile	✓	N/A	N/A	N/A	✓	Regional Coach
Juvenile	✓	N/A	N/A	N/A	✓	Regional Coach
Pre-Novice	✓	✓	N/A	N/A	✓	Provincial Coach
Novice	✓	✓	✓	✓	✓	National Coach
Junior	✓	✓	✓	✓	✓	National Coach
Senior	✓	✓	✓	✓	✓	National Coach
Intermediate	✓	N/A	N/A	✓	✓	National Coach
Open	✓	N/A	N/A	✓	✓	National Coach

### **Additional Considerations:**

Coaches who are in the process of achieving an [NCCP certification](#) may be considered for accreditation provided the necessary in-training or trained status as stipulated in the relevant NCCP coach pathway is achieved.

### **Team Managers and Chaperones**

All team managers and chaperones must be current Skate Canada registrants. The names and Skate Canada numbers for these accreditations MUST be included on the online registration form.

### **Ice Level Access/Accreditation for Coaches/Team Managers/Chaperones**

Two coaches, one team manager and two chaperones, for a total of five people per team will be accredited. **Only two people will be allowed at ice level – determined by the skater/team.**

The primary coach and one alternate (skater) will stand at the entrance to the ice, and the team manager and other alternates in the exit area (Kiss & Cry). The chaperones will be allowed in the dressing rooms ONLY and will not have access to ice level during practice and competition (including Kiss & Cry).

## **GENERAL REGULATIONS**

### **ELIGIBILITY**

The Mountain Regional Synchronized Skating Championships is open to all teams from the Mountain Region – British Columbia/Yukon, Alberta/NWT/Nunavut sections registered with Skate Canada as per Regulation 620-8 of the Qualifying Competition Handbook and meeting the requirements outlined in the description of events to be held. There is no qualification process to enter the event, however a qualifying round may be held if entry numbers warrant.

### **SINGLE ENTRY TEAMS (Qualifying Categories)**

Should a category only have one entry, the team will be given the option to not attend the Regional Championships and will qualify directly to the National Synchronized Skating Championships. Single entries will be notified no later than one week following the entry submission deadline and will be given the option to skate an exhibition and be assessed/monitored by a full panel of officials. Detail sheets by official will be provided following the performance in this case. If two or more entries have registered, the event will take place regardless of qualifying entry quotas.

### **ALTERNATES**

There can be up to a maximum of 4 alternates per team for all categories.

### **PROBLEMS DURING A PERFORMANCE**

The Technical Representative or his/her designate (ice level referee) may ask a team alternate to go on the ice during a performance to retrieve any objects that have dropped on to the ice (hair accessories, etc.) so that a performance does not have to be interrupted and there is no danger to the skaters. To this end, it is requested that each team, where possible, have an alternate dressed with skates on and skate guards off, available at the entrance area during the team's performance. In the event a team does not have alternates, the coach will be requested to remain in close contact with the Assistant Referee at Ice Level in case an issue arises.

### **DRAWS AND START ORDERS**

Refer to the Skate Canada Rules of Sport > Competitions > 3. Conduct of an Event > [3.2 Draws](#)

A random draw will be used for the first portion of all events. The Chief Data Specialist will conduct the draws as per Event Management Handbook - Section 7000 - G - 1.5.

The starting order for qualifying events for the first portion of the event will be available a minimum seven days prior to the start of the competition. The drawn starting orders (initial and subsequent) shall also apply for the unofficial practice ice for all parts of the competition (if practice ice is available and being offered).

The draw for all subsequent events will be conducted at the Seven Chiefs Sportsplex by the Chief Data Specialist. Draws for subsequent parts of the event will be posted immediately following the results of the previous part.

## **CONDUCT OF EVENTS**

Refer to the Skate Canada Rules of Sport > Competitions > [3. Conduct of an Event](#)

## **MARKING SYSTEM**

Beginner I, Beginner II, and Elementary will be judged as per the STAR 1-4 Standards for Assessment Guide. All other events will be judged using the CPC marking system.

## **QUALIFICATIONS TO COMPETE AT SKATE CANADA SYNCHRONIZED SKATING CHAMPIONSHIPS**

Teams will qualify to compete at the Skate Canada Synchronized Skating Championships (Rules of Sport 12.2) as follows:

- 1) The final result in each Regional event shall determine the competitors eligible to enter the equivalent National qualifying competition.
- 2) **NOVICE, INTERMEDIATE, OPEN, JUNIOR, AND SENIOR:** Teams that place 1st in Novice, Intermediate, Open, Junior, and Senior categories at Regional qualifying events may be selected to represent the Section in the respective National qualifying competition.
- 3) **ADDITIONAL ENTRIES BASED ON REGISTERED ASSOCIATE MEMBERS IN SECTION:** For every 15,000 registered associate members in the Region, an additional team may be entered into each category at the National qualifying event. The number of sustaining members shall be determined by the membership year September 1 to August 31 of the year preceding the National qualifying event.
- 4) Teams placing in the top five at the Skate Canada Synchronized Skating Championships will earn their Region an additional entry (or entries) into the respective category at the National qualifying round the following year.

### [2022 Skate Canada Synchronized Skating Championships Entry Quotas](#)

Should a team(s) not be able to attend the Skate Synchronized Skating Championships for any reason, the next best placed team(s) will have the opportunity to compete at the event. The Skate Canada national office must receive all required registration information no later than 48 hours after the completion of the Regional Synchronized Skating Championships. The entry list for each Regional Championships will be submitted to Skate Canada by the Regional event organizing committee.

## **UNOFFICIAL PRACTICE ICE**

Applicable to Beginner I, Beginner II and Elementary Teams: If available, practice ice may be purchased separately by teams for \$50.00 per block. Further details will be communicated to the teams immediately after the close of entry.

Teams must register prior to their practice ice session.

## **ENTERING AND EXITING THE ICE SURFACE**

Refer to Rule 838 - ISU Special Regulations & Technical Rules

Domestic: 2021-2022 Synchronized Skating Technical Requirements | Pre-Juvenile – Adult III – Deductions

## **ACCIDENTS/LIABILITY**

Skate Canada, Alberta-NWT/Nunavut Section and the Local Organizing Committee and its volunteers undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and managements of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the Local Organizing Committee and against the officers and their entries shall only be accepted on these conditions.

## **MEDICAL SERVICES**

Medical Services available to skaters will be located at ice level, with a further medical room located in the off-ice area. Signage will be displayed on-site.

## **CAMERA POLICY**

Flash photography is not permitted. Skate Canada would encourage you to not use cameras or video equipment during Skate Canada organized events out of respect for the safety of competing athletes.

## **LIVE STREAMING / PHOTOGRAPHY**

The event will be live streamed. By virtue of your registration for the competition, you are consenting to being included in the live streaming/photography of this event that will help to train others and to promote skating in Canada. You release Skate Canada: Alberta-NWT/Nunavut, its officers, and employees, and each and all persons involved from any liability connected with the video & audio recordings. By attending and competing at the competition, you waive any right to inspect or approve any video or audio recordings taken by Skate Canada: Alberta-NWT/Nunavut. If you do not wish to have your skate photographed or live streamed, inform the Competition Chair of the event. We cannot guarantee that you will not be photographed or live streamed, but we will do our best to accommodate the request.

## **LIVE STREAM VIDEO ORDERS**

Capture the memories by purchasing your teams' performances. Videos will be sent to you electronically after the event.

One program: \$30.00

Two programs: \$40.00

Three programs: \$50.00

For 4 or more programs, each program is an additional \$5.00

Deadline to purchase your teams' videos: **February 4, 2022.**

Link to purchase videos will be on the AB/NWT/NUN Section website on the Mountain Regionals Event page.