



2021 -2022 GENERAL COMPETITION PROTOCOLS

Spectators: Although there are currently no restrictions on numbers in the venue, we ask that you limit attendance at any given time to those that need to be there, to be respectful of physical distancing for all attending the event. Wearing face masks will be required in the venue for all attendees (skaters may remove masks while on the ice).

It is strongly recommended that skaters enter the facility in time for their event and then leave the facility after their event. **Please note there will not be a skater entry schedule for this event.**

- There will only be **ONE coach** allowed at rink-side with each skater/team. No exceptions.
- Everyone should complete a standard COVID Health Questionnaire at home. If you answer 'yes' to any of the questions, stay home.
- **It is a requirement of Alberta Health that everyone 12 and over must show proof of vaccine, provide a 72 hour negative test or medical exemption** if the competition is mixed age groups of under 17 and 18 and over. Since we offer adult events, we are considered a mixed age group. When it is a competition of mixed age groups, it does not fall under the guidelines of youth sport. **When entering the facility everyone 12 and over must show proof of vaccine, provide a 72 hour negative test or medical exemption letter.**
- **Masks: Skaters, coaches, and volunteers must always wear a non-medical mask**, including during off-ice warm up. Skaters may remove their masks once they step on the ice for their warm-up.
 - If one chooses to wear a face shield, it must be worn in combination with a mask.
 - Skaters must wear their masks while waiting in the players boxes.
 - Please be mindful of keeping your mask on when taking group photos and remain socially distanced.
- Skaters and Coaches will check-in upon entering the building. There will be signage and volunteers directing traffic. On-site COVID screening will occur.
 - Coaches should not enter the building until their skater enters.
 - Coaches with multiple skaters may stay in the building in between skaters. Coaches must not congregate around the dressing rooms or at ice level.
- Warm up space: Warm up space is provided upstairs in the Go Auto arena. Please follow signage. Skaters are not permitted to warm up in the lobby or hallways.
- Skaters are encouraged to be as competition ready as possible when they enter the building.
- All attendees should keep personal items to a minimum and there should be no loose items.

- Hand sanitizer will be on-site. Coaches and skaters should hand-sanitize as they enter and exit dressing rooms, the ice and everywhere... basically sanitize regularly and often.
- All attendees are encouraged to maintain physical distancing, including in the dressing rooms, the hallway, the on/off area players boxes, and the common area around the ice.
- **Dressing Room Assignments:** will be assigned for each skater group/flight. The dressing room ice captain will provide skaters with their dressing room number upon check-in.
- **WAIVERS for Coaches and Volunteers** were emailed to you ahead of time and must be signed and returned prior to the event or must be handed in at the registration desk. Skaters already completed waivers as part of online registration.
- Skaters **MUST** bring their back-up CDs to the ice with them – we are not collecting CDs at check-in. They can place the CD on the boards with their masks and guards.
- Coaches are not to hold skaters' gloves/sweaters/etc.... skaters must keep their own belongings and may place them on the boards. There will be X's on the boards to mark where coaches should stand.
- Skaters and Coaches should bring full water bottles from home, and their own tissue if needed.
- After the on-ice warm up, skaters and coaches should physically distance from other skaters/coaches in the hallway or return to the dressing room.
- Once skaters have performed, they should put their masks back on before they leave the ice, return to the dressing room, and then depart dressing rooms promptly (within 10 minutes)
- Coaches and skaters are not to 'debrief' in the hallway immediately following the performance. This is to eliminate any congregating in the dressing room hallway. These discussions can take place in the dressing room, or outside the building.

COVID protocols are subject to change without notice.