



# CanSkate Coach and Program Assistant Motivational Workshops



Medicine Hat – September 18, 2021

Grande Prairie – September 25, 2021

Lacombe – October 2, 2021

The CanSkate Program has the **best** curriculum, the **best** coaches, the **best** start for skaters and the **best** results. Now, let's have the **best** Program Assistants. These workshops, led by CanSkate Resource Team Members, Leona Boyle and Tammy Greidanus will review CanSkate philosophy, skills, circuits, warm-ups, group activities and will give ideas to help refresh your CanSkate programs.

Using the CanSkate delivery standards, CanSkate can be tailored to meet the specific needs of every Skate Canada club regardless of size, location, availability of coaches and the number of skaters.

**Purpose:** to offer motivation and encouragement to all Program Assistants. The workshop is designed to enhance the Program Assistant Training completed at the Club level.

**Highlights:** leadership, skill building, communication, motivation, role modeling, many ideas to make the program fun.

**On-Ice Activities:** 2 hours on ice (ways to be the best PA)

Registration Link - <https://skatecanada.wufoo.com/forms/2021-canskate-coach-and-pa-workshops/>

Registration will be open until September 10, 2021 or when capacity is reached.

Registration Fee: \$60.00 (recommended minimum age – 12 years old)

Please contact Colleen Yavis at [coaching@skateabnwtun.ca](mailto:coaching@skateabnwtun.ca) for any questions.



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can bring out their best

