

Date: May 3, 2021

From: Lisa Hardy, Executive Director Skate Canada: Alberta-NWT/Nunavut

Good Afternoon Clubs / Skating Schools, Coaches and Officials:

Additional targeted restrictions were placed in regions identified as hot spots effective April 30th, 2021 with restrictions in these regions remaining in place for a minimum of 2 weeks, or until the region falls back below the case threshold-whichever is longer.

Hot spot regions are defined as municipalities or communities where there are at least 350 cases per 100,000 people and 250 active cases. As of April 30th, the impacted “hot spot” communities are:

- City of Airdrie
- City of Calgary
- City of Edmonton
- City of Fort McMurray
- City of Grande Prairie
- City of Lethbridge
- City of Red Deer
- City of St Albert
- Strathcona County

In Hot Spot communities or municipalities, the following new [targeted measures](#) apply for a minimum of 2 weeks.

All youth and adult indoor sport, performance and recreation activities are prohibited. This applies to all youth activities, including for students still learning in classrooms.

- *All indoor recreation facilities must close. Outdoor recreation amenities can be open to public access unless specifically closed by public health order.*
- *All indoor fitness activities are prohibited. This includes:*
 - *group physical activities, such as team sports, fitness classes and training sessions*
 - *one-on-one lessons and training activities*
 - *practices, training and games*
- *Outdoor fitness activities may continue if all other provincewide restrictions and safety measures are followed.*

Additional communities and municipalities may be added to this list as cases continue to rise across the Province. Medicine Hat, Okotoks and Rocky View County are all currently close to the threshold of being recognized as a hot spot with currently over 200 active cases in each area.

Currently Alberta Health’s guidance for sport, fitness and recreation is that participants only continue programs in regions they are already enrolled in.

If the participants activity is within a hot spot that has restrictions, it is strongly recommended that they do not move their activity to another region without restrictions. This includes skaters attending an assessment day in another region without restrictions.

Outdoor Training – These measures apply to all communities (not just in hot spot regions)

- *Outdoor training is permitted for individuals and groups of 10 or fewer, provided 2 metre distancing is maintained.*
- ***Outdoor group physical activity must be limited to 10 people or fewer.***
 - *Keeping the activity to members of the same household is strongly recommended.*
 - *Members of different households must maintain 2 metre distancing at all times.*
- *Individual sports and activities such as running, cycling, dirt biking and golfing (disk and regular) are allowed.*
- *Outdoor recreation amenities can be open to public access unless specifically closed by public health order.*
 - *More than 10 people may use an outdoor recreation amenity at the same time (for example, public access to an outdoor running track) as long as physical distancing is maintained between households.*

Please watch the [Government’s enhanced measures website page](#) to determine whether you are in an identified hot spot community

Thank you once again for your understanding and patience while we worked to get clarification on the updated health order. If you have any questions, please email returntoskating@skateabnwtun.ca.

Sincerely,

Lisa Hardy
Executive Director