



## **Frozen in Time Invitational**

November 2, 2025

12:15pm - 4:15pm

GFL Twin Arena, Shayne Zender Rink  
32 Haven Ave  
Devon AB  
T9G 1A1

Skate Canada Sanction # 3516

### **Host Club Information:**

Event Name: Frozen in Time Invitational

Event Date: November 2, 2025

Time: 12:15 - 4:15pm

### Host Club Organizer

Name: Sarah Lassu/Samantha Greening

Email: [treasurer@devonskating.com](mailto:treasurer@devonskating.com)

### Arena Details

Name: GFL Twin Arena, Shayne Zender Rink

Address: 32 Haven Ave, Devon AB T9G 1A1

Phone Number: (780) 987-4242

Registration Times: All registrations must be submitted through [www.devonskatingclub.ca](http://www.devonskatingclub.ca) by October 19, 2025. Any late submissions are subject to a \$25 late penalty.

Payment Options: Payments are made online through [www.devonskatingclub.ca](http://www.devonskatingclub.ca) via visa or mastercard.

## General Information

<b>Categories:</b>	<b>Fee (First Event):</b>	<b>Fee (Second Event):</b>
CanSkate Elements Stage 3-6	\$70.00	\$30.00
CanSkate Spin Spiral Jump Stage 5-6	\$70.00	\$30.00
FreeSkate Elements Star 1-3	\$70.00	\$30.00
FreeSkate Program Star 2-3	\$70.00	\$30.00

Entries: Entrants in these events shall be:

- a) Eligible persons as defined by the Skate Canada Playbook
- b) Be members in good standing of Skate Canada. Entries will only be accepted from skaters that are members of affiliated Skate Canada clubs.

Closing Date of Entries: All entries must be completed online not later than October 19, 2025.

Late Entries: Late entries are subject to a \$25 late penalty fee.

Refund of Entry Fees: Entry fees shall be refunded only if the event is not held. There will be no refunds given for any reason, including medical pulls. No exceptions will be made.

Registration on the Day of the Event: Skaters must register at least one hour prior to their scheduled event.

Schedule and Cancellation of Events: The host club reserves the right to cancel or limit the number of entries due to time constraints or ice availability. The schedule will be sent out by email.

Warm up Times: All scheduled on-ice warm-ups will be 3 minutes in length.

Accidents: The association and committee of the host club undertake no responsibility for damages, or injuries suffered by the skater. As a condition of and in consideration of their entries in these events, all skaters and their parents/guardians shall be deemed to agree to assume all risks or injuries to the skaters person and property resulting from, or caused by, or connected with the conduct and management of events. An agreement must be deemed to release any and all claims they may have against the officials, the association, the host club, and their officers. Entries shall be accepted only in accordance with these conditions.

Awards: Skaters will receive a Gold, Silver, or Bronze medal. The awards ceremony for each flight will be held approximately 20 mins after the conclusion of each event in the awards area.

Music Submission:

- All music must be submitted to [devonskatingmusic@icloud.com](mailto:devonskatingmusic@icloud.com) prior to October 30, 2025.
- Music must be saved in an MP3 format.
- Skaters should bring a back-up copy of their music on a USB or phone/ipod.

## **CanSkate Element Events**

\*Elements are to be skated as elements in isolation and will be assessed to standard as laid out by Skate Canada.

Stage 3:

- Backward two-foot sculling (Control) - minimum 6 sculls
- Forward circle thrusts (Balance) - CW & CCW
- Backward two-foot jump (Agility)

Stage 4:

- Forward one-foot turn (Agility) - Right & left foot
- Forward crosscuts (Balance) - CW & CCW
- Backward circle thrusts (Control) - CW & CCW
- Two-foot jump forward to backwards and backwards to forwards (Agility)

Stage 5:

- Forward inside edges (Balance) - Right & left foot
- Forward two-foot side stop (Control) - each direction
- Backward push glide sequence (Control)
- Forward power jump (Agility) - Right & left foot

Stage 6:

- Forward outside edges (Balance) - Right & left foot
- Forward one-foot side stop (Control) - Right & left foot
- Forward/backward and backward/forward C-steps (Agility)
- Backward perimeter skating with crossovers (Control)

## **Spin Spiral Jump Events**

\*Programs are to be skated on half ice.

Each skater will perform a 1:00-minute program. A beginning and ending pose and connecting steps may be included. Music will be provided by the host club.

### **Spin Spiral Jump: Stage 5**

\*skaters must be working on CanSkate Stage 5

- Must include:
  - One forward upright spin (2ft or 1ft)
  - One waltz jump
  - One spiral (skater's choice of foot)

### **Spin Spiral Jump: Stage 6**

\*skaters must be working on CanSkate Stage 6

- Must include:
  - One forward upright spin (1ft)
  - One toe loop
  - One spiral (skater's choice of foot)

## **Star Elements Events:**

\*all STAR elements will be performed on the half ice surface.

### **Star 1 Elements**

- Crosscut circle - draw for direction
- Waltz Jump
- Toe Loop Jump
- Salchow Jump
- Forward 1ft Spin
- Backwards 1ft Spin
- Spiral Circle - draw for direction
- Creative expression program

### **Star 2 Elements**

- Waltz Jump Toe Loop Combination Jump
- Loop Jump
- Backward Upright Spin
- Forward Spiral Sequence

### Star 3 Elements

- Flip Jump
- Loop Loop Combination Jump
- Combination Spin
- Forward Spiral Sequence

### **STAR Program Events:**

#### Star 2 & 3 Programs

\*All programs must follow the Skate Canada well balanced program criteria as posited on the Skate Canada info page: [www.info.skatecanada.ca](http://www.info.skatecanada.ca). All programs will be assessed to standard.