



~2022 Conference Sessions~

Session 1: Skate Canada's New Long-Term Development (LTD)

"Next Steps for Your Skaters Development"

Join us for an interactive session on Skate Canada's NEW Long-Term Development Resource and see how beneficial this game-changer tool is for all stakeholders but most particularly skaters, coaches, and parents. In this session we will highlight the STAR and Podium pathways including the ADMs (Athlete Development Matrices) for all disciplines with focus on Mental & Self-Skills and Physical Capacities.

Session 2: Safe Sport

"Moving Forward - Together"

Safe Sport principles and practices flow through every aspect of our sport! Come and learn how Safe Sport supports your club, skating school, skaters, parents, and coaches. Session highlights:

- How to best understand the Safe Sport Framework
- Coach Education, NCCP Pathways
- How to approach coach contracts
- Creating a strong and beneficial coach-club relationships
- New coach accreditation policy, and more!

Take advantage of this opportunity to gain some tools and resources on how to best understand how your team of coaches and volunteers in your club/skating school support one another to deliver the best for your skaters.

Presenter

Josée Bourdon - Skate Canada's Senior Manager of High-Performance Coaching