

Date: January 31, 2021

From: Lisa Hardy, Executive Director Skate Canada: Alberta-NWT/Nunavut

Good Afternoon Clubs / Skating Schools, Coaches and Officials:

On Friday we received welcomed news that if numbers do not increase, arena's will be permitted to re-open again on February 8th with restrictions. Additional changes or further clarity may come once the public health order is issued, however based on the information released to date and clarification we have received from the Province, the following is our current understanding of how these restrictions apply to our sport.

Indoor one on one training is permitted with the following restrictions:

- Only professional, certified coaches are permitted to provide indoor training sessions at this time.
- Individual training sessions must be scheduled/booked in advance. Group or Drop-in sessions are not permitted.
 - Individual practice and warm-ups are not currently permitted. Skaters must always be in a scheduled training session.
- Coaches must be providing active instruction and correction to the skater during the session.
 - Passive supervision is not considered training, consequently skaters must be in an active training session with a coach for warm up, training, and cool down while in the facility.
- A coach and skater may only interact with each other in the facility. Interaction with other skaters and coaches during a session is not permitted.
- A skater may not move between coaches for multiple sessions in a day.
- A coach may schedule more than one scheduled session per day. In between skaters, the coach is to sanitize all high touch areas.
- Coaches are to remain masked at all times; skaters are not required to wear a mask while on the ice but must wear a mask anywhere else in the facility.

Maximum numbers permitted on the ice:

- Facilities may vary in the maximum numbers that they will permit on the ice at any one time. The Section recommends no more than 8 skater/coach sessions being run at ice level concurrently to ensure the 3 metres (9 feet) between skaters and coaches can be kept at all times.
- More than one coach/skater 'pair' are permitted to be on the ice at one time, but coaches and skaters must:
 - Stay 3 meters (9 feet) away from any other coaches and skaters **at all times** including entering and exiting the building and ice surface
 - No interaction with other skaters and coaches is permitted
 - A coach may only interact with their assigned skater
 - A skater may only interact with their assigned coach

We are still seeking clarification on whether members living in the same household can be trained together in the same session and will send out an additional update when we have further information.

If you have any questions, please email returntoskating@skateabnwtun.ca.

Sincerely,

Lisa Hardy
Executive Director