



**Skate Canada: Alberta-NWT/Nunavut**  
**COVID-19 Update following Provincial Announcement**  
**Health Order CMOH 39-2020**

**Date:** November 28, 2020

**From:** Lisa Hardy, Executive Director Skate Canada: Alberta-NWT/Nunavut

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Good Morning Clubs / Skating Schools, Coaches and Officials:

Thank you for your patience while we worked on getting clarity or additional information and clarification from the Province on Chief Medical Officer of Health (CMOH) Order 39-2020 which came into effect on November 27, 2020.

This recent public health order was announced in conjunction with the Province declaring a state of emergency due to the high daily case numbers, the heartbreaking double-digit deaths being announced daily, and the severe burden on our health care system and health care workers. We are all being asked, as organizations and individuals, for the next three weeks to limit the places we go, activities we take part in, and people we come in contact with, in an effort to slow down the spread of COVID-19.

Over the next few days, we anticipate there will continue to be different measures being taken or implemented across the Province as municipalities, facility operators and sport organizations determine how to proceed, and additional information is provided or communicated. As a result, we will be providing an additional update early next week that may include further restrictions on activities. It is encouraged that clubs, and skating schools consider pausing activity for the next three weeks where feasible.

These restricted measures apply to all enhanced watch “purple” areas. Any community or region listed as “open” is permitted to continue to operate under the Skate Canada: Alberta-NWT/Nunavut Phase 2 Protocols, however it is highly recommended in “open” regions that you do not operate in cohort groups and that all coaches in all programs should be wearing masks and continue to maintain at least 2 metres of physical distance at all times.

The following information has been provided by the Ministry of Culture, Multiculturalism, and Status of Women - Sport, Physical Activity, and Recreation Branch after consultation with Alberta Health for the period of November 27<sup>th</sup>, 2020 – December 15<sup>th</sup>, 2020.

**1. Businesses that are closed for in-person service include:**

- All levels of sport (professional, semi-professional, junior, collegiate/universities and amateur). Exemptions may be considered and will be approved by the CMOH.
- Some entertainment and event services may remain open with capacity limited to 25% of the occupancy set under the Alberta Fire Code.

**2. Indoor fitness, recreation, sports and physical activity centers, including dance and yoga studios, martial arts, gymnastics and private or public swimming pools.**

- Facilities can be open for individual studio time, training or exercise only.
- There can be no group (3 or more) fitness, group classes, group training, team practices or competition.
- Instructors can use facility to broadcast virtual fitness classes from, but there can be no group class.
- One on one training/coaching is permitted provided physical distancing is permitted.

**3. Outdoor Sports:**

- Outdoor gatherings are still in place for up to 10 people.
- Outdoor sport, recreation and physical activity is permitted, as long as they are physically distanced, follow guidance and abide by the outdoor gathering limit.



- Anyone playing hockey at an outdoor rink should observe physical distancing and abide by all public health measures.
- Ski hills can be open to the public

#### **4. Exemptions:**

Given the seriousness of Alberta's current COVID-19 situation and the proposed duration of the measures (to be reviewed by December 15), exemption applications for sport will only be considered for those entities that can demonstrate adherence to the Guidance for Professional Sporting Events. This includes:

- Enforcing a mandatory 14-day "quarantine-in" procedure before any practice or play occurs and using a bubble model for the duration of the event.
- Access to dedicated facilities and transportation that are not open to the general public.
- Conducting daily health checks on all members of the team, and private testing team members upon entry into the bubble and every five days throughout events.
- Conducting a comprehensive risk assessment plan and implementing risk mitigation and controls before play begins.

**After further consultation with the Province the following 1 on 1 training will continue to be permitted at this time with a maximum of 10 individuals (coaches and skaters) on the ice at any one time:**

- Private – 1 on 1 STARSkate Training Sessions
- Private - 1 on 1 CompetitiveSKATE Training Sessions
- Private – 1 on 1 AdultSkate Training Sessions
- Private – 1 on 1 Dance / Pair Team (Team members must be living in the same household)

Skaters are to arrive ready-to-train, and **"Get In-Train-Get Out"**

At no time are skaters or coaches permitted to congregate or gather creating a group setting in or out of the facility – clubs and skating schools are expected to ensure full compliance at all times.

We also are recommending the following additional measures be put in place by clubs and skating schools

- No parents or spectators permitted in the arena
- Minimal use (if any) of Dressing Rooms
- Coaches wear masks at all times in the facility including during all private training sessions

**Group programming, "team sports", events and competitions are not permitted in enhanced watch "purple" areas until further notice:**

- Semi-Private Lessons
- Synchronized Skating - All team activities (including physically distanced skills sessions)
- Group programming: Including but not limited to STARSkate group lessons, CanSkate, CanPower, and Parent and Tot programming, Instructed stroking classes
- All in person group dryland training and group in-person fitness programming
- Events and Competitions
- Assessment Days
- Simulations and Performance Days

Once again, we thank you for your understanding and patience while we worked on getting clarity on the new targeted measures. If you have any questions, please email [returntoskating@skateabnwtun.ca](mailto:returntoskating@skateabnwtun.ca).

Sincerely,

Lisa