



CanSkate Program Assistant Motivational Workshops For Coaches & Program Assistants



Saturday September 19
Time 10:00 am – 3:00 pm
Cold Lake

Saturday September 26
Time 10:00 am – 3:00 pm
Drayton Valley

Saturday October 3
Time 11:00 am – 4:00 pm
Athabasca

The CanSkate Program has the **best** curriculum, the **best** coaches, the **best** start for skaters and the **best** results. Now, let's have the **best** Program Assistants. This workshop will review CanSkate philosophy, skills, circuits, warm-ups, group activities and will give ideas to help refresh your CanSkate programs.

Using the CanSkate delivery standards, CanSkate can be tailored to meet the specific needs of every Skate Canada club regardless of size, location, availability of coaches and the number of skaters.

Purpose: to offer motivation and encouragement to all Program Assistants. This workshop is designed to enhance the Program Assistant Training completed at the Club level. Fresh ideas and ensuring that clubs are running the program to standard will be a main focus for the coaches.

Highlights: leadership, skill building, communication, motivation, role modeling, many ideas to make the program fun.

On-Ice Activities: 2 hours on ice (ways to be the best PA) mock CanSkate session

Please email info@skateabnwtun.ca for any questions.

Click on the following link to register.

<https://skatecanada.wufoo.com/forms/2020-canskate-coach-and-pa-workshops/>

Registration Fee: \$60.00 (recommended minimum age – 12 years old)



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