



ASSESSMENTS TABULATION GUIDANCE SHEET

CATEGORY	ELEMENTS PERFORMED	HOW TO TABULATE	TIPS
STAR 1 ELEMENTS/ TEAM EVENT Girls/Boys	WALTZ	Gold: At least two elements assessed at Gold. No element assessed below Silver.	skater does not complete an element – element is marked BRONZE
	SALCHOW	Silver: At least two elements assessed at the Silver level or higher. No element assessed below Bronze	
	UPRIGHT SPIN (FWD or BWD)	Bronze: At least two elements assessed at the Bronze or higher level.	
	FORWARD SPIRAL SEQUENCE		
CATEGORY	ELEMENTS PERFORMED	HOW TO TABULATE	TIPS
STAR 2 ELEMENTS/ TEAM Girls/Boys	WALTZ + TOE LOOP COMBO JUMP	Gold: At least two elements assessed at Gold. No element assessed below Silver.	skater does not complete an element – element is marked BRONZE
	LOOP JUMP	Silver: At least two elements assessed at the Silver level or higher. No element assessed below Bronze	
	BACKWARD UPRIGHT SPIN	Bronze: At least two elements assessed at the Bronze or higher level.	
	FORWARD SPIRAL SEQUENCE		
CATEGORY	ELEMENTS PERFORMED	HOW TO TABULATE	TIPS
STAR 3 ELEMENTS/ TEAM EVENT Girls/Boys	FLIP JUMP	Gold: At least two elements assessed at Gold. No element assessed below Silver.	skater does not complete an element – element is marked BRONZE
	LOOP+LOOP COMBO JUMP	Silver: At least two elements assessed at the Silver level or higher. No element assessed below Bronze	
	COMBO SPIN	Bronze: At least two elements assessed at the Bronze or higher level.	
	FORWARD SPIRAL SEQUENCE		
CATEGORY	FREESKATE	HOW TO TABULATE	TIPS



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	ELEMENTS PERFORMED		
STAR 1 FREESKATE Girls/Boys	STROKING EXERCISE	GOLD: At least four elements at the Gold level.	skater doesn't complete all elements, and leaves ice, assessed BRONZE as creative exercise was not completed
	WALTZ JUMP	SILVER: At least four elements at the Silver or Gold level.	
	SALCHOW JUMP	BRONZE: At least four elements at the Bronze or higher level.	
	TOE LOOP JUMP		
	FORWARD UPRIGHT SPIN		
	BACKWARD UPRIGHT SPIN		
	SPRIAL EXERCISE		
	CREATIVE EXPRESSION ROUTINE		
CATEGORY	FREESKATE ELEMENTS PERFORMED	HOW TO TABULATE	TIPS
STAR 2 FREESKATE Girls/Boys	WALTZ + TOE COMBO JUMP	GOLD: At least seven assessments at the Gold level, Skating Skills at least Silver.	skater includes more than 5 jump elements - additional element is invalid
	TOE LOOP JUMP	SILVER: At least seven assessments at the Silver level or higher, Skating Skills at least Bronze	required jump is repeated, the second element marked invalid
	SALCHOW JUMP	BRONZE: At least seven assessments at the Bronze or higher, Skating Skills at least Bronze.	incorrect element included - incorrect element marked invalid
	LOOP JUMP		
	FLIP OR LUTZ JUMP		



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	BACKWARD UPRIGHT SPIN		
	SIT SPIN OR CAMEL SPIN		
	3 TURN SEQUENCE		
	FORWARD SPIRAL SEQUENCE		
	SKATING SKILLS		
	PERFORMANCE & EXECUTION		
EVENT	FREESKATE ELEMENTS PERFORMED	HOW TO TABULATE	TIPS
STAR 3 FREESKATE Girls/Boys	WALTZ or AXEL (Mandatory)	GOLD: At least seven assessments at the Gold level, Skating Skills at least Silver.	skater includes more than 5 jump elements - additional element is invalid
	LOOP + LOOP (Mandatory)	SILVER: At least seven assessments at the Silver level or higher, Skating Skills at least Bronze	required jump is repeated, the second element marked invalid
	Jump 3	BRONZE: At least seven assessments at the Bronze or higher, Skating Skills at least Bronze.	incorrect element included - incorrect element marked invalid
	Jump 4		
	Jump 5		
	BACKWARD UPRIGHT SPIN		
	COMBO SPIN		
	FORWARD SPIRAL SEQUENCE		
	SKATING SKILLS		
	PERFORMANCE & EXECUTION		
	INTERPRETATION		