



Skate Canada Dance Assessment STAR 7A Dance – Foxtrot

Date: DD / MM / YYYY Candidate: _____ SC # _____

Home Club/Skating School: _____ Assessor: _____

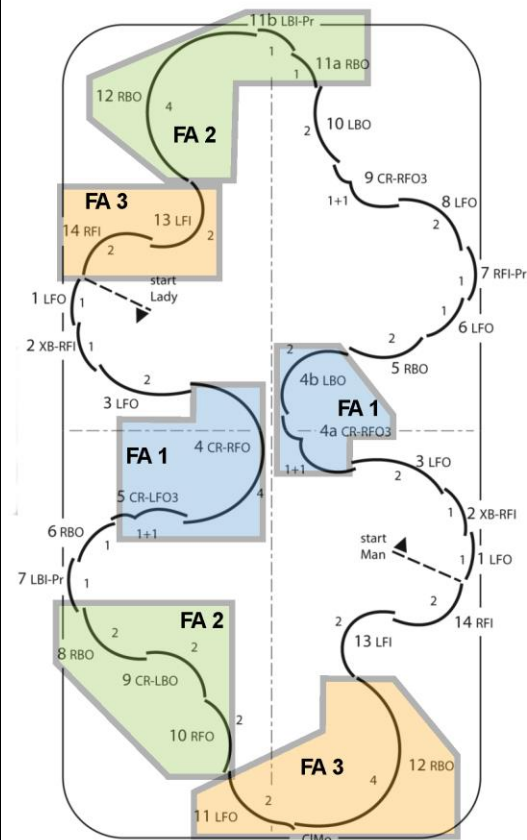
Evaluation Result: Pass with Honours Pass Retry

STAR 7A Dance – Foxtrot

Date: DD / MM / YYYY Candidate: _____ Assessor: _____

Mandatory Requirements		
REQUIREMENT	SUCCESSFUL	COMMENTS
Timing Full assessment (max 1 timing error)	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Focus Area #1 Lead Steps: 4a, 4b Follow Steps: 4, 5	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Focus Area #2 Lead Steps: 11a-12 Follow Steps: 8-10	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Focus Area #3 Lead Steps: 13, 14 Follow Steps: 11, 12	<input type="checkbox"/> YES <input type="checkbox"/> NO	
Mandatory Requirements: <input type="checkbox"/> 3 of 4 successful, including Timing		

Full Pattern Assessment				
CRITERIA	RATING			COMMENTS
	BRONZE	SILVER	GOLD	
Accuracy				
Edge Quality				
Carriage/Clarity				
Character/Rhythm				
Full Pattern Assessment Requirements: <input type="checkbox"/> 2 of 4 criteria must be Silver or better				



Mandatory Requirements completed: <input type="checkbox"/> YES <input type="checkbox"/> NO	Both requirements must be YES for Silver or better overall assessment result			
Full Pattern Assessment Requirements completed: <input type="checkbox"/> YES <input type="checkbox"/> NO				
Result: <input type="checkbox"/> Pass with Honours (2 of 4 Full Pattern Assessments at GOLD) <input type="checkbox"/> Pass (2 of 4 Full Pattern Assessments at SILVER or better) <input type="checkbox"/> Retry	Total Overall Assessment	Bronze	Silver	Gold



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Standards of Assessment

Mandatory Requirements				
Focus Areas	Skaters demonstrate the ability to perform the steps a/o turns identified correctly, including correct edges, foot placement and timing. Skaters must demonstrate each Focus Area a minimum of two times correctly (may or may not be consecutively) in order for the Focus Area to be considered completed.			
Timing Correct timing throughout full assessment (max 1 timing error)	<p>Skater must demonstrate the ability to perform all the steps on time throughout the entire pattern dance. Only one (1) timing error is permitted through the assessment.</p> <p>A timing error is the period from which the dance is incorrect (“off time”) until it is corrected. This period maybe be one or more steps/turns. If a timing error occurs, the skater should make every attempt to return to the correct timing. Skating on the weak beat (wrong strong beat) is a serious error and is incorrect timing.</p>			
Continuum of Development Criteria (for the level)				
Stage of Development (Learn to Compete)	CRITERIA	Early (exit phase) BRONZE (Below level)	Moderate (entry phase) SILVER (At level)	Moderate (exit phase) GOLD (Above level)
Full Pattern	Accuracy Technique, pattern	Basic steps & turns: Edge entering and exiting the steps and turns are solid and strong, with good flow. Skater uses mostly correct technique with generally neat foot placement. Consistent shape to pattern with limited depth of lobes.		Advanced steps & turns: Edges entering and exiting steps and turns are consistent with reasonable flow. Skater uses correct technique with neat foot placement. Clear lobes skated with minor deviations from the pattern.
	Edge Quality Balance, control, body lean, depth of edge	Edges correct but may be shallow. Skater demonstrates some examples of control, balance and body lean but may be limited.		Moderate edges with some depth and body lean demonstrated. Moderate balance and control demonstrated.
	Carriage/Clarity Style, body lines & posture	The skater has comfortable upright carriage and generally good form. Skater demonstrates reasonably strong core. Body positions are generally pleasing but movements may lack precision and clarity and appear rushed or incomplete.		Skater can demonstrate good posture with ease. Core balance is generally strong and body lines are mostly pleasing. Movements are generally precise and clear.
	Character/Rhythm Ability to interpret rhythm	Skater’s emotional connection to the character/rhythm/feeling of the music is developing with one or two moments of emotional connection evident. Skater may not yet be able to use their body movements, facial expressions and skating technique to reflect the rhythm, mood or feeling of the music.		Skater demonstrates some connection to the character/rhythm/feeling of music. The skater may briefly use their body, facial expressions or skating technique to reflect rhythm, mood or feeling of music.

Additional Comments:
