



~Workshop Descriptions~

Safe Sport Presentation

Skate Canada places great importance on creating a fun and safe environment for our skating family. Skate Canada strives to work with all clubs and skating schools to create a positive environment built on the values of fairness, excellence, inclusion and fun. Sport can also be a high-risk environment for misconduct, including bullying and harassment, abuse and physical injuries.

Learn about the resources that are available from Skate Canada and the Section and about any upcoming initiatives for next season.

Presenter: Shae Zukiwsky, Senior Director, Performance Excellence

STAR 6- Gold: What Clubs & Coaches Can Expect

This workshop will provide a high-level look at the changes you will see in the revised STAR 6 - Gold content that is being launched September 1, 2019. STAR 6 - Gold is the next transition for skaters moving from STAR 1-5 and keeps the same training and development concepts that were previously introduced as they move through the various stages of LTAD. Skate Canada is excited for the new content and assessing as it will build better and stronger skaters! Rumours will be de-mystified, and questions will be answered!

Presenter: Brett Hines, Committee Chair – Skate Canada Program Development Committee



Achieving Skate to Win Success via the Athlete Pathway

Skate to Win is the end goal for a number of competitive skaters. The pathway from club level to Skate to Win athletes is often complex. Along the journey the skater will require the correct availability of programming and well-developed athlete support systems.

This session will guide you through the Pursuit of Excellence document, discussing appropriate timing for different levels of training and provide insight into what is necessary for a skater to become an Elite athlete.

How does the map of the skater's journey reflect the skater's ability to compete in the pressure cooker of International, World Championship and Olympics competition?

Come away with an understanding what level of commitment is necessary at a Skate to Win level and how Skate to Win is affected by sound beginnings!

Presenters: Mike Slipchuk, Skate Canada High Performance Director & Holly Henderson, Section Technical Director

Building Your Club for Success

Join us to learn about tips, tricks and tools to set your club up for success for the 2019-2020 season!

If sponsorship ideas and volunteer recruitment are a challenge for your club – this session is for you. You will come away being inspired to build your volunteer capacity and how to engage your volunteers, as well as to learn about sponsorship tools for all sizes of clubs.