

## Skate Canada Dance Assessment STAR 10C Dance – Quickstep

Date: DD / MM / YYYY Candidate:							SC	#			
Home Club/Skating School:						As	ssesso	or:			
Evaluation Result:	Pass with Honours ☐ Pa				Pas	s 🗆	Reti	ry 🗆			
			ST	AR 10	0C Dan	ce – Qui	ckstep				
Date: DD / MM /	YYYY	Candida	ite:				As	ssesso	or:		
	Man	datorv	Requirer	nents	<u> </u>						
REQUIREMENT	SUCCE				COMM	IENTS					
Timing Full assessment (max 1 timing error)	☐ YES	□ NO							3 LFO	2 RFI-Ch 1 LFO	7
Focus Area #1 Lead & Follow Steps: 5, 6	☐ YES	□ NO							5 LFO 4	start FA 1	
Focus Area #2 Lead & Follow Steps: 13-18	☐ YES	□ NO							Sw-CICh		
Mandatory Requirement	<b>nts:</b> □ 3 o	f 3 succe	ssful, incl	uding	Timing				7 XB-LBI	1_	)
	Full	Patterr	n Assessr	nent						8 RBI 1	)
CRITERIA		RATING		cc	OMMEN	TS			AP-180 )1		
Accuracy	BRONZE	SILVER	GOLD						10 x8-RBO 4		
Edge Quality				-					12 RFI 2	11 LFI 2	
Carriage/Clarity				-					13 LFO 1 FA 2 14 RFI-Pr 1 1 15 LFO 16 CR-RI	restart	)
Character/Rhythm										XB-LFIO 1	ركري
Full Pattern Assessmen	t Require	ments: [	☐ 4 of 4 c	riteria	must be	e Silver o	r better				
Mandatory Requirements completed: ☐ YES ☐ NO Full Pattern Assessment Requirements completed: ☐ YES ☐ NO						Both red	Both requirements must be YES for Silver or better overall assessment result				
Result:  Pass with Honours (4 of 4 Full Pattern Assessments at GOLD)  Pass (4 of 4 Full Pattern Assessments at SILVER or better)  Retry					Total Ove		<u>Bronze</u>	<u>Silver</u>	Gold		

September 2019 Copyright © 2019 Skate Canada



## Skate Canada Dance Assessment STAR 10C Dance – Quickstep

## **Standards of Assessment**

		Mandatory Requiremen	its					
Focus Areas	Skaters demonstrate the ability to perform the steps a/o turns identified correctly, including correct edges, foot placement and timing. Skaters must demonstrate each Focus Area a minimum of two times correctly (may or may not be consecutively) in order for the Focus Area to be considered completed.							
Timing Correct timing throughout full assessment (max 1 timing error)	Skater must demonstrate the ability to perform all the steps on time throughout the entire pattern dance. Only one (1) timing error is permitted through the assessment.  A timing error is the period from which the dance is incorrect ("off time") until it is corrected. This period maybe be one or more steps/turns. If a timing error occurs, the skater should make every attempt to return to the correct timing. Skating on the weak beat (wrong strong beat) is a serious error and is incorrect timing.  Continuum of Development Criteria (for the level)							
Stage of Developme	ge of Development (Learn to Compete) Moderate Advanced Advanced							
otage of Developme	CRITERIA	(exit phase)  BRONZE (Below level)	(entry phase)  SILVER  (At level)	(exit phase)  GOLD (Above level)				
Full Pattern	Accuracy Technique, pattern	Advanced steps & turns: Edges entering and exiting steps and turns are consistent with reasonable flow.  Skater uses correct technique with neat foot placement. Clear lobes skated with minor deviations from the pattern.		All steps & turns: Edges entering and exiting steps and turns are solid and strong with good flow.  Skater demonstrates strong technique with neat foot placement. Clear lobes are skated following the pattern.				
	Edge Quality Balance, control, body lean, depth of edge	Moderate edges with some depth and body lean demonstrated.  Moderate balance and control demonstrated.		Strong edges with defined depth and body lean. Skater moves easily across the ice, handles direction changes and maintains strong balance and control throughout.				
	Carriage/Clarity Style, body lines & posture	Skater can demonstrate good posture with ease. Core balance is generally strong and body lines are mostly pleasing. Movements are generally precise and clear.		Skater demonstrates clear posture and poise. Core balance is strong and solid. Body lines are pleasing and confident in nature. Movements are precise in nature throughout.				
	Character/Rhythm Ability to interpret rhythm	Skater's demonstrates some connection to the character/rhythm/feeling of music. The skater may briefly use their body, facial expressions or skating technique to reflect rhythm, mood or feeling of music.		Skater demonstrates a strong emotional connection to the character/rhythm/ feeling of the music with confidence and conviction. Skater's body movements, facial expressions and skating technique generally reflect rhythm, mood or feeling of music.				

Additional Comments:						

September 2019 Copyright © 2019 Skate Canada