Skate Canada Dance Assessment
GOLD C Dance – Gold Rhythm Dance

Date: D D / M M / Y Y Y Y Candidate: _____ SC # _____

Home Club/Skating School: _____ Assessor: _____

Evaluation Result: Pass with Honours ☐ Pass ☐ Retry ☐

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GOLD C Dance – Gold Rhythm Dance

Date: D D / M M / Y Y Y Y Candidate: _____ Assessor: _____

PROGRAM CONTENT					
PROGRAM CONTENT REQUIREMENTS	**COMMENTS**		**RATING**		
			BRONZE	**SILVER**	**GOLD**
☐ **Pattern Dance:**_____ Correct steps and timing mandatory					
☐ **Step Sequence** (MiSt, DiSt, or CiSt)					
☐ **Twizzle Sequence**					
☐ **Dance Spin** (Sp or CoSp)					
Mandatory Requirements: ☐ 4 of 4 Elements Silver or better					

FULL PROGRAM ASSESSMENT				
CRITERIA	**RATING**			**COMMENTS**
	BRONZE	**SILVER**	**GOLD**	
Accuracy				
Edge Quality				
Carriage/Clarity				
Character/Rhythm				
Full Program Assessment Requirements: ☐ 4 of 4 criteria must be Silver or better				

Mandatory Requirements completed: ☐ YES ☐ NO **Full Program Assessment Requirements completed:** ☐ YES ☐ NO	Both requirements must be YES for Silver or better overall assessment result		
Result: ☐ **Pass with Honours** (4 of 4 Full Program Assessments at GOLD) ☐ **Pass** (4 of 4 Full Program Assessments at SILVER or better) ☐ **Retry**	**Total Overall Assessment**	**Bronze** **Silver** **Gold**	

Standards of Assessment

Program Content			
	BRONZE (Below level)	**SILVER** (At level)	**GOLD** (Above level)
Pattern Dance		Correct steps, turns, foot placement and timing through full pattern dance.	
Step Sequence		Uses correct stroking technique. Edges entering and exiting turns are solid with good flow. Strong posture and balance is solid. Body lines are pleasing and confident in nature. Movements are precise.	
Twizzle Sequence		Position is solid with moderate extension. Body lines are adequate. Edge entering and exiting the turn is solid and strong with good flow, symmetry and control.	
Dance Spin		Position is solid with moderate extension. Body lines are adequate. Strong and consistent speed of revs throughout spin. Exit is controlled. Spin centres quickly. Skater can maintain center from entry to exit when changing position(s) and/or feet.	

Continuum of Development Criteria (for the level)			
Stage of Development (Learn to Compete)	**Moderate** (exit phase)	**Advanced** (entry phase)	**Advanced** (exit phase)
CRITERIA	**BRONZE** (Below level)	**SILVER** (At level)	**GOLD** (Above level)

	CRITERIA	BRONZE (Below level)	SILVER (At level)	GOLD (Above level)
Full Pattern	**Accuracy** Technique, pattern	**Advanced steps & turns**: Edges entering and exiting steps and turns are consistent with reasonable flow. Skater uses correct technique with neat foot placement. Clear lobes skated with minor deviations from the pattern.		**All steps & turns:** Edges entering and exiting steps and turns are solid and strong with good flow. Skater demonstrates strong technique with neat foot placement. Clear lobes are skated following the pattern.
	Edge Quality Balance, control, body lean, depth of edge	Moderate edges with some depth and body lean demonstrated. Moderate balance and control demonstrated.		Strong edges with defined depth and body lean. Skater moves easily across the ice, handles direction changes and maintains strong balance and control throughout.
	Carriage/Clarity Style, body lines & posture	Skater can demonstrate good posture with ease. Core balance is generally strong and body lines are mostly pleasing. Movements are generally precise and clear.		Skater demonstrates clear posture and poise. Core balance is strong and solid. Body lines are pleasing and confident in nature. Movements are precise in nature throughout.
	Character/Rhythm Ability to interpret rhythm	Skater demonstrates some connection to the character/rhythm/feeling of music. The skater may briefly use their body, facial expressions or skating technique to reflect rhythm, mood or feeling of music.		Skater demonstrates a strong emotional connection to the character/rhythm/feeling of the music with confidence and conviction. Skater's body movements, facial expressions and skating technique generally reflect rhythm, mood or feeling of music.

Additional Comments:

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