



## ANNOUNCEMENT



### 2020 MOUNTAIN REGIONAL SYNCHRONIZED SKATING CHAMPIONSHIPS

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Dates: January 24-26, 2020

Location: Red Deer, Alberta

Hosted by: Skate Canada: Alberta: NWT/Nunavut and the Carstairs Skating Club

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## **EVENT PHILOSOPHY**

The Regional Synchronized Skating Championships are part of the Skate Canada Synchronized Skating Championship qualifying system. These events are planned, managed and executed by Skate Canada Sections on a rotational basis, in conjunction with a local volunteer organizing team.

The purpose of this competition is to provide a developmental and competitive experience for synchronized skating teams which allows them the opportunity to qualify for the Skate Canada Synchronized Skating Championships in Novice, Intermediate, Open, Junior and Senior categories. The top team in each of the five qualifying categories in every Region may advance to the Skate Canada Synchronized Skating Championships. Additional entries are allotted to regions based on their teams' placement at last year's National Championships and regional membership sizes.

In selecting host sites for these Championships, every attempt is made to move the event across each region in a regular cycle, to balance the costs faced by participants from year to year as much as possible, and to allow synchronized skating to be presented in various communities in each section.

In addition to experiencing the challenges and personal growth involved in competing at this level, one of the features of this competitive system is to allow skaters an opportunity to experience the cultural diversity of Canada through exploration of the area holding the championships.

The focus for skaters at this event is not only on qualifying for the Skate Canada Synchronized Skating Championships, but on the whole experience: self-satisfaction in achieving competitive goals and meeting competitors from across the region, and experiencing the camaraderie of traveling as part of a team.

## **GENERAL INFORMATION**

The 2020 Mountain Regional Synchronized Skating Championships will be conducted in accordance with Skate Canada rules and regulations for qualifying Synchronized Skating events. The host club for this event is the Skate Canada: Alberta-NWT/Nunavut Section and the Carstairs SC.

## **CONTACT INFORMATION**

Name: Skate Canada: Alberta-NWT/Nunavut Section, Attention: Renee Gulayets

Address: 11759 Groat Road NW, Edmonton, AB T5M 3K6

Toll Free Phone: 1-866-294-0663

Phone: 780-415-0465

Email: [competitions@skateabnwtun.ca](mailto:competitions@skateabnwtun.ca)

Website: [www.skateabnwtun.ca](http://www.skateabnwtun.ca)

Central Registration: [skateabreg@gmail.com](mailto:skateabreg@gmail.com)

## **ARENA TO BE USED**

### **Servus Arena**

4725 43 Street, Red Deer, AB T4N 6Z3

403-342-8254

**Ice Surface: 85 ft x 200 ft**

## **ACCOMMODATION**

Radisson Red Deer

6500 67 Street, Red Deer, AB T4P 1A2

Phone: 403-342-6567

Reservation Name: Skate Canada Block B

Deadline to reserve under room block: January 3, 2020

When calling the hotel to make reservations, ensure you reference the Skate Canada Block B to receive the rates.

Rates:

Standard 2 Queen Beds include: 2 queen beds, mini-fridge, microwave: \$94/night + taxes

Queen Executive Suites include: 1 queen bed, 1 hide-a-bed and room for a single cot upon request, a small kitchenette with no-stove top, microwave, mini-fridge: \$114/night + taxes

Skaters, team managers, coaches and parents are to book accommodations directly with the hotel of their choice as required.

## **ADMISSION**

Daily Admission: \$5.00

Children 6 and under: Free

## **ENTRY FEES**

### **Beginner I & II & Elementary**

\$260 per Team + \$35 per Team Member (including alternates)

One Skate; No practice included. Ten (10) minute practice ice may be purchased for \$50.00 per block.

### **Pre-Juvenile – Adult III**

\$350 per Team + \$35 per Team Member (including alternates)

Entry fees include a ten (10) minute practice, except Intermediate, Open, Junior and Senior who will receive twelve (12) minute practice.

## **EVENTS TO BE HELD**

The following events are included in the 2020 Mountain Regional Synchronized Skating Championships.

**ALL CATEGORIES MUST FOLLOW THE SKATE CANADA 2019-2020 WELL BALANCED PROGRAM CRITERIA AS POSTED ON THE SKATE CANADA INFO CENTRE AT [www.info.skatecanada.ca](http://www.info.skatecanada.ca)**

[2019-2020 Synchronized Skating Technical Requirements Pre-Juvenile-Adult III](#)

[2019-2020 Assess to Standard Program Requirements](#)

## **QUALIFYING EVENTS**

Novice

Intermediate

Open

Junior

Senior

## **NON-QUALIFYING EVENTS**

Beginner I - one skate event

Beginner II – one skate event

Elementary – one skate event

Pre-Juvenile

Juvenile

Pre-Novice

Adult SYS Class I

Adult SYS Class II

Adult SYS Class III

\*Unless specified, categories are two skate/combined events.

## **FILLING MAXIMUM EVENT QUOTA AT REGIONALS (Event Management Handbook – section 7000 E-1.1 (7))**

If the maximum quota in the Junior or Senior category at a Regional Synchronized Skating Championship is not filled due to insufficient entries, that event may be held, but will not be mandatory. (Should a team decide not to compete due to insufficient entries, they must still submit all required forms and entry fees by the registration deadline.)

## **REGISTRATION**

Registrations will be accepted for the 2020 Mountain Regional Synchronized Championship using online Uplifter Registration System.

Registration deadline is **Friday, December 13, 2019 at 12:00 pm (noon) MT**. Late registrations will be accepted at the discretion of the Tech Rep and the Section Office until **Wednesday, December 18, 2019 at 12:00 pm (noon) MT** and are subject to a \$100 late fee. Registrations will not be accepted following December 18, 2019.

## **HOW TO REGISTER**

- All registrations must be completed using the Uplifter online registration form
- Refer to the [Synchro How to Register](#) link on the Skate Alberta-NWT/Nunavut registration site for detailed instructions. Please email [skateabreg@gmail.com](mailto:skateabreg@gmail.com) with any questions regarding online registration as the process is different from the previous seasons.
- All payments must be paid online using a credit card at the time of registration - **Registration is not complete until payment is received**
- If you are unsure of what to enter in the various entry form fields, please contact your coach. There will be no changes accepted after **December 18, 2019** unless due to an error made by the technical representative. This includes registering in the wrong event

### **REGISTER HERE**

<https://skateabnwtun.uplifterinc.com/pages/20Mountain>

**Registration must be completed by December 13, 2019 at 12:00pm (noon) MT**

## **PLANNED PROGRAM SHEETS**

All teams must submit a Planned Program Content Sheet through UpLifter.

There will be a \$20 fee per segment for failing to register your Planned Program Sheet by the deadline. Teams will not be permitted to register at the competition until the late fee has been paid and their Planned Program Sheet completed.

If you have submitted a planned program sheet for an AB/NWT/NUN Section competition in the 2019 – 2020 season (first event of the season being December 2019 Rose Bowl), you are only required to submit a new planned program sheet if there has been a change to your program. Only the most recent version will be used.

### **SUBMIT PLANNED PROGRAM SHEET HERE**

<https://skateabnwtun.uplifterinc.com/pages/20Mountain>

**Planned Program Sheets must be submitted by January 17, 2020 at 12:00pm (noon) MT**

## **TEAM LISTS**

Team Lists will be compiled using the registration information as submitted through the Alberta/NWT-Nunavut Section Competition Registration site.

## **MUSIC SUBMISSION REQUIREMENTS**

### **Music Registration**

- a. Online music registration will require each team to submit an mp3 file of their program music and the music time online at the time of their registration
- b. Music files will not be kept so teams will be required to submit their music for each individual competition.
- c. Each team will be required to submit one copy of their music on CD when registering onsite as a backup. If there have been changes to the music after submission during registration, 2 CD's must be provided at onsite registration and the registration personnel must be notified that there has been a change.

Coaches are recommended to carry a backup CD and/or iPod or similar device.

### **Labelling**

Team's Name, category name, total music time (not skating time) and home club shall be clearly printed:

- a. Identify the CD by writing on the front of the CD using a permanent marker.
- b. DO NOT write on the recorded side of CD
- c. Label the back of the CD case. Do not apply stick on labels to the CD.

### **Recording Specifications**

- d. The only format for online upload of music will be mp3.
- e. Only one program (using one track only) shall be recorded on each CD.
- f. Music shall be recorded on the CD not less than .25 second and not more than .5 second after the play button is pressed on the CD player.

All music used must be in the public domain or covered by the performing rights society.

Teams that have music composed especially for their programs, either wholly or in part shall be responsible for obtaining a written release from the composer for the use of such music on radio and/or television or appropriate clearance from the performing rights society.

### **Post-Event Segment or Event**

Music and team detail sheets can be picked up from ***the registration table***, approximately 30 minutes after the completion of each event. Any music not picked up will not be returned.

## **REFUND OF ENTRY FEES**

Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries. There will be a \$10.00 administration fee applied to all refunds. After the closing date of entries, there will be no refunds given for any reason, including medical pulls. No exceptions.

## **ON-SITE REGISTRATION**

All teams, coaches and team managers must register on-site at the Servus Centre in Red Deer, Alberta. Registration will be open on Friday, Saturday and Sunday, one hour prior to the first practice or competition time.

Only those skaters whose names appear on the team registration form as team members/alternates will be allowed to skate. Only those skaters whose names are listed on the team registration form for the

Regional Synchronized Skating Championships will be allowed to skate in the 2020 Skate Canada Synchronized Skating Championships (Qualifying Competition Handbook Regulation 615-6). No substitution or addition shall be allowed. The number of allowable alternates on each team is four.

### **ACCREDITATION FOR COACHES**

[Skate Canada Policies and Procedures](#) shall apply.

In order to receive accreditation from Skate Canada at Mountain Regionals, Skate Canada professional coaches must meet the following conditions:

- Meet the NCCP Requirements for the level of team attending with
- Be a Skate Canada Professional Coaching Member in good standing

### **ACCREDITATION MATRIX**

As per the NCCP pathways, coaches may obtain accreditation privileges provided the qualifications in the accreditation matrix below are valid at time of competition entry and on-site during the event. The Skate Canada qualifying events are categorized below as events 1-4.

- Event 1: Sectionals and Regional Synchronized Skating
- Event 2: Skate Canada Challenge
- Event 3: National Skating Championships
- Event 4: Skate Canada Synchronized Skating Championships

Categories	EVENT #				COACH MEMBER IN GOOD STANDING			
	1	2	3	4	Registered	First Aid	Screening	NCCP Certification
Pre-Juvenile	✓	N/A	N/A	N/A	✓	✓	✓	Regional Coach
Juvenile	✓	N/A	N/A	N/A	✓	✓	✓	Regional Coach
Pre-Novice	✓	✓	N/A	N/A	✓	✓	✓	Provincial Coach
Novice	✓	✓	✓	✓	✓	✓	✓	National Coach
Junior	✓	✓	✓	✓	✓	✓	✓	National Coach
Senior	✓	✓	✓	✓	✓	✓	✓	National Coach
Intermediate	✓	N/A	N/A	✓	✓	✓	✓	Provincial Coach
Open	✓	N/A	N/A	✓	✓	✓	✓	Provincial Coach

### **Additional Considerations:**

Coaches who are in the process of achieving a [NCCP certification](#) may be considered for accreditation provided the necessary in-training or trained status as stipulated in the relevant NCCP coach pathway is achieved.

Two coaches per entry will be accredited. Only two people will be allowed at ice level – determined by the skater/team.

### **Team Managers and Chaperones**

All team managers and chaperones must be current Skate Canada registrants.

Two coaches, one team manager and two chaperones, for a total of five people per team will be accredited. The names and Skate Canada numbers for these accreditations MUST be included on the online registration form.

The primary coach and one alternate (skater) will stand at the entrance to the ice, and the team manager and other alternates in the exit area (Kiss & Cry). The chaperones will be allowed in the dressing rooms ONLY and will not have access to ice level during practice and competition (including Kiss & Cry).

## **AWARDS**

Beginner I & Beginner II will be assessed to a standard. All teams will receive a report card and ribbons.

Elementary is assessed to standard with ranking. Top 3 finalists receive medals. An individual report card is produced for each team in Elementary.

Pre-Juvenile – Adult III - CPC Report Cards will be given to all teams and medals will be presented to the top three finalists in each event with more than one entry.

## **EVENT SCHEDULE**

Competition schedule will be posted on Skate Canada Alberta/NWT-Nunavut website and be emailed to Coaches no later than **Wednesday, December 18, 2020**.

Event Start Orders will be posted to the Alberta/NWT-Nunavut Section website no later than **Friday, January 17, 2020**. **All posted Start Orders are subject to change.**

A tentative schedule is as follows:

Friday, January 24: Practices, 9:00am to 8:00pm.

Saturday, January 25: Competition, 9:00am-8:00pm

Sunday, January 26: Competition, 9:00am-3:00pm

**Information for double entry skaters:** Should a schedule conflict arise between a practice time and event time, it is up to the skater, coach and team manager to decide what takes priority. The host committee may not manipulate the official start orders or start times in order to accommodate competitors who are skating on more than one team.

## **CEREMONIES**

Opening ceremonies will be held on **Saturday, January 25, 2020**. Following the opening ceremonies, banners may be displayed around the arena as long as they do not cover any advertising or promotional signs.

Further information regarding Opening Ceremonies will be provided in the Team Welcome Letter.

## **GENERAL REGULATIONS**

### **ELIGIBILITY**

The 2020 Mountain Regional Synchronized Skating Championships is open to all teams from the Mountain Region – British Columbia/Yukon, Alberta/NWT/Nunavut sections registered with Skate Canada as per Regulation 620-8 of the Qualifying Competition Handbook and meeting the requirements outlined in the description of events to be held. There is no qualification process to enter the event, however a qualifying round may be held if entry numbers warrant.

### **SINGLE ENTRY TEAMS (Novice, Intermediate and Open)**

Should a category only have one entry, the team will be given the option to not attend the Regional Championships and will qualify directly to the Synchronized Skating Championships. Single entries will be notified no later than one week following the entry submission deadline and will be given the option to skate an exhibition and be assessed/monitored by a full panel of officials. Detail sheets by official will be provided following the performance in this case. If two or more entries have registered, the event will take place regardless of qualifying entry quotas.

### **ALTERNATES**

There can be up to a maximum of 4 alternates for any team in all categories.

### **PROBLEMS DURING A PERFORMANCE**

The Technical Representative or his/her designate (ice level referee) may ask a team alternate to go on the ice during a performance to retrieve any objects that have dropped on to the ice (hair accessories, etc.) so that a performance does not have to be interrupted and so that there is no danger to the skaters. To this end, it is requested that each team, where possible, have an alternate dressed with skates on and skate guards off, available at the entrance area during the team's performance. In the event a team does not have alternates, the coach will be requested to remain in close contact with the Assistant Referee at Ice Level in case an issue arises.

### **DRAWS AND START ORDERS**

Refer to the Skate Canada Rules of Sport > Competitions > 3. Conduct of an Event > [3.2 Draws](#)

A random draw will be used for the first portion of all events. The Chief Data Specialist will conduct the draws as per Event Management Handbook - Section 7000 - G - 1.5

The starting order for qualifying events for the first portion of the event will be available a minimum seven days prior to the start of the competition. The drawn starting orders (initial and subsequent) shall also apply for the unofficial practice ice for all parts of the competition (if practice ice is available and being offered).

The draw for all subsequent events will be conducted at the Servus Centre. Upon registration, teams will be notified of the location and times for all draws.

A coach and/or team manager shall be in attendance for all subsequent draws. In the event that a team is not represented, the Technical Representative will make the draw on behalf of the team. Draws for subsequent parts of the event will be posted immediately following the results of the previous part.

## **CONDUCT OF EVENTS**

Refer to the Skate Canada Rules of Sport > Competitions > [3. Conduct of an Event](#)

## **MARKING SYSTEM**

Beginner I, Beginner II, and Elementary will be judged as per the 2019-2020 Synchronized Skating Assess to Standard Program Requirements Guide. All other events will be judged using the CPC marking system.

## **QUALIFICATIONS TO COMPETE AT 2020 SKATE CANADA SYNCHRONIZED SKATING CHAMPIONSHIPS**

Teams will qualify to compete at the Skate Canada Synchronized Skating Championships (Rules of Sport 12.2) as follows:

- 1) The final result in each Regional event shall determine the competitors eligible to enter the equivalent National qualifying competition.
- 2) **NOVICE, INTERMEDIATE, OPEN, JUNIOR, AND SENIOR:** Teams that place 1st in Novice, Intermediate, Open, Junior and Senior categories at Regional qualifying events may be selected to represent the Section in the respective National qualifying competition.
- 3) **ADDITIONAL ENTRIES BASED ON REGISTERED ASSOCIATE MEMBERS IN SECTION:** For every 15,000 registered associate members in the Region, an additional team may be entered into each category at the National qualifying event. The number of sustaining members shall be determined by the membership year September 1 to August 31 of the year preceding the National qualifying event.
- 4) Teams placing in the top five at the Skate Canada Synchronized Skating Championships will earn their Region an additional entry (or entries) into the respective category at the National qualifying round the following year.

Should a team(s) not be able to attend the Skate Synchronized Skating Championships for any reason, the next best placed team(s) will have the opportunity to compete at the event. The Skate Canada national office must receive all required registration information no later than 48 hours after the completion of the Regional Synchronized Skating Championships. The entry list for each Regional Championships will be submitted to Skate Canada by the Regional event organizing committee.

## **UNOFFICIAL PRACTICE ICE**

Applicable to Beginner I, Beginner II and Elementary Teams: If available, practice ice may be purchased separately by teams for \$50.00 per block. Further details will be communicated to the teams immediately after the close of entry.

Teams must register prior to their practice to receive their accreditation.

## **ENTERING AND EXITING THE ICE SURFACE**

Refer to Rule 838 - ISU Special Regulations & Technical Rules

Domestic: 2019-2020 Synchronized Skating Technical Requirements | Pre-Juvenile – Adult III - Deductions

## **ACCIDENTS/LIABILITY**

Skate Canada, Alberta-NWT/Nunavut Section and the Local Organizing Committee and its volunteers undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and managements of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the Local Organizing Committee and against the officers and their entries shall only be accepted on these conditions.

## **MEDICAL SERVICES**

Medical Services available to skaters will be located at ice level, with a further medical room located in the off-ice area. Signage will be displayed on-site.

## **CAMERA POLICY**

Flash photography is not permitted. Skate Canada would encourage you to not use cameras or video equipment during Skate Canada organized events out of respect for the safety of competing athletes.

## **LIVE STREAMING / PHOTOGRAPHY**

The event will be live streamed. By virtue of your registration for the competition, you are consenting to being included in the live streaming/photography of this event that will help to train others and to promote skating in Canada. You release Skate Canada: Alberta-NWT/Nunavut, its officers and employees, and each and all persons involved from any liability connected with the video & audio recordings. By attending and competing at the competition, you waive any right to inspect or approve any video or audio recordings taken by Skate Canada: Alberta-NWT/Nunavut. If you do not wish to have your skate photographed or live streamed, inform the Competition Chair of the event. We cannot guarantee that you will not be photographed or live streamed but we will do our best to accommodate the request.

## **VIDEOS TO PURCHASE**

Live streaming video sales will be available for teams to purchase on site. Order forms will be available at the registration desk.

***ANNOUNCEMENT SUBJECT TO CHANGE***