

**2019 Rose Bowl
Practice Schedule
January 12, 2019**

Team Name	Category	Dressing Room	Enter Dressing Room	Start time	End time	Leave Dressing Room
Black Gold	Elementary	1	7:40 AM	8:00 AM	8:10 AM	8:30 AM
Black Gold	Beginner I	2	7:50 AM	8:10 AM	8:20 AM	8:40 AM
Black Gold	Juvenile	3	8:00 AM	8:20 AM	8:30 AM	8:50 AM
Black Gold	Adult I	4	8:10 AM	8:30 AM	8:40 AM	9:00 AM
	FLOOD			8:40 AM	8:55 AM	
Black Gold	Pre-Novice	5	8:35 AM	8:55 AM	9:05 AM	9:25 AM
Black Gold	Adult II	6	8:45 AM	9:05 AM	9:15 AM	9:35 AM
Black Gold	Open	1	8:55 AM	9:15 AM	9:25 AM	9:45 AM
Harmony on Ice	Adult III	2	9:05 AM	9:25 AM	9:35 AM	9:55 AM
Solstice	Juvenile	3	9:15 AM	9:35 AM	9:45 AM	10:05 AM
	FLOOD			9:45 AM	10:00 AM	
Solstice	Beginner II	4	9:40 AM	10:00 AM	10:10 AM	10:30 AM
High River Dreamers	Elementary	5	9:50 AM	10:10 AM	10:20 AM	10:40 AM
Ponoka Ice Sensations	Elementary	6	10:00 AM	10:20 AM	10:30 AM	10:50 AM
Lethbridge Ice Angels	Juvenile	1	10:10 AM	10:30 AM	10:40 AM	11:00 AM
Lethbridge Ice Angels	Elementary	2	10:20 AM	10:40 AM	10:50 AM	11:10 AM
	FLOOD			10:50 AM	11:05 AM	
Lethbridge Ice Angels	Beginner II	3	10:45 AM	11:05 AM	11:15 AM	11:35 AM
Ponoka Ice Sensations	Pre-Novice	4	10:55 AM	11:15 AM	11:25 AM	11:45 AM
Edmonton Icicles	Juvenile	5	11:05 AM	11:25 AM	11:35 AM	11:55 AM
Edmonton Edge	Intermediate	6	11:15 AM	11:35 AM	11:45 AM	12:05 PM
Edmonton Ice Edition	Adult I	1	11:25 AM	11:45 AM	11:55 AM	12:15 PM
	FLOOD			11:55 AM	12:10 PM	
Edmonton Ice Eclipse	Pre-Novice	2	11:50 AM	12:10 PM	12:20 PM	12:40 PM
Northern Lites	Adult II	3	12:00 PM	12:20 PM	12:30 PM	12:50 PM
Northern Lites	Adult III	4	12:10 PM	12:30 PM	12:40 PM	1:00 PM
Saskatoon Silver Edges	Open	5	12:20 PM	12:40 PM	12:50 PM	1:10 PM
	FLOOD			12:50 PM	1:05 PM	
Slick Ice	Pre-Novice	6	12:45 PM	1:05 PM	1:15 PM	1:35 PM
Rhythmic Edge	Pre-Novice	1	12:55 PM	1:15 PM	1:25 PM	1:45 PM
Infinity	Pre-Novice	2	1:05 PM	1:25 PM	1:35 PM	1:55 PM
Virtuoso	Adult II	3	1:15 PM	1:35 PM	1:45 PM	2:05 PM
Edge	Adult III	4	1:25 PM	1:45 PM	1:55 PM	2:15 PM
	FLOOD			1:55 PM	2:10 PM	
Sakura	Open	5	1:50 PM	2:10 PM	2:20 PM	2:40 PM
Cypress	Adult I	6	2:00 PM	2:20 PM	2:30 PM	2:50 PM
Mile 0	Adult I	1	2:10 PM	2:30 PM	2:40 PM	3:00 PM
Mile 0	Pre-Novice	2	2:20 PM	2:40 PM	2:50 PM	3:10 PM
	FLOOD			2:50 PM	3:05 PM	
Mile 0	Adult III	3	2:45 PM	3:05 PM	3:15 PM	3:35 PM
Mile 0	Elementary	4	2:55 PM	3:15 PM	3:25 PM	3:45 PM
Edmonton Ice Crystals	Beginner I	5	3:05 PM	3:25 PM	3:35 PM	3:55 PM
Edmonton Ice Dream	Elementary	6	3:15 PM	3:35 PM	3:45 PM	4:05 PM
Northern Lites	Beginner I	1	3:25 PM	3:45 PM	3:55 PM	4:15 PM
	FLOOD			3:55 PM	4:10 PM	

Coaches must notify the Technical Representative if your team is practicing or competing with fewer than your regular number of skaters (due to illness or injury) to avoid penalties to elements in your program(s). If a skater becomes ill or injured in the dressing room immediately prior to taking the ice, the coach must notify the Ice Level Referee.