

2019 Brian Pockar Male Seminar



We are pleased to be able to bring Ralph Burghart and Keegan Messing to facilitate the 2019 Brian Pockar Male Seminar.

Ralph Burghart and Keegan Messing are coming to the Glencoe Club in Calgary, February 17-18, 2019 for a 1.5 day Male Seminar. Keegan and Ralph will lead the skaters through many of the exercises that have assisted Keegan in becoming the skater he is today.

Ralph Burghart is a seven-time Austrian National Champion and 1992 Olympian. He has been coaching for 30 years.



Keegan Messing represented Canada at the 2018 PyeongChang Olympics and the 2018 World Championships. Keegan was the 2018 National Silver Medalist and is currently the 2019 National Bronze Medalist.

Information & Details

Cost:

\$75 per skater (*STAR 1-4 one day only*)

\$125 per skater (*Star 5-Competitive@ 1.5 days*)

Coaches may attend at no charge.

Email Holly to let her know if you are attending as a coach.

Registration Link: <https://skatecanada.wufoo.com/forms/mezqnoy10rl3tj/>

Location: The Glencoe Club
636 - 29 Ave SW, Calgary

Date: February 17-18, 2019

Schedule of Daily Hours

Sunday 8AM-6PM

Monday 8 AM-1:00PM

Skaters will be grouped according to level and accommodation to ice times.

Questions may be directed to Holly Henderson at holly@skateabnwnun.ca

