



ANNOUNCEMENT



2018 MOUNTAIN REGIONAL
SYNCHRONIZED SKATING CHAMPIONSHIPS

Dates: January 26-28, 2018
Location: Leduc, Alberta
Hosted by: Skate Canada: Alberta: NWT/Nunavut and the Edmonton Synchronized Skating Club

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EVENT PHILOSOPHY

The Regional Synchronized Skating Championships are part of the Skate Canada Synchronized Skating Championship qualifying system. These events are planned, managed and executed by Skate Canada Sections on a rotational basis, in conjunction with a local volunteer organizing team.

The purpose of this competition is to provide a developmental and competitive experience for synchronized skating teams which allows them the opportunity to qualify for the Skate Canada Synchronized Skating Championships in Novice, Intermediate, Open, Junior and Senior categories. The top team in each of the five qualifying categories in every Region may advance to the Skate Canada Synchronized Skating Championships. Additional entries are allotted to regions based on their teams' placement at last year's National Championships and regional membership sizes.

In selecting host sites for these Championships, every attempt is made to move the event across each region in a regular cycle, to balance the costs faced by participants from year to year as much as possible, and to allow synchronized skating to be presented in various communities in each section.

In addition to experiencing the challenges and personal growth involved in competing at this level, one of the features of this competitive system is to allow skaters an opportunity to experience the cultural diversity of Canada through exploration of the area holding the championships.

The focus for skaters at this event is not only on qualifying for the Skate Canada Synchronized Skating Championships, but on the whole experience: self-satisfaction in achieving competitive goals and meeting competitors from across the region, and experiencing the camaraderie of traveling as part of a team.

GENERAL INFORMATION

The 2018 Mountain Regional Synchronized Skating Championships will be conducted in accordance with Skate Canada rules and regulations for qualifying Synchronized Skating events. The host club for this event is the Edmonton Synchronized Skating Club of the Alberta/NWT-Nunavut Section – Skate Canada.

CONTACT INFORMATION

Competition Chair: Nicole Akhenak
Email: nicoleinedmonton@hotmail.com

Chief Referee: Nicole Patrie
Email: npatrie@gmail.com

Asst. Technical Representative: Brenda Hart
Email: 1brenda.hart@gmail.com

ARENA TO BE USED

Leduc Recreation Centre
4330 Black Gold Drive
Leduc, AB T9E 3C3
780-980-7120

Ice Surface: 85 ft x 200 ft

ACCOMMODATION

Best Western Plus Edmonton Airport Hotel
5705 50 St, Leduc, AB T9E 6Z8
1 (780) 986-6550
https://www.bestwestern.com/en_US/book/hotel-details.61097.html?groupId=H65HZ9H5

Best Western Premier Denham Inn & Suites
5207 50th Ave, Leduc, AB T9E 6V3
1 (780) 986-2241
https://www.bestwestern.com/en_US/book/hotel-rooms.61042.html?groupId=R63TD3A5

Note: Skaters, team managers, coaches and parents will be required to book accommodations directly with the hotel of their choice as required.

ENTRY FEES

Beginner I & II

\$260/Team + \$35/Team Member (including alternates)

*One Skate; No practice included. Ten (10) minute practice ice may be purchased for \$50.00 per block.

Elementary, Pre-Juvenile – Adult III

\$350/Team + \$35/Team Member (including alternates)

* All entry fees include a ten (10) minute practice, except Intermediate, Open, Junior and Senior who will receive twelve (12) minute practice.

REGISTRATION

Registrations will be accepted for the 2018 Mountain Regional Synchronized Championship using online Uplifter Registration System. Registration can be found at <https://skateabnwtun.uplifterinc.com/login/>

Registration deadline is **Friday, December 22, 2017 at 12:00 pm (noon) MST**. Late registrations will be accepted until **Friday, December 29, 2017 at 12:00 pm (noon) MST** and are subject to a \$100 late fee. Registrations will not be accepted following December 29, 2017.

HOW TO REGISTER

- All registrations must be completed using the Uplifter online registration form
- Refer to the [Synchro How to Register](#) link on the Skate Alberta-NWT/Nunavut registration site for detailed instructions. Please email skateabreg@gmail.com with any questions regarding online registration as the process is different from the previous seasons.
- All payments must be paid online using a credit card at the time of registration - **Registration is not complete until payment is received**
- If you are unsure of what to enter in the various entry form fields, please contact your coach. There will be no changes accepted after **December 22, 2017** unless due to an error made by the technical representative. This includes registering in the wrong event

REGISTER HERE

<https://skateabnwtun.uplifterinc.com/>

Registration must be completed by December 22, 2017 at 12:00pm (noon) MST

SUBMIT PLANNED PROGRAM SHEET HERE

<https://skateabregistration.wufoo.eu/forms/ssv1aje1lfy1i4/>

Planned Program Sheets must be submitted by January 19, 2018 at 12:00pm (noon) MST

PLANNED PROGRAM SHEETS

All teams must submit a Planned Program Content Sheet to the Wufoo website at the following link <https://skateabregistration.wufoo.eu/forms/ssv1aje1lfy1i4/> by **January 19, 2018** at 12:00 pm (noon). Planned Program Sheets will not be accepted on-site.

TEAM LISTS

Team Lists will be compiled using the registration information as submitted through the Alberta/NWT-Nunavut Section Competition Registration site.

ON-SITE REGISTRATION

All teams, coaches and team managers must register on-site at the Leduc Recreation Centre in Leduc, Alberta. Registration will be held on Friday and Saturday, one hour prior to the first practice or competition time.

Only those skaters whose names are listed on the team registration form for the Regional Synchronized Skating Championships will be allowed to skate in the 2018 Skate Canada Synchronized Skating Championships ([Rules of Sport 12.2](#)). No substitution or addition shall be allowed. The number of allowable alternates on each team is four.

ACCREDITATION FOR COACHES

[Skate Canada Policies and Procedures](#) shall apply.

In order to receive accreditation from Skate Canada at Mountain Regionals, Skate Canada professional coaches must meet the following conditions:

- Meet the NCCP Requirements for the level of team attending with
- Be a Skate Canada Professional Coaching Member in good standing

ACCREDITATION MATRIX

As per the NCCP pathways, coaches may obtain accreditation privileges provided the qualifications in the accreditation matrix below are valid at time of competition entry and on-site during the event. The Skate Canada qualifying events are categorized below as events 1-4.

- Event 1: Sectionals and Regional Synchronized Skating
- Event 2: Skate Canada Challenge
- Event 3: National Skating Championships
- Event 4: Skate Canada Synchronized Skating Championships

Categories	EVENT #				COACH MEMBER IN GOOD STANDING			
	1	2	3	4	Registered	First Aid	Screening	NCCP Certification
Pre-Juvenile	✓	N/A	N/A	N/A	✓	✓	✓	Regional Coach
Juvenile	✓	N/A	N/A	N/A	✓	✓	✓	Regional Coach
Pre-Novice	✓	✓	N/A	N/A	✓	✓	✓	Provincial Coach
Novice	✓	✓	✓	✓	✓	✓	✓	National Coach
Junior	✓	✓	✓	✓	✓	✓	✓	National Coach
Senior	✓	✓	✓	✓	✓	✓	✓	National Coach
Intermediate	✓	N/A	N/A	✓	✓	✓	✓	Provincial Coach
Open	✓	N/A	N/A	✓	✓	✓	✓	Provincial Coach

Additional Considerations:

Coaches who are in the process of achieving a [NCCP certification](#) may be considered for accreditation provided the necessary in-training or trained status as stipulated in the relevant NCCP coach pathway is achieved.

Two coaches per entry will be accredited. Only two people will be allowed at ice level – determined by the skater/team.

Team Managers and Chaperones

All team managers and chaperones must be current Skate Canada registrants.

Two coaches, one team manager and two chaperones, for a total of five people per team will be accredited. The names and Skate Canada numbers for these accreditations MUST be included on the online registration form.

The primary coach and one alternate (skater) will stand at the entrance to the ice, and the team manager and other alternates in the exit area (Kiss & Cry). The chaperones will be allowed in the dressing rooms ONLY and will not have access to ice level during practice and competition (including Kiss & Cry).

MUSIC

All music used must be in the public domain or covered by the performing rights society.

Teams that have music composed especially for their programs, either wholly or in part shall be responsible for obtaining a written release from the composer for the use of such music on radio and/or television or appropriate clearance from the performing rights society.

Music Requirements

Each entry/team must provide two CDs for the competition upon registration. One for competition (marked "Master") and one for back up (marked "copy").

Standard Specifications for CDs and Cassettes

1. Only one (1) program shall be recorded on each CD.
2. The start of the music shall be recorded on the CD with less than 2 seconds of lead in.
3. Competitor's/team's name followed by music time (not skating time) shall be clearly printed on the CD.
4. Each CD shall be enclosed in a plastic case marked with the skater's/team's name, event and total music time

Post-Event Segment or Event

Music and team detail sheets can be picked up from **the registration table**, approximately 30 minutes after the completion of each event. Any music not picked up will not be returned.

AWARDS

Beginner I & Beginner II will be assessed to a Standard. All teams will receive a report card and ribbons.

Elementary is assessed to standard with ranking. Top 3 finalists receive medals. An individual report card is produced for each team in Elementary.

Pre-Juvenile – Adult III - CPC Report Cards will be given to all teams and medals will be presented to the top three finalists in each event with more than one entry.

EVENT SCHEDULE

Competition schedule will be posted on Skate Canada Alberta/NWT-Nunavut website and be emailed to Coaches no later than **Friday, January 5, 2018**.

Event Start Orders will be posted to the Alberta/NWT-Nunavut Section website no later than **Monday, January 19, 2018. All posted Start Orders are subject to change.**

Information for double entry skaters: Should a schedule conflict arise between a practice time and event time, it is up to the skater, coach and team manager to decide what takes priority. The host committee may not manipulate the official start orders or start times in order to accommodate competitors who are skating on more than one team.

CEREMONIES

Opening ceremonies will be held on **Saturday, January 27, 2018**. Following the opening ceremonies, banners may be displayed around the arena as long as they do not cover any advertising or promotional signs.

Further information regarding Opening Ceremonies will be provided in the Team Welcome Letter.

ACCIDENTS/LIABILITY

Skate Canada, Alberta-NWT/Nunavut Section and the Local Organizing Committee and its volunteers undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and managements of the competitions and to release any and all claims they may have against the officials, the association, the Section, Skate Canada, the Local Organizing Committee and against the officers and their entries shall only be accepted on these conditions.

MEDICAL SERVICES

Medical Services available to skaters will be located at ice level, with a further medical room located in the off-ice area. Signage will be displayed on-site.

OTHER INFORMATION

CAMERA POLICY

Flash photography is not permitted. Skate Canada would encourage you to not use cameras or video equipment during Skate Canada organized events out of respect for the safety of competing athletes.

LIVE STREAMING / PHOTOGRAPHY

The event will be live streamed. By virtue of your registration for the competition, you are consenting to being included in the live streaming/photography of this event that will help to train others and to promote skating in Canada. You release Skate Canada: Alberta-NWT/Nunavut, its officers and employees, and each and all persons involved from any liability connected with the video & audio recordings. By attending and competing at the competition, you waive any right to inspect or approve any video or audio recordings taken by Skate Canada: Alberta-NWT/Nunavut. If you do not wish to have your skate photographed or live streamed, inform the Competition Chair of the event. We cannot guarantee that you will not be photographed or live streamed but we will do our best to accommodate the request.

VIDEOS TO PURCHASE

Live streaming video sales will be available for teams to purchase on site. Order forms will be available at the registration desk.

ADMISSION INFORMATION

All Event Pass:	\$10.00
Daily Admission:	\$5.00
Children 6 and under:	Free

EVENTS TO BE HELD

The following events must be included in the 2018 Mountain Regional Synchronized Skating Championships. There are no test requirements. The following categories are based on age and number of skaters. [2017-2018 Synchronized Skating Technical Requirements](#)

QUALIFYING EVENTS

1. NOVICE

- a) 12-16 skaters, 3:30 minute programs +/- 10 seconds.
- b) Skaters must have reached the age of 10 as of July 1st preceding the competition but must not have reached the age of 15 as of July 1st preceding the competition.

2. INTERMEDIATE

- a) 12-16 skaters, 4:00 minute programs +/- 10 seconds.
- b) Skaters must have reached the age of 13 as of July 1st preceding the competition but must not have reached the age of 19 as of July 1st preceding the competition.

3. OPEN

- a) 12-16 skaters, 4:00 minute programs +/- 10 seconds.
- b) Skaters must have reached the age of 15 as of July 1st preceding the competition.

4. JUNIOR

- a) 16 skaters, maximum 2:50 min short program and 4:00 minutes free skating program +/- 10 sec.
- b) Skaters must have reached the age of 13 as of July 1st preceding the competition but must not have reached the age of 19 as of July 1st preceding the competition.

5. SENIOR

- a) 16 skaters, maximum music time 2:50 minutes short program and 4:30 minutes +/- 10 sec free skating program.
- b) Skaters must have reached at least the age of 15 as of the July 1st preceding the competition.

NON-QUALIFYING EVENTS

[2017-2018 Beginner I, II & Elementary Technical Requirements](#)

[2017-2018 Pre-Juvenile – Adult III Technical Requirements](#)

1. BEGINNER I

- a) 8 – 16 skaters
- b) At least 75% of skaters must not have reached the age of 12 as of July 1st preceding the competition
- c) Maximum 2:10 minutes. Program time may be shorter and will receive no penalty.

2. BEGINNER II

- a) 8 – 16 skaters
- b) Skaters must not have reached the age of 12 as of July 1st preceding the competition AND at least 75% of skaters must not have reached the age of 10 as of July 1st preceding the competition.
- c) Maximum 2:40 minutes. Program time may be shorter and will receive no penalty.

3. ELEMENTARY

- a) 8-16 skaters
- b) Skaters must not have reached the age of 15 as of July 1st preceding the competition
- c) Maximum 2:40 minutes. Program time may be shorter and will receive no penalty.

4. PRE-JUVENILE

- a) 8 – 16 skaters, maximum music time 2:40 minutes (program times may be shorter and will receive no penalty)
- b) Skaters must not have reached the age of 12 as of July 1st preceding the competition.

5. JUVENILE

- a) 8 – 16 skaters, maximum music time 3:10 minutes (program times may be shorter and will receive no penalty).
- b) Skaters must not have reached the age of 15 as of July 1st preceding the competition and at least 75% of skaters must not have reached the age of 13 as of July 1st preceding the competition.

6. PRE-NOVICE

- a) 8-16 skaters, maximum music time 3:10 minutes (program may be shorter and will receive no penalty).
- b) Skaters must have reached the age of 12 as of July 1st preceding the competition but must not have reached the age of 18 as of July 1st preceding the competition.

7. ADULT SYS CLASS I

- a) 8-20 skaters, maximum music time 3:40 minutes (program times may be shorter and will receive no penalty)
- b) Skaters must have reached the age of 18 as of July 1st preceding the competition.

8. ADULT SYS CLASS II

- a) 8 – 20 skaters, maximum music time 3:10 minutes (program times may be shorter and will receive no penalty).
- b) Skaters must have reached the age of 18 as of July 1st preceding the competition and at least 75% of the skaters must have reached the age of 25 as of July 1st preceding the competition.

9. ADULT SYS CLASS III

- a) 8–20 skaters, maximum music time 2:40 minutes (program times may be shorter and will receive no penalty).
- b) Skaters must have reached the age of 19 as of July 1st preceding the competition. At least 75% of the skaters must have reached the age of 35 as of July 1st preceding the competition.

FILLING MAXIMUM EVENT QUOTA AT REGIONALS

If the maximum quota in the Junior or Senior category at a Regional Synchronized Skating Championship is not filled due to insufficient entries, that event may be held, but will not be mandatory. (Should a team decide not to compete due to insufficient entries, they must still submit all required forms and entry fees by the registration deadline.)

GENERAL REGULATIONS

ELIGIBILITY

The 2018 Mountain Regional Synchronized Skating Championships is open to all teams from British Columbia and Alberta/NWT-Nunavut sections registered with Skate Canada ([Rules of Sports 12.2](#)) and meet the requirements outlined in the description of events to be held. There is no qualification process to enter the event, however a qualifying round may be held if entry numbers warrant.

SINGLE ENTRY TEAMS (Novice, Intermediate and Open)

Should a category only have one entry, the team will be given the option to not attend the Regional Championships and will qualify directly to the Synchronized Skating Championships. Single entries will be notified no later than one week following the entry submission deadline and will be given the option to skate an exhibition and be assessed/monitored by a full panel of officials. Detail sheets by official will be provided following the performance in this case. If two or more entries have registered, the event will take place regardless of qualifying entry quotas.

ALTERNATES

There can be up to a maximum of 4 alternates for any team in all categories.

PROBLEMS DURING A PERFORMANCE

The Technical Representative or his/her designate (ice level referee) may ask a team alternate to go on the ice during a performance to retrieve any objects that have dropped on to the ice (hair accessories, etc.) so that a performance does not have to be interrupted and so that there is no danger to the skaters. To this end, it is requested that each team, where possible, have an alternate dressed with skates on and skate guards off, available at the entrance area during the team's performance.

DRAWS

A random draw will be used for the first portion of all events. The Chief Data Specialist will conduct the draws ([Rules of Sport 3.2](#)). The starting order for qualifying events for the first portion of the event will be available seven days prior to the start of the competition. The drawn starting orders (initial and subsequent) shall also apply for the official practice ice for all parts of the competition (if practice ice is available and being offered).

The draw for all subsequent events (including those events where the free program is skated twice) will be conducted at the Leduc Recreation Centre. Upon registration, teams will be notified of the location and times for all draws.

A coach and/or team manager shall be in attendance for all subsequent draws. In the event that a team is not represented, the Technical Representative will make the draw on behalf of the team. Draws for subsequent parts of the event will be posted immediately following the results of the previous part.

STARTING ORDERS

Please refer to the Skate Canada Rules of sport > Competitions > 3. Conduct of an Event > [3.2 Draws](#)

1. **STARTING ORDER FOR THE FIRST PART OF AN EVENT:** The skating order shall be determined by a random draw in each event.
2. **STARTING ORDER FOR SUBSEQUENT PART OF AN EVENT:** As soon as possible after the

determination of the results of the preceding part, the Referee or Assistant Referee, in the presence of at least one team shall divide the teams for the purpose of the draw for the next succeeding part (in the order in which they finished in the previous part) into the smallest possible number of equal groups. If the number of teams is not equally divisible, the last group to skate (and as many preceding groups as necessary) must contain one more team than the first group. The lowest placed group must skate first, the next lowest second and so on.

3. **TIES (CPC Regulations, Section A – 105 - 2 Determination of results in each part of a competition):** If two or more teams have the same result, the Total Technical Score will break the tie in the short program and the Program Components Score will break the tie in a free skate program. If these results are also equal, the teams concerned will be considered as tied.

CONDUCT OF EVENTS

Please refer to the Skate Canada Rules of sport > Competitions > [3. Conduct of an Event](#)

MARKING SYSTEM

The Cumulative Points Calculation (CPC) system will be used for all teams except Beginner I, Beginner II, and Elementary; which will be assessed to standard (see below).

Beginner teams will receive an assessment of Gold/Silver/ Bronze/Merit as in STAR 3. Elementary teams will be assessed and ranked as in STAR 4. Beginner teams will not be placed or ranked and the scores will not be posted. The team's report card will be provided to the team.

Details for all categories can be found in the 2017-2018 Skate Canada SYS Technical Requirements and the Synchronized Skating Learn to Train Event Management Guide on Skate Canada Info Centre.

QUALIFICATIONS TO COMPETE AT 2018 SKATE CANADA SYNCHRONIZED SKATING CHAMPIONSHIPS

Teams will qualify to compete at the Skate Canada Synchronized Skating Championships ([Rules of Sport 12.2](#)) as follows:

- 1) The final result in each Regional event shall determine the competitors eligible to enter the equivalent National qualifying competition.
- 2) **NOVICE, INTERMEDIATE, OPEN, JUNIOR, AND SENIOR:** Teams that place 1st in Novice, Intermediate, Open, Junior and Senior categories at Regional qualifying events may be selected to represent the Section in the respective National qualifying competition.
- 3) **ADDITIONAL ENTRIES BASED ON REGISTERED ASSOCIATE MEMBERS IN SECTION:** For every 15,000 registered associate members in the Region, an additional team may be entered into each category at the National qualifying event. The number of sustaining members shall be determined by the membership year September 1 to August 31 of the year preceding the National qualifying event.
- 4) Teams placing in the top five at the Skate Canada Synchronized Skating Championships will earn their Region an additional entry (or entries) into the respective category at the National qualifying round the following year.

Should a team(s) not be able to attend the Skate Canada Synchronized Skating Championships for any reason, the next best placed team(s) will have the opportunity to compete at the event.

The Skate Canada national office must receive all required registration information no later than 48 hours after the completion of the Regional Synchronized Skating Championships. The entry list for each Regional Championships will be submitted to Skate Canada by the **Regional** event organizing committee.

PRACTICE ICE

Upon registration or attendance at an officially scheduled practice session, teams are not permitted to skate on any ice surface other than the official practice or competition ice as scheduled for the event.

ENTERING AND EXITING THE ICE SURFACE:

- a) Prior to the announcement, the Team to skate shall enter the competition ice surface for their warmup at the sign of the Assistant Referee at ice level. Following a warmup period of at least **one (1)** minute, the Team is announced.
- b) Each team must take their starting position and make a signal to the Referee, at the latest, thirty (30) seconds after their name has been announced, failing which the music will be played.
- c) A team must not take more than thirty (30) seconds for exiting from the ice surface.

Sections a), b) & c) apply to both the short program and the free skating segments.

ANNOUNCEMENT SUBJECT TO CHANGE