



# CanSkate Program Assistant Motivational Workshop



Saturday September 30, 2017

8:00 am – 12:15 pm

Collicutt Centre

3031 – 30 Ave, Red Deer

The CanSkate Program has the **best** curriculum, the **best** coaches, the **best** start for skaters and the **best** results. Now, let's have the **best** Program Assistants. This workshop, led by CanSkate Resource Team Member, Leona Boyle will review CanSkate philosophy, skills, circuits, warm-ups, group activities and will give ideas to help refresh your CanSkate programs.

Using the CanSkate delivery standards, CanSkate can be tailored to meet the specific needs of every Skate Canada club regardless of size, location, availability of coaches and the number of skaters.

**Purpose:** to offer motivation and encouragement to all Program Assistants. This workshop is designed to enhance the Program Assistant Training completed at the Club level.

**Highlights:** leadership, skill building, communication, motivation, role modeling, many ideas to make the program fun.

**On-Ice Activities:** 2 hours on ice (ways to be the best PA)

Please contact Leona Boyle at [coaching@skateabnwtun.ca](mailto:coaching@skateabnwtun.ca) for any questions.

**Registration will be open from September 5 to September 22, 2017** or when capacity is reached. Registration link will be posted.

Registration Fee: \$60.00 (recommended minimum age – 12 years old)



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can bring out their best

